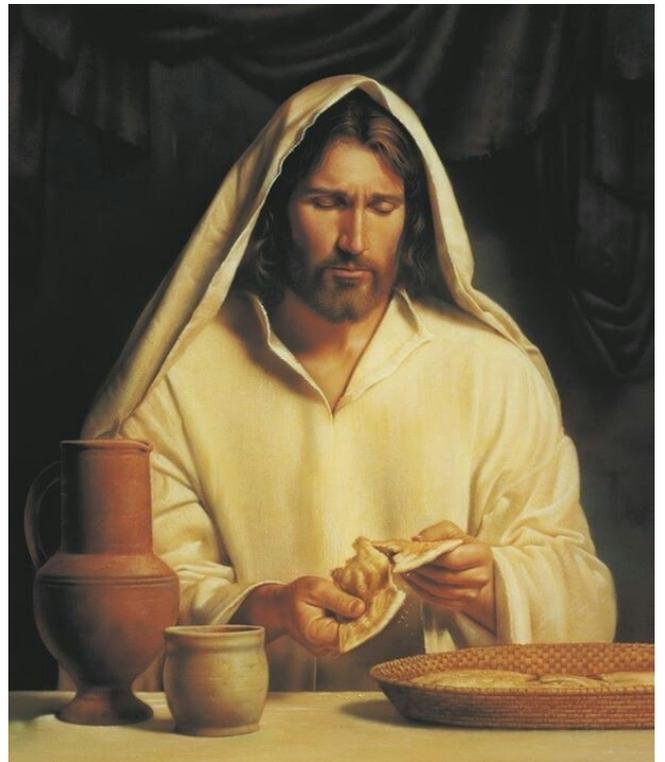




## DAILY PRAYER

*Personal Prayer for use during the COVID-19  
Pandemic whilst at Home*

## THE 3<sup>rd</sup> SUNDAY OF EASTER 26th April AD 2020



*Then they told what had  
happened on the road, and  
how he was known to them  
in the breaking of the bread.*

Can daily prayers change your life? Absolutely! You can develop a fuller relationship with God and live a better life through prayer. You have a better chance at finding fulfilment, from daily prayers than from the many distractions bombarding us these days!

Think of all the promises we hear on TV and elsewhere: you'll find happiness if you buy this car, this book, this exercise bike, or this pill (after checking with your doctor first on that last one)! Yet many times our souls feel as empty as our wallets or purses afterwards.

Developing a good prayer life can really change you for the better. Praying can become a most satisfying routine in many ways. It might not be an easy habit to start at first, but it's definitely one you won't want to break! Daily prayers can give you a sense of peace and purpose.

Prayer has often been called "the raising up of the mind and heart to God". We engage in a literally divine conversation with Him. You get a wonderful opportunity from prayer to strengthen and deepen your relationship with our Creator and with your fellow human beings by praying for their needs as well as your own.

"Those who have truly decided to serve the Lord God should practice the remembrance of God and uninterrupted prayer to Jesus Christ, mentally saying: "Lord Jesus Christ, Son of God, have mercy on me a sinner." ' (St. Seraphim of Sarov)

## THE SEAL

Through the prayers of our holy Fathers and Mothers, Lord Jesus Christ our God, have mercy on us and save us.

## TRISAGION PRAYERS

O Heavenly King, the Paraclete, the Spirit of Truth, who are present everywhere, filling all things, Treasury of Good and Giver of Life, come and dwell in us, cleanse us of every stain, and save our souls, O Good One.

✠ Holy God, Holy Mighty, Holy Immortal have mercy on us. (three times)

✠ Glory be to the Father, and to the Son, and to the Holy Spirit. Now and ever and to the ages of ages. Amen.

All-Holy Trinity, have mercy on us.

Lord forgive us our sins.

Master, pardon our transgressions.

Holy One, visit and heal our infirmities for your name's sake.

Kyrie eleison, Kyrie eleison, Kyrie eleison.

✠ Glory be to the Father, and to the Son, and to the Holy Spirit. Now and ever and to the ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. (for Yours is the kingdom and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever and to the ages of ages.) ✠ Amen.

Kyrie eleison, Kyrie eleison, Kyrie eleison.

Kyrie eleison, Kyrie eleison, Kyrie eleison.

✠ Glory be to the Father, and to the Son, and to the Holy Spirit. Now and ever and to the ages of ages. Amen.

Chaste Guardian Of The Virgin	Pray for us
Foster - Father Of The Son Of God	Pray for us
Watchful Defender Of Christ	Pray for us
Head Of The Holy Family	Pray for us
Joseph Most Just	Pray for us
Joseph Most Chaste	Pray for us
Joseph Most Prudent	Pray for us
Joseph Most Valiant	Pray for us
Joseph Most Obedient	Pray for us
Joseph Most Faithful	Pray for us
Mirror Of Patience	Pray for us
Lover Of Poverty	Pray for us
Model Of Workmen	Pray for us
Glory Of Domestic Life	Pray for us
Guardian Of Virgins	Pray for us
Pillar Of Families	Pray for us
Solace Of The Afflicted	Pray for us
Hope Of The Sick	Pray for us
Patron Of The Dying	Pray for us
Terror Of The Demons	Pray for us
Protector Of The Holy Church	Pray for us

Lamb of God who takes away the sins of the world  
All : Spare us O Lord

Lamb of God who takes away the sins of the world  
All : Graciously hear us, O Lord

Lamb of God who takes away the sins of the world  
All : Have mercy on us

He Made Him The Lord of His House  
All : And Ruler Of All His Possessions

Let us Pray

God our Father, Creator and Ruler of the Universe, you have laid the law of labour upon the human race. In every age you call us to use and develop our gifts for the good of others. Grant that by the example and protection of St. Joseph, we may perform the work you have asked and come to the rewards you have promised. We make this prayer through Christ our Lord. Amen.

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

Hail Mary full of Grace,  
the Lord is with thee.  
Blessed are thou amongst women  
and blessed is the fruit of thy womb Jesus.  
Holy Mary Mother of God,  
pray for us sinners now  
and at the hour of our death.  
Amen.

(Said three times)

Glory be to the Father  
and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end. Amen.

✠ In the name of the Father,  
and of the Son,  
and of the Holy Spirit. Amen.



health, salvation and visitation, and pardon and remission of sins; that they may evermore praise and glorify thy holy Name.

Be mindful, O Lord, of those who travel by land, and sea, and air; of the young and the old; orphans and widows; the sick and the suffering, the sorrowing and the afflicted, all captives, and the needy poor; upon them all send forth thy mercies, for thou art the Giver of all good things.

Be mindful, O Lord, of me, thy humble servant; grant me thy grace, that I may be diligent and faithful; that I may avoid evil company and influence, and resist all temptation; that I may lead a godly and righteous life, blameless and peaceful, ever serving thee, that I may be accounted worthy at the last to enter into the Kingdom of Heaven.

Be mindful, O Lord, of all those who have fallen asleep in the hope of resurrection unto life eternal, especially *N.*, *NN.*; pardon all their transgressions both voluntary and involuntary, whether in word, or deed, or thought. Shelter them in a place of brightness, a place of verdure, a place of repose, whence all sickness, sorrow and sighing have fled away, and where the sight of thy countenance rejoiceth all thy Saints from all the ages. Grant them thy heavenly Kingdom, and a portion in thine ineffable and eternal blessings, and the enjoyment of thine unending Life.

Hear my prayer, O Lord, for thou art merciful and compassionate, and lovest mankind, and to thee are due all glory, honour, and worship: to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.

## NOVENA TO ST JOSEPH

*This Friday the Feast of St Joseph the Worker is observed and there will be many Christians who will begin prayers on that day for nine days. A novena (from Latin: novem, "nine") is an ancient tradition of devotional praying in Christianity, consisting of private or public prayers repeated for nine successive days or weeks. During a novena, the devotees make petitions, implore favours, or obtain graces by worshipping Jesus Christ, and asking for intercessions of the Virgin Mary or the saints of the faith.*

✠ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Joseph, by the work of your hands and the sweat of your brow, you supported Jesus and Mary, and had the Son of God as your fellow worker. Teach me to work as you did, with patience and perseverance for God and for those whom God has given me to support. Teach me to see in my fellow workers, the Christ who desires to be in them, that I may always be charitable and forbearing towards all. Grant me to look upon work with the eyes of faith, so that I shall recognize in it my share in God's own creative activity and in Christ's work for our redemption, and so take pride in it. When it is pleasant and productive, remind me to give thanks to God for it. And when it is burdensome, teach me to offer it to God, in reparation for my sins and the sins of the world.

### Litany Of St. Joseph

Lord Have Mercy      Lord have mercy  
Christ Have Mercy      Christ have mercy  
Lord Have Mercy      Lord have mercy

Christ Hear us      Christ graciously hear us

God The Father of Heaven      Have mercy on us  
God The Son, Redeemer Of The World      Have mercy on us  
God The Holy Spirit      Have mercy on us  
God The Holy Spirit      Have mercy on us  
Holy Trinity One God      Have mercy on us

Holy Mary      Pray for us  
Saint Joseph      Pray for us  
Illustrious Descendant Of David      Pray for us  
Light Of The Patriarchs Pray for us  
Spouse Of The Mother Of God      Pray for us

## THE ANGELUS

*Traditionally in the morning, at noon, and in the evening in memory of the Incarnation of God, and the faithful say the following prayers, except during Eastertide, when the Regina coeli is said.*

V/. The Angel of the Lord brought tidings to Mary,  
R/. And she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee,  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners,  
now and at the hour of our death. Amen.

V. Behold the handmaid of the Lord;  
R. Be it unto me according to thy word.  
Hail, Mary . . .

V. And the Word was made flesh,  
R. And dwelt among us.  
Hail, Mary . . .

V. Pray for us, O holy Mother of God.  
R. That we may be made worthy of the promises of Christ.

Let us pray:

We beseech thee, O Lord, to pour thy grace into our hearts; that as we have known the incarnation of thy Son Jesus Christ by the message of an angel, so by his ✠ cross and passion we may be brought unto the glory of his resurrection. Through the same Christ our Lord. Amen.

## PRAYER IN THE MORNING - LAUDS

### The Invitatory

V/. ✠ Lord, open our lips  
R/. And we shall praise your name

### Psalm 95 - said daily

Antiphon:

*Sunday + Monday & Thursday:*

The Lord has truly risen, alleluia.

*On Tuesday - Memoria of St Louis Marie Grignon de Montfort, Priest:*

Christ is the chief shepherd,  
the leader of his flock:  
come, let us adore him, alleluia.

*On Wednesday - Memoria of St Catherine of Siena, Virgin & Doctor:*

The Lord is the king of virgins:  
come, let us adore him, alleluia.

*On Friday - Memoria of St Joseph the Worker:*

Christ the Lord allowed himself to be considered  
the son of a carpenter: come, let us adore him,  
alleluia.

*On Saturday - Memoria of St Athanasius, Bishop & Doctor:*

The Lord is the source of all wisdom:  
come, let us adore him, alleluia.

Come, ring out our jÓy to the LÓrd; \*

háil the GÓd who sáves us.

Let us cóme before him, giving thánks, \*

with sóngs let us háil the LÓrd.

mighty GÓd is the LÓrd, \*

a gréat king abóve all gÓds.

In his hánd are the dépths of the éarth; \*

the héights of the móuntains are his.

To him belongs the séa, for he máde it \*

and the drý land sháped by his hánds.

Come in; let us bów and bend lów; \*

let us knéel before the Gód who máde us:  
 for hé is our Gód and wé †  
 the péople who belóng to his pásture, \*  
 the flóck that is léd by his hánd.  
 O that todáy you would listen to his vóice! †  
 ‘Hárden not your héarts as at Meribah, \*  
 as on that dáy at Mássah in the désert  
 when your fáthers pút me to the tést; \*  
 when they tried me, thóugh they saw my wórk.  
 For forty yéars I was wéaried of these péople †  
 and I sáid: “Their héarts are astráy, \*  
 these péople do not knów my wáys.”  
 Thén I took an óath in my ánger: \*  
 “Néver shall they énter my rést.”

Glory be to the Father and to the Son and to the Holy Spirit,  
 as it was in the beginning, is now, and ever shall be, world with-  
 out end. Amen.

*Antiphon:*

*Sunday + Monday & Thursday:*

The Lord has truly risen, alleluia.

*On Tuesday - Memoria of St Louis Marie Grignon de Montfort, Priest:*

Christ is the chief shepherd,  
 the leader of his flock:  
 come, let us adore him, alleluia.

*On Wednesday - Memoria of St Catherine of Siena, Virgin & Doctor:*

The Lord is the king of virgins:  
 come, let us adore him, alleluia.

*On Friday - Memoria of St Joseph the Worker:*

Christ the Lord allowed himself to be considered  
 the son of a carpenter: come, let us adore him,  
 alleluia.

*On Saturday - Memoria of St Athanasius, Bishop & Doctor:*

The Lord is the source of all wisdom:  
 come, let us adore him, alleluia.

*The following hymn is sung, or another appropriate for Easter may be sung*

Light’s glittering morn bedecks the sky,  
 Heav’n thunders forth its victor cry:  
 The glad earth shouts her triumph high,  
 And groaning hell makes wild reply.

While he, the King of sovereign might,  
 Treads down death’s strength in death’s despite,  
 And trampling hell by victor’s right,  
 Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,  
 In watch and ward where soldiers wait,  
 Now shining in triumphant state,  
 He rises victor from death’s gate.

Hell’s pains are loosed and tears are fled:  
 Captivity is captive led:  
 The angel, crowned with light, hath said:  
 ‘The Lord is risen from the dead.’

Author of all, be thou our guide  
 In this our joy of Eastertide;  
 Whene’er assaults of death impend,  
 Thy people strengthen and defend.

To thee who, dead, again dost live,  
 All glory, Lord, thy people give:  
 All glory, as is ever meet,  
 To Father and to Paraclete.

any punishment thou mayest inflict upon me for I have so often  
 offended thee and sinned against thee, in thought, word and  
 deed. Therefore, I humbly pray thee, look upon my weakness, and  
 deal not with me after my sins, but according to the multitude of  
 thy mercies. Have compassion on me, and let mercy and justice  
 meet; and deliver me from this sickness and suffering I am under-  
 going. Grant that my sickness may be the means of my true re-  
 pentance and amendment of my life according to thy will, that I  
 may spend the rest of my days in thy love and fear: that my soul,  
 being helped by thy grace and sanctified by thy Holy Mysteries,  
 may be prepared for its passage to the Eternal Life, and there, in  
 the company of thy blessed Saints, may praise and glorify thee  
 with thy Eternal Father and Life-giving Spirit. Amen.

#### **Thanksgiving After Recovery from Sickness**

Almighty God, our heavenly Father, Source of life and Fountain  
 of all good things, I bless thy Holy Name, and offer to thee most  
 hearty thanks for having delivered me from my sickness and re-  
 stored me to health. Grant me thy continuing grace, I pray thee,  
 that I may keep my good resolutions and correct the errors of my  
 past life, and improve in virtue, and live a new life in dutiful fear  
 of thee, doing thy will in all things, and devoting this new life  
 which thou has given me to thy service: that thus living for thee, I  
 may be found ready when it pleaseth thee to call me to thee, O  
 heavenly Father, to whom with thine Only-begotten Son, our  
 Lord Jesus Christ, and thine all-holy and Life-giving Spirit, is due  
 all honor, praise, glory, and thanksgiving: now and ever, and unto  
 ages of ages. Amen.

#### **A Prayer for the Sick**

O holy Father, heavenly Physician of our souls and bodies, who  
 hast sent thine Only-begotten Son our Lord Jesus Christ to heal  
 all our ailments and deliver us from death: do thou visit and heal  
 thy servant N., granting *him/her* release from pain and restoration  
 to health and vigour, that *he/she* may give thanks unto thee and  
 bless thy holy Name, of the Father, and of the Son, and of the  
 Holy Spirit: now and ever, and unto ages of ages. Amen.

#### **A Prayer for the Dead**

Into thy hands, O Lord, I commend the souls of thy serv-  
 ants, NN., and beseech thee to grant them rest in the place of thy  
 rest, where all thy blessed Saints repose, and where the light of thy  
 countenance shineth forever. And I beseech thee also to grant  
 that our present lives may be godly, sober, and blameless, that, we  
 too may be made worthy to enter into thy heavenly Kingdom with  
 those we love but see no longer: for thou art the Resurrection,  
 and the Life, and the Repose of thy departed servants, O Christ  
 our God, and unto thee we ascribe glory: to the Father, and to the  
 Son, and to the Holy Spirit; now and ever, and unto ages of ages.  
 Amen.

#### **A General Intercession**

O Lord Jesus Christ our God, who in thy mercy and loving-  
 kindness dost regard the prayers of all who call upon thee with  
 their whole heart, incline thine ear and hear my prayer, now hum-  
 bly offered unto thee:

Be mindful, O Lord, of thy One, Holy Catholic and Apostolic  
 Church; confirm and strengthen it, increase it and keep it in  
 peace, and preserve it unconquerable forever;

Be mindful, O Lord, of our Bishop *Jonathan*, and of every Bishop  
 of the Church: of Priests and Deacons, the Religious, and Lay  
 Ministers of thy Church, which thou has established to feed the  
 flock of the Word: and by their prayers have mercy upon me and  
 save me, a sinner.

Be mindful, O Lord, of all civil Authorities, of our Armed Forces,  
 of this city in which we dwell, and of every city and land; grant us  
 peaceful times, that we may lead a calm and tranquil life in all  
 godliness and sanctity.

Be mindful, O Lord, of my parents, my brothers and sisters, my  
 relatives and friends, and all who are near and dear to me, (*name  
 those whom you wish to remember*), and grant them mercy, life, peace,

We thank thee, O Christ our God, that thou hast satisfied us with thy earthly gifts, deprive us not of thy Heavenly Kingdom; but as thou entered into the midst of thy disciples, O Saviour, and gave them peace, enter also among us and save us. Amen.

Or

We thank thee, O God, the Giver of all good things, for these gifts and all thy mercies, and we bless thy Holy Name, always, now and ever, and unto ages of ages. Amen.

#### A Prayer of Repentance

O Lord our God, good and merciful, I acknowledge all my sins which I have committed every day of my life, in thought, word and deed; in body and soul alike. I am heartily sorry that I have ever offended thee, and I sincerely repent; with tears I humbly pray thee, O Lord: of thy mercy forgive me all my past transgressions and absolve me from them. I firmly resolve, with the help of Thy Grace, to amend my way of life and to sin no more; that I may walk in the way of the righteous and offer praise and glory to the Name of the Father, Son, and Holy Spirit. Amen.

#### Prayer Before a Journey

O Lord Jesus Christ our God, the true and living way, be thou, O Master, my companion, guide and guardian during my journey; deliver and protect me from all danger, misfortune and temptation; that being so defended by Thy divine power, I may have a peaceful and successful journey and arrive safely at my destination. For in thee I put my trust and hope, and to thee, together with thy Eternal Father, and the All-holy Spirit, I ascribe all praise, honour and glory: now and ever, and unto ages of ages. Amen.

#### A Prayer in Time of Trouble

O God, our help and assistance, who art just and merciful, and who heareth the supplications of thy people; look down upon me, a miserable sinner, have mercy upon me, and deliver me from this trouble that besets me, for which, I know, I am deservedly suffering. I acknowledge and believe, O Lord, that all trials of this life are given by Thee for our chastisement, when we drift away from thee, and disobey thy commandments; deal not with me after my sins, but according to thy bountiful mercies, for I am the work of Thy hands, and thou knowest my weakness. Grant me, I beseech thee, thy divine helping grace, and endow me with patience and strength to endure my tribulations with complete submission to Thy Will. Thou knowest my misery and suffering and to Thee, my only hope and refuge, I flee for relief and comfort; trusting to thine infinite love and compassion that in due time, when thou knowest best, thou wilt deliver me from this trouble, and turn my distress into comfort, when I shall rejoice in thy mercy, and exalt and praise thy Holy Name, O Father, Son, and Holy Spirit: now and ever, and unto ages of ages. Amen.

#### Thanksgiving After Deliverance From Trouble

Almighty and merciful God, I most humbly and heartily thank thy divine majesty for thy loving kindness and tender mercies, that thou hast heard my humble prayer, and graciously vouchsafed to deliver me from my trouble and misery. Grant me, I beseech thee, thy helping grace, that I may obediently walk in thy holy commandments, and lead a sober, righteous and godly life, ever remembering thy mercies, and the blessings thou hast undeservedly bestowed upon me, that I may continually offer to thee the sacrifice of praise and thanksgiving, O Father, Son, and Holy Spirit.

#### A Prayer of a Sick Person

O Lord Jesus Christ, our Saviour, Physician of souls and bodies, who didst become man and suffer death on the Cross for our salvation, and through thy tender love and compassion didst heal all manner of sickness and affliction; do thou O Lord, visit me in my suffering, and grant me grace and strength to bear this sickness with which I am afflicted, with Christian patience and submission to thy will, trusting in thy loving kindness and tender mercy. Bless, I pray thee, the means used for my recovery, and those who administer them. I know O Lord, that I justly deserve

#### The Psalms

*Two Psalms with a Canticle are said on Sunday -  
one Psalm on subsequent weekdays*

#### Sunday 26th April - Psalm 93

##### The magnificence of the Creator

“The Lord, our God, the Almighty is king:  
let us be glad and rejoice and give him praise” (Rev 19: 6,7).

*Antiphon:* The Lord is king, with majesty enrobed.  
Alleluia. †

The Lord is king, with majesty enrobed; †  
the Lord has robed himself with might, \*  
he has girded himself with power.  
The world you made firm, not to be moved; †  
your throne has stood firm from of old. \*  
From all eternity, O Lord, you are.  
The waters have lifted up, O Lord, †  
the waters have lifted up their voice, \*  
the waters have lifted up their thunder.  
Greater than the roar of mighty waters †  
more glorious than the surgings of the sea, \*  
the Lord is glorious on high.  
Truly your decrees are to be trusted. †  
Holiness is fitting to your house, \*  
O Lord, until the end of time.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* The Lord is king, with majesty enrobed.  
Alleluia. †

#### Psalm-prayer:

Lord Jesus, king of glory, when you rose from death in the power of the Spirit, you firmly established your kingdom not to be shaken or destroyed by death. May your will be done on earth as in heaven until the Church is made holy by your embrace.

#### Canticle

##### Daniel 3: 57-88,56

All creatures, bless the Lord  
“Praise our God, all you his servants” (Rev 19: 5).

*Antiphon:* The whole creation will be freed  
and will enjoy the glory and freedom  
of the children of God. Alleluia.

O all you works of the Lord, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, angels of the Lord, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, the heavens of the Lord, O bless the Lord. \*  
And you, clouds of the sky, O bless the Lord.  
And you, all armies of the Lord, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, sun and moon, O bless the Lord. \*  
And you, the stars of the heavens, O bless the Lord.  
And you, showers and rain, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, all you breezes and winds, O bless the Lord. \*  
And you, fire and heat, O bless the Lord.  
And you, cold and heat, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, showers and dew, O bless the Lord. \*  
And you, frosts and cold, O bless the Lord.  
And you, frost and snow, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, night-time and day, O bless the Lord. \*  
And you, darkness and light, O bless the Lord.  
And you, lightning and clouds, O bless the Lord. \*  
To him be highest glory and praise for ever.

O let the earth bless the Lord. \*  
 To him be highest glory and praise for ever.  
 And you, mountains and hills, O bless the Lord. \*  
 And you, all plants of the earth, O bless the Lord.  
 And you, fountains and springs, O bless the Lord. \*  
 To him be highest glory and praise for ever.  
 And you, rivers and seas, O bless the Lord. \*  
 And you, creatures of the sea, O bless the Lord.  
 And you, every bird in the sky, O bless the Lord. †  
 And you, wild beasts and tame, O bless the Lord. \*  
 To him be highest glory and praise for ever.  
 And you, children of men, O bless the Lord. \*  
 To him be highest glory and praise for ever.  
 O Israel, bless the Lord, O bless the Lord. \*  
 And you, priests of the Lord, O bless the Lord.  
 And you, servants of the Lord, O bless the Lord. \*  
 To him be highest glory and praise for ever.  
 And you, spirits and souls of the just, O bless the Lord. \*  
 And you, holy and humble of heart, O bless the Lord.  
 Ananias, Azarias, Mizael, O bless the Lord. \*  
 To him be highest glory and praise for ever.  
 Let us praise the Father, the Son and Holy Spirit: \*  
 To you be highest glory and praise for ever.  
 May you be blessed, O Lord, in the heavens: \*  
 To you be highest glory and praise for ever.

*Antiphon:* The whole creation will be freed  
 and will enjoy the glory and freedom  
 of the children of God. Alleluia.

#### Psalm 148

##### An anthem to the Lord, the Creator

“To the One who sits on the throne and to the Lamb be all  
 praise, honour, glory and power, for ever and ever” (Rev 5: 13).

*Antiphon:* The name of the Lord is praised,  
 in heaven and on earth. Alleluia.

Práise the Lórd from the héavens, \*  
 práise him in the héights.  
 Práise him, all his ángels, \*  
 práise him, áll his hóst.  
 Práise him, sún and móon, \*  
 práise him, shining stárs.  
 Práise him, highest héavens \*  
 and the wáters abóve the héavens.  
 Let them práise the náme of the Lórd. \*  
 He commáded: they were máde.  
 He fixed them for éver, \*  
 gave a lów which shall nótt pass awáy.  
 Práise the Lórd from the éarth, \*  
 séa creatures and all óceans,  
 fire and háil, snow and mist, \*  
 stormy wínds that obéy his wórd;  
 áll móuntains and hills, \*  
 all frúit trees and céders,  
 béasts, wild and táme, \*  
 réptiles and birds on the wíng;  
 áll éarth's kíngs and péoples, \*  
 éarth's prínces and rúlers,  
 yóung men and máidens, \*  
 óld men togéther with children.  
 Let them práise the náme of the Lórd \*  
 for he alóne is exálted.  
 The spléndour of his náme \*  
 réaches beyond héaven and éarth.  
 He exálts the stréngth of his péople. \*  
 He is the práise of all his sáints,  
 of the sóns of Ísrael, \*  
 of the péople to whóm he comes clóse.

Glory be to the Father and to the Son and to the Holy Spirit,

#### Regina Caeli

Queen of Heaven, rejoice, alleluia!  
 for he whom you were worthy to bear, alleluia!  
 has risen as he said, alleluia!  
 Pray for us to God, alleluia!

*Regina caeli, lætare, alleluia,  
 quia quem meruisti portare, alleluia,  
 resurrexit sicut dixit, alleluia;  
 ora pro nobis Deum, alleluia.*

## OCCASIONAL PRAYERS

#### Prayer on Entering the Church

I will come into thy house in the multitude of thy mercy: and in thy fear I will worship toward thy holy temple. Lead me, O Lord, in thy righteousness because of mine enemies; make thy way straight before me, that with a clear mind I may glorify thee forever, One Divine Power worshipped in three persons: Father, Son, and Holy Spirit. Amen.

#### Prayer on Leaving a Church

Lord, now lettest thou thy servant depart in peace, according to thy word: for mine eyes have seen thy salvation, which thou hast prepared before the face of all people; a light to lighten the Gentiles, and the glory of thy people Israel.

#### The "Jesus" Prayer

O Lord Jesus Christ, Son of God, have mercy on me, a sinner.

#### A Prayer to Your Guardian Angel

O Angel of Christ, holy guardian and protector of my soul and body, forgive me everything wherein I have offended thee every day of my life, and protect me from all influence and temptation of the evil one. May I nevermore anger God by any sin. Pray for me to the Lord, that He may make me worthy of the grace of the All-holy Trinity, and of the Most Blessed Virgin Mary, and of all the Saints. Amen.

#### Prayers at the Table

*In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.*

Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages. Amen.

*Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.*

*Lord, have mercy. (Thrice)*

*Then*

O Christ our God, bless the food and drink of thy servants, for thou art Holy always; now and ever, and unto ages of ages. Amen.

*Or*

They that hunger shall eat and be satisfied, they that seek after the Lord shall praise him; their hearts shall live forever. Amen.

*Or*

Bless us, O Lord, and these thy gifts of which we are about to partake, for thou art blessed and glorified; now and ever, and unto ages of ages. Amen.

#### After Meals

*Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.*

*Lord, have mercy. (Thrice)*

*Then*

Blessed is God, who is merciful unto us and nourisheth us from His bounteous gifts by His Grace and compassion, always, now and ever, and unto ages of ages. Amen.

*Or*

They shall béar you upón their hánds \*  
lest you strike your fóot against a stóne.  
On the líon and the víper you will tréad \*  
and trámples the young líon and the drágon.  
Since he clings to me in lóve, I will fréed him; \*  
protéct him for he knóws my náme.  
When he cálls I shall ánsWER: 'I am with you,' \*  
I will sáve him in dístréss and gíve him glóry.  
With léngth of lífe I will contént him; \*  
I shall lét him see my sáving pówer.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Alleluia. Alleluia. Alleluia.

*Psalm-prayer:*

Lord Jesus Christ, when tempted by the devil, you remained loyal to your Father whose angels watched over you at his command. Guard your Church and keep us safe from the plague of sin so that we may remain loyal to the day we enjoy your salvation and your glory.

### Short Reading

Sunday: Apocalypse 22: 4-5  
Monday: 1 Thessalonians 5: 9-10  
Tuesday: 1 Peter 5: 8-9  
Wednesday: Ephesians 4: 26-27  
Thursday: 1 Thessalonians 5: 23  
Friday: Jeremiah 14: 9  
Saturday: Deuteronomy 6: 4-7

### Short Responsory

This is the day which was made by the Lord:  
let us rejoice and be glad, alleluia.

#### Canticle - Nunc Dimittis

Christ is the light of the nations and the glory of Israel

*Antiphon:* Save us, Lord, while we are awake;  
protect us while we sleep;  
that we may keep watch with Christ  
and rest with him in peace. Alleluia.

✠ At lást, all-pówerful Mástér, †  
you gíve léave to your sérvant \*  
to go in péace, accórding to your prómise.  
For my éyes have séen your sálvation \*  
which you have prépared for all nátions,  
the líght to enlighten the Géntiles \*  
and gíve glóry to Ísrael, your péople.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Save us, Lord, while we are awake;  
protect us while we sleep;  
that we may keep watch with Christ  
and rest with him in peace. Alleluia.

Let us pray.

God our Father,  
as we have celebrated today  
the mystery of the Lord's resurrection,  
grant our humble prayer:  
free us from all harm  
that we may sleep in peace  
and rise in joy to sing your praise.  
Through Christ our Lord.  
Amen.

✠ The Lord grant us a quiet night and a perfect end. Amen.

*The Final Anthem to Our Lady follows:*

as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* The name of the Lord is praised,  
in heaven and on earth. Alleluia.

*Psalm-prayer:*

Lord, extolled in the heights by angelic powers, you are also praised by all earth's creatures, each in its own way. With all the splendour of heavenly worship, you still delight in such tokens of love as earth can offer. May heaven and earth together acclaim you as King; may the praise that is sung in heaven resound in the heart of every creature on earth.

#### Monday 27th April - Psalm 84 Longing for the Lord's temple

"We have no lasting city in this life,  
but we look for one in the life to come" (Heb 13: 14).

*Antiphon:* My heart and my soul ring out their joy  
to the living God. Alleluia.

How lóvely is your dwélling pláce, \*  
Lórd, Gód of hósts.  
My sóul is lónging and yéarning, \*  
is yéarning for the cóurts of the Lórd.  
My héart and my sóul ring out their jóy \*  
to Gód, the líving Gód.  
The spárraw hersélf finds a hóme \*  
and the swállow a nést for her bróod;  
she láys her yóung by your áltars, \*  
Lórd of hósts, my kíng and my Gód.  
They are háppy, who dwéll in your hóuse, \*  
for éver sínging your práise.  
They are háppy, whose stréngth is in yóu, \*  
in whose héarts are the róads to Sion.  
As they gó through the Bítter Váley †  
they máke it a pláce of spríngs, \*  
the áutumn rain cóvers it with bléssings.  
They wálk with éver grówing stréngth, \*  
they will sée the God of góds in Sion.  
O Lórd God of hósts, hear my práyer, \*  
gíve éar, O Gód of Jácob.  
Turn your éyes, O Gód, our shíeld, \*  
lóok on the fáce of your ánoínted.  
Óne day withín your cóurts \*  
is bétter than a thóusand elsewhére.  
The thréshold of the hóuse of Gód \*  
I préfér to the dwéllings of the wícked.  
For the Lord Gód is a rámpart, a shíeld; \*  
he will gíve us his fávour and glóry.  
The Lórd will not refúse any góod \*  
to thóse who wálk without bláme.  
Lórd, Gód of hósts, \*  
háppy the mán who trusts in yóu!

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* My heart and my soul ring out their joy  
to the living God. Alleluia.

*Psalm-prayer:*

Almighty God, you listened to the prayer of Christ, your Chosen One, and granted him the lasting joy of your presence. Help us to love your Church on her pilgrimage toward you and to offer the sacrifice of praise at your altar. May we hasten to your home and joyfully look upon your glorious splendour.

Tuesday 28th April -  
Memoria of St Louis Marie Grignion de Montfort, Priest -  
Psalm 85

Our salvation is very near  
"When our Saviour came on earth  
God blessed his land" (Origen).

*Antiphon:* You will restore our life again, Lord,  
and your people will rejoice in you. Alleluia.

O Lórd, you once fávoured your lánd \*  
and révived the fórtunes of Jacob,  
you forgáve the guílt of your péople \*  
and cóvered áll their sins.  
You avértded áll your ráge, \*  
you cálméd the héat of your ánger.  
Revíve us now, Gód, our hélper! \*  
Put an énd to your gríevance agáinst us.  
Will you be ángry with ús for éver, \*  
will your ánger néver céase?  
Will you nótt restóre again our life \*  
that your péople may rejóice in yóu?  
Let us sée, O Lórd, your mércy \*  
and gíve us your sáving hélp.  
I will héar what the Lord Gód has to sáy, \*  
a vóice that spéaks of péace,  
péace for his péople and his fríends \*  
and those who túrn to hím in their héarts.  
His hélp is néar for thóse who féar hím \*  
and his glóry will dwéll in our lánd.  
Mércy and fáithfulness have métt; \*  
jústice and péace have embráced.  
Fáithfulness shall spring from the éarth \*  
and jústice look dówn from héaven.  
The Lórd will máke us próspér \*  
and our éarth shall yield its frúit.  
Jústice shall márch befóre hím \*  
and péace shall fóllow his steps

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* You will restore our life again, Lord,  
and your people will rejoice in you. Alleluia.

*Psalm-prayer:*  
God of love and fidelity, you loved the world enough to give your  
only Son as Saviour and from a virgin brought him forth to the  
world. May we receive him as both Lord and brother and freely  
celebrate him as our gracious redeemer .

Wednesday 29th April - Psalm 63  
Thirsting for God

"Let the man who has put away the deeds of the night  
watch for God."

*Antiphon:* I will bear witness to Christ;  
it is Christ that I seek;  
with Christ I desire to be united, alleluia.

O Gód, you are my Gód, for you I lóng; \*  
for yóu my sóul is thírsting.  
My bódy pínes for yóu \*  
líke a drý, weáry lánd without wáter.  
So I gáze on yóu in the sánctuary \*  
to sée your stréngth and your glóry.  
For your lóve is bétter than lífe, \*  
my líps will spéak your práise.  
So I will bléss you áll my lífe, \*  
in your náme I will líft up my hánds.  
My sóul shall be fílléd as with a bánquet, \*  
my móuth shall práise you with jóy.  
On my béd I remémber yóu. \*

## NIGHT PRAYERS - COMPLINE

### INTRODUCTION

✠ O God, come to our aid.  
O Lord, make haste to help us.  
Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen. Alleluia.

### Examination of Conscience

*This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.*

### Hymn

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.

### Psalm

Psalm 91

The protection of the Most High  
"Behold, I have given you power  
to tread under foot both serpents and scorpions" (Lk 10:19).

*Antiphon:* Alleluia. Alleluia. Alleluia.

He who dwélls in the shéltér of the Most High \*  
and abídes in the sháde of the Almighty  
sáys to the Lórd: 'My réfuge, \*  
my stróngthold, my Gód in whom I trúst!'  
It is hé who will frée you from the snáre \*  
of the fówler who séeks to destróy you;  
hé will concéal you with his pínions \*  
and únder his wíngs you will fínd réfuge.  
You will not féar the térror of the níght \*  
nor the árrów that flíes by dáy,  
nor the plágue that prówls in the dárkness \*  
nor the scóurge that láys wáste at nóon.  
A thóusand may fáll at your síde, \*  
tén thóusand fáll at your ríght,  
yóu, it will néver appróach; \*  
his fáithfulness is búckler and shíeld.  
Your éyes have ónly to lóok \*  
to sée how the wícked are repáid,  
yóu who have sáid: 'Lórd, my réfuge!' \*  
and have máde the Most High your dwélling.  
Upón yóu no évil shall fáll, \*  
no plágue appróach where you dwéll.  
For yóu has he commáded his ángels, \*  
to kéeep you in áll your wáys

To these is added this prayer for those suffering at this time

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

### Concluding Prayer

*Sunday + Monday & Thursday:*

Lord God, grant your people constant joy in the renewed vigour of their souls. They rejoice because you have restored them to the glory of your adopted children: let them look forward gladly in the certain hope of resurrection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Tuesday - Memoria of St Louis Marie Grignion de Montfort, Priest:*

Father, you made your Church grow through the Christian zeal and apostolic work of Saint Louis Marie Grignion de Montfort. By the help of his prayers give your Church continued growth in holiness and faith. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Wednesday - Memoria of St Catherine of Siena, Virgin & Doctor:*

Almighty God, you made Saint Catherine of Siena a contemplative lover of the Lord's sufferings and an ardent servant of your church. Grant through her prayer that your people may be united to Christ in his mystery, and rejoice for ever in the revelation of his glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Friday - Memoria of St Joseph the Worker:*

Lord God and Creator of the universe, you imposed on mankind the law of work. Give us grace, by Saint Joseph's example and at his intercession, to finish the works you give us to do, and to come to the rewards you promise. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Saturday - 1st Vespers of Sunday:*

Almighty, ever-living God, bring us to the joy of your heavenly city: so that we, your little flock, may follow where Christ, our Good Shepherd, has gone before us by the power of his resurrection. Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

✠ May the Lord bless us, and keep us from all evil, and bring us to everlasting life. **Amen.**

On you I muse through the night  
for you have been my help; \*  
in the shadow of your wings I rejoice.  
My soul clings to you; \*  
your right hand holds me fast.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

*Antiphon:* I will bear witness to Christ;  
it is Christ that I seek;  
with Christ I desire to be united, alleluia.

*Psalm-prayer:*

Father, creator of unfailing light, give that same light to those who call to you. May our lips praise you; our lives proclaim your goodness; our work give you honour, and our voices celebrate you for ever.

**Thursday 30th April - Psalm 87**  
**Jerusalem, mother of all nations**  
"The Jerusalem which is above is free  
and is our mother" (Gal 4: 26).

*Antiphon:* We will dance and sing; you are the source of life  
and our joy, city of God! Alleluia.

On the holy mountain is his city \*  
cherished by the Lord.  
The Lord prefers the gates of Zion \*  
to all Jacob's dwellings.  
Of you are told glorious things, \*  
O city of God!  
'Babylon and Egypt I will count \*  
among those who know me;  
Philistia, Tyre, Ethiopia, \*  
these will be her children  
and Zion shall be called "Mother" \*  
for all shall be her children.'  
It is he, the Lord Most High, \*  
who gives each his place.  
In his register of peoples he writes: \*  
'These are her children,'  
and while they dance they will sing: \*  
'In you all find their home.'

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

*Antiphon:* We will dance and sing; you are the source of life  
and our joy, city of God! Alleluia.

*Psalm-prayer:*

Lord God, your only Son wept over ancient Jerusalem, soon to be destroyed for its lack of faith. He established the new Jerusalem firmly upon rock and made it the mother of the faithful. Make us rejoice in your Church and grant that all people may be reborn into the freedom of your Spirit.

**Friday 1st May - St Joseph the Worker - Psalm 51**  
**God, have mercy on me**

"You must be made new in mind and spirit,  
and put on the new nature of God's creating" (Eph 4: 23,24).

*Antiphon:* O Lord, wash me more and more from my guilt.  
Alleluia.

Have mercy on me, God, in your kindness. \*  
In your compassion blot out my offence.  
O wash me more and more from my guilt \*  
and cleanse me from my sin.  
My offences truly I know them; \*  
my sin is always before me.  
Against you, you alone, have I sinned; \*

what is évil in your sight I have dóne.  
 That you may be jústified when you give séntence \*  
 and be without reþróach when you júdge,  
 O sée, in gúilt I was bórn, \*  
 a sinner was Í concéived.  
 Indéed you love trúth in the héart; \*  
 then in the sécret of my héart teach me wisdom.  
 O púrfify me, then I shall be cléan; \*  
 O wásh me, I shall be whíter than snów.  
 Make me héar rejóicing and gládness, \*  
 that the bónes you have crúshed may revive.  
 From my síns turn away your fáce \*  
 and blót out áll my gúilt.  
 A púre heart créate for me, O Gód, \*  
 put a stéadfast spírit within me.  
 Do not cást me away from your préseñce, \*  
 nor deprive me of your hóly spírit.  
 Give me agáin the jóy of your hélp; \*  
 with a spírit of férvour sustáin me,  
 that I may téach transgréssors your wáys \*  
 and sinners may retúrn to yóu.  
 O réscue me, Gód, my hélper, \*  
 and my tóngue shall ring out your góodness.  
 O Lórd, ópen my líps \*  
 and my móuth shall decláre your práise.  
 For in sácrífice you táke no delight, \*  
 burnt óffering from mé you would refúse,  
 my sácrífice, a cóntrite spírit. \*  
 A húmbled, contrite héart you will not spúrn.  
 In your góodness, show fávour to Síon: \*  
 rebúild the wálls of Jerúsalem.  
 Thén you will be pléased with lawful sácrífice, \*  
 hólocausts óffered on your áltar.

Glory be to the Father and to the Son and to the Holy Spirit,  
 as it was in the beginning, is now, and ever shall be,  
 world without end. Amen.

*Antiphon:* O Lord, wash me more and more from my guilt.  
 Alleluia.

*Psalm-prayer:*

Father, he who knew no sin was made sin for us, to save us and restore us to your friendship. Look upon our contrite heart and afflicted spirit and heal our troubled conscience, so that in the joy and strength of the Holy Spirit we may proclaim your praise and glory before all the nations.

**Saturday 25th March - St Athanasius - Psalm 119: 145-152**

**Meditating the word of the Lord in the Law**

“When anyone obeys what he has said,

God’s love comes to perfection in him” (1 John 2: 5)

*Antiphon:* The words I have spoken to you are spirit  
 and they are life. Alleluia.

I cáll with all my héart; Lord, héar me, \*  
 I will kéeþ your commánds.  
 I cáll upón you, sáve me \*  
 and Í will do your will.  
 I rise before dáwn and cry for hélp, \*  
 I hópe in your wórd.  
 My éyes wách through the níght \*  
 to pónder your prómise.  
 In your lóve hear my vóice, O Lórd; \*  
 give me life by your DECREES.  
 Those who hárm me unjústly draw néar; \*  
 they are fár from your lÁw.  
 But yóu, O Lórd, are cléose, \*  
 your commánds are trúth.  
 Lóng have I knówn that your will \*  
 is estÁblished for éver.

Glory be to the Father and to the Son and to the Holy Spirit,

Christ our Lord, you presented the Church to yourself, as a chaste virgin to her only husband;  
 make her pure, holy and faultless.  
 - Jesus, king of virgins, hear us.  
 Christ Jesus, the holy virgins went to meet you with lamps burning bright;  
 keep alive the flame of fidelity in the hearts of religious women.  
 - Jesus, king of virgins, hear us.  
 Lord, you have always preserved your Church in purity and soundness of faith;  
 grant to all Christians a faith that is true and complete.  
 - Jesus, king of virgins, hear us.  
 You bring joy to the lives of your faithful as they celebrate the feast of your holy virgin N.;  
 may they also rejoice in her constant intercession.  
 - Jesus, king of virgins, hear us.  
 You have welcomed your holy virgins to the wedding feast of heaven;  
 invite all the dead to the feast of eternal life.  
 - Jesus, king of virgins, hear us .

*On Friday - Memoria of St Joseph the Worker:*

Let us pray to God our Father, for from him all fatherhood in heaven and on earth takes its name.  
 - Father, hallowed be your name  
 Father, in your Son you revealed to Joseph the mystery kept secret for endless ages:  
 help us to acknowledge your Son as God and man.  
 - Father, hallowed be your name  
 Father, you enabled Joseph to spend his life in your service:  
 set our minds on your kingdom and your justice before all other things.  
 - Father, hallowed be your name  
 Father, your will is that every man should accept and answer your call:  
 by the prayer of Joseph, give us the grace to live in accord with your will.  
 - Father, hallowed be your name  
 Creator of all things, you have entrusted your work to our hands:  
 grant that our labours may prove worthy of you.  
 - Father, hallowed be your name  
 Father, in whom all men live, grant to those who have died new life, through your Son;  
 with Mary, and Joseph, and all your saints for ever.  
 - Father, hallowed be your name.

*On Saturday - 1st Vespers of Sunday:*

Let us pray to Christ, who rose from the dead to restore our life.  
 - Ever-living Christ, hear us.  
 Jesus, you are the stone rejected by the builders but you have proved to be the keystone of God’s house;  
 make us living stones in the temple of your Church.  
 - Ever-living Christ, hear us.  
 You are the faithful and true witness, the first-born from the dead;  
 may the Church never cease to proclaim you to the world.  
 - Ever-living Christ, hear us.  
 Through your death and resurrection you took the Church to yourself as a bride:  
 cherish her, and keep her faithful, and prepare her for the day of your coming.  
 - Ever-living Christ, hear us.  
 You are the first and the last, you were dead and now you are alive;  
 may all the baptized be faithful unto death and gain the crown of glory.  
 - Ever-living Christ, hear us.  
 You are the light and joy of the city of God;  
 shine on the faithful departed that they may reign for ever.  
 - Ever-living Christ, hear us.

On *Wednesday - Memoria of St Catherine of Siena, Virgin & Doctor*:  
At all times and in all places,  
Catherine sought God.  
She found him and was united to him in love,  
alleluia.

On *Friday - Memoria of St Joseph the Worker*:  
Christ the Lord allowed himself to be considered  
the son of a carpenter, alleluia.

On *Saturday - 1st Vespers of Sunday*:  
I tell you most solemnly,  
the one who enters through the gate  
is the shepherd of the flock.  
He goes ahead of them,  
and the sheep follow because they know his voice.  
Alleluia.

#### Prayers and intercessions

On *Sunday + Monday & Thursday*:

Let us pray with joy to Christ the Lord. He rose from the dead  
and is living now to intercede for us.

- Victorious king, hear us.

Christ, you are the light of the world and the salvation of nations;  
set us on fire with your Spirit as we proclaim the wonder of your  
resurrection.

- Victorious king, hear us.

Let Israel recognize in you the Messiah it has longed for;  
fill all men with the knowledge of your glory.

- Victorious king, hear us.

Keep us united in the communion of saints;  
may we find rest with them, when life's work is done.

- Victorious king, hear us.

You have overcome death, the last enemy of man;  
destroy everything in us that is at enmity with God.

- Victorious king, hear us.

Christ, our Saviour, you became obedient to death, but God  
raised you to the heights;

receive our brothers into the kingdom of your glory.

- Victorious king, hear us.

On *Tuesday - Memoria of St Louis Marie Grignon de Montfort, Priest*:

Let us pray to Christ, the high priest, who was appointed to repre-  
sent men in their relations with God.

- Lord, save your people.

Lord Jesus, in times past you have lighted the way for your people  
through wise and holy leaders;

may Christians always enjoy this sign of your loving kindness.

- Lord, save your people.

You forgave the sins of your people when holy pastors prayed;  
continually cleanse your Church through their powerful interces-  
sion.

- Lord, save your people.

In the presence of their brothers, you anointed your holy ones  
and poured on them your Spirit;

fill with your Holy Spirit all the leaders of your people.

- Lord, save your people.

Nothing could ever separate the holy pastors from your love;  
do not lose even one of those whom you redeemed by your pas-  
sion.

- Lord, save your people.

Through the pastors of your Church you give your sheep eternal  
life, and no one can steal them from you;

save the faithful departed, for whom you laid down your life.

- Lord, save your people .

On *Wednesday - Memoria of St Catherine of Siena, Virgin & Doctor*:

Christ the Lord praised those who follow the way of virginity for  
the sake of the kingdom of heaven. Let us proclaim his love and  
pray:

- Jesus, king of virgins, hear us.

as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon*: The words I have spoken to you are spirit  
and they are life. Alleluia.

*Psalm-prayer*:

Save us by the power of your hand, Father, for our enemies have  
ignored your words. May the fire of your word consume our sins  
and its brightness illumine our hearts.

#### Scripture Reading:

Sunday	Revelation 6: 1-17
Monday	Revelation 7: 1-17
Tuesday	Revelation 8: 1-13
Wednesday	Revelation 9: 1-12
Thursday	Revelation 9: 13-21
Friday	Revelation 10: 1-11
Saturday	Revelation 11: 1-19

#### Short Responsory:

The Lord has risen from the dead, alleluia, alleluia.

*The Lord has risen from the dead, alleluia, alleluia.*

For our sake he died on the cross, alleluia, alleluia.

*The Lord has risen from the dead, alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

*The Lord has risen from the dead, alleluia, alleluia.*

#### Canticle - Benedictus

The Messiah and the one who was sent before him

*Antiphon*:

*Sunday + Monday & Thursday*:

It was necessary that Christ should suffer  
and on the third day rise from the dead, alleluia.

On *Tuesday - Memoria of St Louis Marie Grignon de Montfort, Priest*:

It is not you who speak:

the Spirit of your Father speaks in you. Alleluia.

On *Wednesday - Memoria of St Catherine of Siena, Virgin & Doctor*:

The holy virgin, Saint Catherine,  
never ceased praying to God  
to let peace return to his holy Church, alleluia.

On *Friday - Memoria of St Joseph the Worker*:

Saint Joseph worked faithfully as a carpenter.

He shines as an example to all workmen, alleluia.

On *Saturday - Memoria of St Athanasius, Bishop & Doctor*:

The learned will shine as brightly  
as the vault of heaven,  
and those who have instructed many in virtue  
will shine like stars for all eternity. Alleluia.

✠ Bléséd be the Lórd, the Gód of Ísraél! \*

He has visited his péople and redéemed them.

He has raised úp for ús a mighty sáviour \*

in the hóuse of Dávid his sérvant,

as he prómised by the líps of holy mén, \*

thóse who were his próphets from of óld.

A sáviour who would fréé us from our fóes, \*

from the hánds of áll who háte us.

So his lóve for our fáthers is fulfilled \*

and his hóly covenant remébered.

He swóre to Ábraham our fáther to gránt us, \*

that fréé from féar, and sáved from the hánds of our fóes,

we might sérvé him in hóliness and jústice \*

all the dáy's of our life in his présence.

As for yóu, little child, \*

you shall be cálléd a próphet of Gód, the Most High.

You shall go ahéad of the Lórd \*

to prépare his wáys befóre him,

To make knówn to his péople their salvátion \*

through forgiveness of all their sins,  
the loving-kindness of the heart of our God \*  
who visits us like the dawn from on high.  
He will give light to those in darkness, †  
those who dwell in the shadow of death, \*  
and guide us into the way of peace.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:*

*Sunday + Monday & Thursday:*

It was necessary that Christ should suffer  
and on the third day rise from the dead, alleluia.

*On Tuesday - Memoria of St Louis Marie Grignon de Montfort, Priest:*

It is not you who speak:  
the Spirit of your Father speaks in you. Alleluia.

*On Wednesday - Memoria of St Catherine of Siena, Virgin & Doctor:*

The holy virgin, Saint Catherine,  
never ceased praying to God  
to let peace return to his holy Church, alleluia.

*On Friday - Memoria of St Joseph the Worker:*

Saint Joseph worked faithfully as a carpenter.  
He shines as an example to all workmen, alleluia.

*On Saturday - Memoria of St Anthonasius, Bishop & Doctor:*

The learned will shine as brightly  
as the vault of heaven,  
and those who have instructed many in virtue  
will shine like stars for all eternity. Alleluia.

### Prayers and intercessions

*Sunday + Monday & Thursday:*

Let us pray to Christ, the author of life. God raised him from the  
dead, and he himself will raise us to life by his own power.

- Christ, our life, save us.

Christ, you are the light that drives out darkness and draws men  
to holiness;

let us make this day a living hymn of praise.

- Christ, our life, save us.

Lord, you followed the way of suffering, even to the cross;

grant that we may die with you and come to life with you.

- Christ, our life, save us.

Our master and our brother, you have made us a kingdom of  
priests to serve God our Father;

let us offer you with joy the sacrifice of praise.

- Christ, our life, save us.

King of glory, we look forward to the day of your coming,

then we shall see your face and share in your splendour.

- Christ, our life, save us.

*On Tuesday - Memoria of St Louis Marie Grignon de Montfort, Priest:*

Christ, the good shepherd, laid down his life for his sheep. Let us  
praise him with grateful hearts, as we pray:

- Lord, nourish the lives of your people.

Christ our Lord, in the holy pastors you reveal your love for us;  
may we never be deprived of the care you show through them.

- Lord, nourish the lives of your people.

Through your sacred ministers you are present in our midst as the  
shepherd of our souls;

never cease to guide us through their teaching and encourage-  
ment.

- Lord, nourish the lives of your people.

In the saints who lead your people, you manifest your power of  
healing souls and bodies;

remain always with us to renew our lives in holiness.

- Lord, nourish the lives of your people.

By the example of the saints you instruct your faithful in the ways

### Short Responsory

The disciples rejoiced, alleluia, alleluia.

- *The disciples rejoiced, alleluia, alleluia.*

They saw the Lord, alleluia, alleluia.

- *The disciples rejoiced, alleluia, alleluia.*

Glory be to the Father and to the Son and to the Holy Spirit.

- *The disciples rejoiced, alleluia, alleluia.*

### Canticle - Magnificat

My soul rejoices in the Lord

*Antiphon:*

*Sunday + Monday & Thursday:*

While he was with them at table,  
he took the bread and said the blessing;  
then he broke it and handed it to them.  
And their eyes were opened  
and they recognised him. Alleluia.

*On Tuesday - Memoria of St Louis Marie Grignon de Montfort, Priest:*

I made myself all things to all men  
in order to save them all. Alleluia.

*On Wednesday - Memoria of St Catherine of Siena, Virgin & Doctor:*

At all times and in all places,  
Catherine sought God.  
She found him and was united to him in love,  
alleluia.

*On Friday - Memoria of St Joseph the Worker:*

Christ the Lord allowed himself to be considered  
the son of a carpenter, alleluia.

*On Saturday - 1st Vespers of Sunday:*

I tell you most solemnly,  
the one who enters through the gate  
is the shepherd of the flock.  
He goes ahead of them,  
and the sheep follow because they know his voice.  
Alleluia.

✠ My soul glorifies the Lord, \*

my spirit rejoices in God, my Saviour.

He looks on his servant in her lowliness; \*

henceforth all ages will call me blessed.

The Almighty works marvels for me. \*

Hóly his name!

His mercy is from age to age, \*

on those who fear him.

He puts forth his arm in strength \*

and scatters the proud-hearted.

He casts the mighty from their thrones \*

and raises the lowly.

He fills the starving with good things, \*

sends the rich away empty.

He protects Israel, his servant, \*

remembering his mercy,

the mercy promised to our fathers, \*

to Abraham and his sons for ever.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:*

*Sunday + Monday & Thursday:*

While he was with them at table,  
he took the bread and said the blessing;  
then he broke it and handed it to them.  
And their eyes were opened  
and they recognised him. Alleluia.

*On Tuesday - Memoria of St Louis Marie Grignon de Montfort, Priest:*

I made myself all things to all men  
in order to save them all. Alleluia.

the Lórd takes pity on his sérvants.  
 Pagan ídols are sílver and góld, \*  
 the wórk of húman hánds.  
 They have móúths but they cánnót spéak; \*  
 they have éyes but they cánnót sée  
 They have éars but they cánnót héar; \*  
 there is néver a bréath on their lips.  
 Their mákers will come to bé like thém \*  
 and so will áll who trúst in thém!  
 Sons of Ísrael, bléss the Lórd! \*  
 Sons of Áaron, bléss the Lórd!  
 Sons of Lévi, bléss the Lórd! \*  
 You who féar him, bléss the Lórd!  
 From Ston may the Lórd be bléssed, \*  
 hé who dwélls in Jerúsalem!

Glory be to the Father and to the Son and to the Holy Spirit,  
 as it was in the beginning, is now, and ever shall be,  
 world without end. Amen.

*Antiphon:* I, the Lord, am your Saviour,  
 I am your Redeemer. Alleluia.

*Psalm-prayer:*

Father, you shattered the powers of darkness, with all their evil plots, to give strength to your servants and make them magnanimous in the struggle for eternal life. Have mercy on us and do not permit us to be deceived by false idols. May we praise your name for ever and receive the eternal gift of our inheritance.

#### Saturday 2nd May - 1st Vespers of Sunday - Psalm 130

##### Out of the depths

“He will save his people from their sins” (Mt 1: 21).

*Antiphon:* In your blood, you redeemed us for God. Alleluia.

Out of the dépths I crý to you, O Lórd, \*  
 Lórd, héar my vóice!  
 O lét your éars be attentíve \*  
 to the vóice of my pléading.  
 If you, O Lórd, should márk our gúilt, \*  
 Lórd, who would survíve?  
 But with yóu is fóund forgíveness: \*  
 for thís we revére you.  
 My sóul is wáiting for the Lórd. \*  
 I cóunt on his wórd.  
 My sóul is lónging for the Lórd \*  
 more than wáitchman for dáybreak.  
 Let the wáitchman cóunt on dáybreak \*  
 and Ísrael on the Lórd.  
 Becáuse with the Lórd there is mércy \*  
 and fúllness of redémption,  
 Ísrael indéed he will redéem \*  
 from áll its iniquity.

Glory be to the Father and to the Son and to the Holy Spirit,  
 as it was in the beginning, is now, and ever shall be,  
 world without end. Amen.

*Antiphon:* In your blood, you redeemed us for God. Alleluia.

*Psalm-prayer*

God of might and compassion, you sent your Word into the world, a watchman to announce to men the dawn of salvation. Do not leave us in the depths of our sins but listen to your Church pleading with you. Respond to her trust, and pour out in her the fullness of your redeeming grace.

#### Short Reading

Sunday:	Hebrews 10: 12-14
Monday:	Hebrews 8: 1-3
Tuesday:	1 Peter 5: 1-4
Wednesday:	1 Corinthians 7: 32-34
Thursday:	1 Peter 3: 18-22
Friday:	Colossians 3: 23-24
Saturday:	1 Peter 2: 9-10

of wisdom and love;  
 through our pastors, help us grow to the full stature of perfection.

- Lord, nourish the lives of your people.

*On Wednesday - Memoria of St Catherine of Siena, Virgin & Doctor:*

With great joy let us praise Christ, the bridegroom of all virgins.

- Jesus, crown of virgins, hear us.

Lord Jesus, the holy virgins loved you as their only spouse;  
 may we never be separated from you.

- Jesus, crown of virgins, hear us.

You crowned your mother Mary as queen of all virgins;  
 by her prayers grant that we may serve you in purity of life.

- Jesus, crown of virgins, hear us.

The holy virgins followed you with undivided hearts;  
 do not allow us to be fascinated by this passing world and drawn away from you.

- Jesus, crown of virgins, hear us.

Lord Jesus, you are the bridegroom that the wise virgins were ready to meet;

let us watch for your coming with longing and hope.

- Jesus, crown of virgins, hear us.

May Saint N., who reigns in your kingdom, intercede for us;  
 through her prayers grant us wisdom and innocence of life.

- Jesus, crown of virgins, hear us.

*On Friday - Memoria of St Joseph the Worker:*

Whatever we do or say, let us do it in the name of the Lord Jesus, giving thanks to God the Father through him.

- Lord, hear us.

As Joseph believed what you had told him, and became the guardian of your only Son:

so may we put our faith in you, and receive the fulfilment of your promise.

- Lord, hear us.

Father, give us that faith which gives substance to our hopes,  
 and make us certain of realities we do not see.

- Lord, hear us.

Joseph took the child Jesus into his care, loving and accepting him as his own Son:

may we accept all that God gives us, and care for those entrusted to us.

- Lord, hear us.

You have given man authority over the work of your hands and invited him to share in your creation:

help us to accept our responsibility by working for your glory and the good of all mankind.

- Lord, hear us .

*On Saturday - Memoria of St Athanasius, Bishop & Doctor:*

Christ, the good shepherd, laid down his life for his sheep. Let us praise him with grateful hearts, as we pray:

- Lord, nourish the lives of your people.

Christ our Lord, in the holy pastors you reveal your love for us;  
 may we never be deprived of the care you show through them.

- Lord, nourish the lives of your people.

Through your sacred ministers you are present in our midst as the shepherd of our souls;

never cease to guide us through their teaching and encouragement.

- Lord, nourish the lives of your people.

In the saints who lead your people, you manifest your power of healing souls and bodies;

remain always with us to renew our lives in holiness.

- Lord, nourish the lives of your people.

By the example of the saints you instruct your faithful in the ways of wisdom and love;

through our pastors, help us grow to the full stature of perfection.

- Lord, nourish the lives of your people.

To these is added this prayer for those suffering at this time

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil. Amen.

### The Concluding Prayer

*Antiphon:*

*Sunday + Monday & Thursday:*

Lord God, grant your people constant joy in the renewed vigour of their souls. They rejoice because you have restored them to the glory of your adopted children: let them look forward gladly in the certain hope of resurrection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen. .

*On Tuesday - Memoria of St Louis Marie Grignon de Montfort, Priest:*

Father, you made your Church grow through the Christian zeal and apostolic work of Saint Louis Marie Grignon de Montfort. By the help of his prayers give your Church continued growth in holiness and faith. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Wednesday - Memoria of St Catherine of Siena, Virgin & Doctor:*

Almighty God, you made Saint Catherine of Siena a contemplative lover of the Lord's sufferings and an ardent servant of your church. Grant through her prayer that your people may be united to Christ in his mystery, and rejoice for ever in the revelation of his glory. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Friday - Memoria of St Joseph the Worker:*

Lord God and Creator of the universe, you imposed on mankind the law of work. Give us grace, by Saint Joseph's example and at his intercession, to finish the works you give us to do, and to come to the rewards you promise. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Saturday - Memoria of St Athanasius, Bishop & Doctor:*

Almighty, ever-living God and Father, you raised up Saint Athanasius as the great champion of your Son's divinity. Through the doctrine and patronage of your saint, in which we rejoice, let our knowledge and love of you grow ever deeper and stronger. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

dó not rejeçt your anóinted.

The Lórd swore an óath to Dávid; \*

he will not go báck on his wórd:

'A són, the frúit of your bódy, \*

will I sèt upón your thróne.

'If they kéeep my cóvenant in trúth \*

and my láws that Í have táught them,

their sóns álso shall rúle \*

on your thróne from áge to áge.'

For the Lórd has chósen Sión; \*

he has desired it fór his dwelling:

'This is my résting-place for éver; \*

hére have I chósen to live.

'I will gréatly bléss her próduce, \*

I will fill her póor with bréad.

I will clóthe her priésts with salvátion \*

and her fáithful shall ríng out their jóy.

'Thére David's stóck will flówer; \*

I will prépare a lámp for my anóinted.

I will cóver his énemies with sháme \*

but on hím my crówn shall shíne.'

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

*Antiphon:* The Lord God gave him the throne of David,  
his father. Alleluia.

*Psalm-prayer:*

You have chosen the new Zion as your dwelling place, Lord God, the Church as your place of rest. You have kindled in her a lamp that will burn brightly for ever before Christ your Anointed One. Make our hearts your tabernacle, clothe your priests with justice, your faithful with holiness and give bread to the poor. May all rejoice with you in heaven.

### Friday 1st May - St Joseph the Worker - Psalm 135 Praise the Lord, the wonder-worker

"You are a chosen race. Sing the praises of the one who called you out of darkness into his wonderful light" (1 Pet 2: 9).

*Antiphon:* I, the Lord, am your Saviour,  
I am your Redeemer. Alleluia.

Práise the náme of the Lórd, \*

práise him, sérvants of the Lórd,

who stánd in the hóuse of the Lórd \*

in the cóurts of the hóuse of our Gód.

Praise the Lórd for the Lórd is góod. \*

Sing a psálm to his náme for he is lóving.

For the Lórd has chosen Jácob for hímself \*

and Ísrael for his ówn posséssion.

For I knów the Lórd is gréat, \*

that our Lórd is hígh above áll góds.

The Lórd does whatever he wílls, \*

in héaven, on éarth, in the séas.

He summons clóuds from the énds of the éarth; †

makes líghtning próduce the ráin; \*

from his tréasuries he sénds forth the wínd.

The first-born of the Eýptians he smóte, \*

of mán and béast álike.

Sígns and wónders he wórked †

in the mídst of your lánd, O Égypt, \*

against Pháraoh and áll his sérvants.

Nátions in their gréatness he strúck \*

and kíngs in their spléndour he sléw.

Síhon, kíng of the Ámorites, \*

Óg, the kíng of Báshan,

and áll the kíngdoms of Cánaan. \*

He let Ísrael inhérit their lánd;

on his péople their lánd he bestówed.

Lórd, your náme stands for éver, \*

unforgóttén from áge to áge,

for the Lórd does jústice for his péople; \*

snare of the enemy, but bring us to share the lot of the saints in light.

**Wednesday 29th April - St Catherine of Siena, Virgin & Doctor**

**Psalm 122**

**Jerusalem, the holy city**

“You have come to Mount Zion and the city of the living God, the heavenly Jerusalem” (Heb 12: 22).

*Antiphon:* I will keep myself chaste for you.  
I will meet you, the bridegroom,  
carrying a brightly shining lamp, alleluia.

I rejoiced when I heard them say: \*  
‘Let us go to God’s house.’  
And now our feet are standing \*  
within your gates, O Jerusalem.  
Jerusalem is built as a city \*  
strongly compact.  
It is there that the tribes go up, \*  
the tribes of the Lord.  
For Israel’s law it is, \*  
there to praise the Lord’s name.  
There were set the thrones of judgement \*  
of the house of David.  
For the peace of Jerusalem pray: \*  
‘Peace be to your homes!  
May peace reign in your walls, \*  
in your palaces, peace!’  
For love of my brethren and friends \*  
I say: ‘Peace upon you!’  
For love of the house of the Lord \*  
I will ask for your good.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* I will keep myself chaste for you.  
I will meet you, the bridegroom,  
carrying a brightly shining lamp, alleluia.

*Psalm-prayer:*

When you rose from the dead, Lord Jesus, you formed the Church into your new body and made of her the new Jerusalem, united in your Spirit. Give us peace in our day. Make all nations come to your Church to share your gifts in fellowship, that they may render you thanks without end and come to your eternal city.

**Thursday 30th April - Psalm 132**

**God’s promise to the house of David**

“The Lord God will give him the throne of David his father” (Lk 1: 32).

*Antiphon:* The Lord God gave him the throne of David,  
his father. Alleluia.

O Lord, remember David \*  
and all the many hardships he endured,  
the oath he swore to the Lord, \*  
his vow to the Strong One of Jacob.  
‘I will not enter the house where I live \*  
nor go to the bed where I rest.  
I will give no sleep to my eyes, \*  
to my eyelids I will give no slumber  
till I find a place for the Lord, \*  
a dwelling for the Strong One of Jacob.’  
At Ephrata we heard of the ark; \*  
we found it in the plains of Yearim.  
‘Let us go to the place of his dwelling; \*  
let us go to kneel at his footstool.’  
Go up, Lord, to the place of your rest, \*  
you and the ark of your strength.  
Your priests shall be clothed with holiness; \*  
your faithful shall ring out their joy.  
For the sake of David your servant \*

**The Dismissal**

✠ May the Lord bless us, and keep us from all evil,  
and bring us to everlasting life. Amen.

*The Seal & The Trisagion Prayers may be added as an additional devotion, and be concluded with this Final Morning Prayer:*

Holy Lord, who dwell on high and with an all-seeing eye look on the whole of creation, having regard for the humble of heart, we have bowed down body and soul before you. We beseech you, Holy of Holies, to stretch out your unseen hand from your holy dwelling place and bless us all. And if we have sinned in any way, whether voluntarily or involuntarily, forgive us; for you are a good God who loves mankind, who unfailingly grants to us your earthly and heavenly benefits and ceaselessly shows us your mercy and saves us; and to you we ascribe glory, to the Father, and to the Son, and to the Holy Spirit, now and ever and to the ages of ages. Amen.

## MASS READINGS FOR THE SECOND WEEK OF EASTER

*The reading of Holy Scripture forms an important part of the life of Christians. Whilst there are Psalms and readings in the forms of prayer in this booklet it would be beneficial to read the Mass readings set for each day - especially in the knowledge that these are being read or heard by Christians throughout the world on the day we read them. Having read them, please follow the example of Our Lady and ‘ponder them in your heart.’*

Sunday	Acts of the Apostles 2: 42-47 Psalm 118 1 Peter 1: 3-9 John 20: 19-31
Monday	Acts of the Apostles 4: 23-31 Psalm 2 John 3: 1-8
Tuesday	Ephesians 3: 14-19 Psalm 34 Matthew 7: 21-29
Wednesday	Acts of the Apostles 5: 17-26 Psalm 34 John 3: 16-21
Thursday	Revelation 12: 10-12 Psalm 126 John 15: 18-21
Friday	Acts of the Apostles 5: 34-42 Psalm 27 John 6: 1-15
Saturday	1 Peter 5: 5-14 Psalm 89 Mark 16: 15-20

## PRAYERS FOR MIDDAY - SEXT

**Introduction**

✠ O God, come to our aid.  
O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen. Alleluia.

**Hymn**

Lord God and Maker of all things,  
Creation is upheld by you.  
While all must change and know decay,  
You are unchanging, always new.

You are man's solace and his shield,  
His Rock secure on which to build.  
You are the spirit's tranquil home,  
In you alone is hope fulfilled.

To God the Father and the Son  
And Holy Spirit render praise:  
Blest Trinity, from age to age  
The strength of all our living days.

## PSALMS OF THE DAY

### Psalm 118

#### A cry of rejoicing and triumph

"This is the stone which was rejected by you builders, but which  
has become the cornerstone" (Acts 4:11).

*Antiphon:* Alleluia Alleluia. Alleluia.

Give thanks to the Lórd for he is good, \*  
for his love endures for éver.  
Let the sóns of Ísrael sáy: \*  
'His love endures for éver.'  
Let the sóns of Áaron sáy: \*  
'His love endures for éver.'  
Let thóse who fear the Lórd sáy: \*  
'His love endures for éver.'  
I called to the Lórd in my distréss; \*  
he answered and fréed me.  
The Lórd is at my síde; I do not féar. \*  
What can mán do agáinst me?  
The Lórd is at my síde as my hélper; \*  
I shall look dówn on my fóes.  
It is bétter to take réfuge in the Lórd \*  
than to trúst in mén;  
it is bétter to take réfuge in the Lórd \*  
than to trúst in prínces.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

### Psalm 118

The nátions áll encómpassed me; \*  
in the Lórd's name I crúshed them.  
They cómpassed me, cómpassed me abóut; \*  
in the Lórd's name I crúshed them.  
They cómpassed me abóut like bées; †  
they blázed like a fire among thórns. \*  
In the Lórd's name I crúshed them.  
I was hárd-préssed and was fálling, \*  
but the Lórd came to hélp me.  
The Lórd is my stréngth and my sóng; \*  
hé is my sáviour.  
There are shóuts of jóy and víctory \*  
in the ténts of the júst.  
The Lórd's right hánd has tríumphed; †  
his right hand ráised me. \*  
The Lórd's right hánd has tríumphed;  
I shall not díe, I shall líve \*  
and recóunt his déeds.  
I was púnished, I was púnished by the Lórd, \*  
but nótdoomed to díe.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

### Psalm 118

Ópen to mé the gates of hóliness: \*  
I will énter and give thánks.  
This is the Lórd's own gáte \*  
where the júst may énter.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Alleluia. The Lord our God is king:  
let us rejoice and give glory to him. Alleluia.

### Monday 27th April - Psalm 123

#### The Lord guards his people

"The two blind men cried out,  
'Lord, have pity on us, Son of David'" (Mt 20:30).

*Antiphon:* The Lord will be your everlasting light,  
your God will be your glory, alleluia.

To yóu have I lífted up my éyes, \*  
you who dwéll in the héavens;  
my éyes, like the éyes of sláves \*  
on the hánd of their lórd.  
Like the éyes of a sérvant \*  
on the hánd of her místress,  
so our éyes are on the Lórd our Gód \*  
till he shów us his mércy.  
Have mércy on us, Lórd, have mércy. \*  
We are filled with contépt.  
Índéed all too fúll is our sóul †  
with the scórn of the rích, \*  
with the próud man's dísdáin.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* The Lord will be your everlasting light,  
your God will be your glory, alleluia.

#### Psalm-prayer:

Lord Jesus Christ, you will wait on the servants who have kept  
faithful watch for you. Teach us to keep our eyes fixed on every  
trace of the work of your hands, so that we may watch for your  
coming and enter your home, our lamps radiant with light.

### Tuesday 28th April -

#### Memoria of St Louis Marie Grignon de Montfort, Priest -

### Psalm 125

#### The Lord guards his people

"Peace to the Israel of God" (Gal 6: 16).

*Antiphon:* Peace be with you, it is I:  
do not be afraid. Alleluia.

Thóse who put their trúst in the Lórd †  
are like Mount Sion, that cánnót be sháken, \*  
that stánds for éver.  
Jerúsalem! The móuntains surróund her, †  
so the Lórd surróunds his péuple \*  
both nów and for éver.  
For the scéptre of the wícked shall not rést \*  
over the lánd of the júst  
for féar that the hánds of the júst \*  
should túrn to évil.  
Do góod, Lord, to thóse who are góod, \*  
to the úpright of héart;  
but the cróoked and thóse who do évil, \*  
dríve them áwáy!  
Ón Ísrael, péáce!

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Peace be with you, it is I:  
do not be afraid. Alleluia.

#### Psalm-prayer:

Surround your people, Lord, within the safety of your Church,  
which you preserve on her rock foundation. Do not let us stretch  
out our hands to evil deeds, nor be destroyed by the insidious

*Psalm-prayer:*

Almighty God, bring the kingdom of Christ, your anointed one, to its fullness. May the perfect offering of your Son, eternal priest of the new Jerusalem, be offered in every place to your name and make all nations a holy people for you.

**Psalm 111**

**Great are the works of the Lord**

“How great and wonderful are all your works,  
Lord God Almighty” (Rev 15:3).

*Antiphon:* The Lord has delivered his people. Alleluia.

I will thank the Lord with all my heart \*  
in the meeting of the just and their assembly.  
Great are the works of the Lord, \*  
to be pondered by all who love them.  
Majestic and glorious his work, \*  
his justice stands firm for ever.  
He makes us remember his wonders. \*  
The Lord is compassion and love.  
He gives food to those who fear him; \*  
keeps his covenant ever in mind.  
He has shown his might to his people \*  
by giving them the lands of the nations.  
His works are justice and truth, \*  
his precepts are all of them sure,  
standing firm for ever and ever; \*  
they are made in uprightness and truth.  
He has sent deliverance to his people †  
and established his covenant for ever. \*  
Holy his name, to be feared.  
To fear the Lord is the first stage of wisdom; \*  
all who do so prove themselves wise.  
His praise shall last for ever!

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* The Lord has delivered his people. Alleluia.

*Psalm-prayer:*

Merciful God, splendour of the Church and crown of all saints,  
give us that firm faith which begets wisdom and nourish us with  
heavenly bread in the holy assembly. May we renew the memory  
of your wondrous deeds in the one sacrifice worthy of you, until  
we enjoy the fullness of your covenant in an eternity of happiness.

**Canticle**

**(Apocalypse 19)**

The wedding of the Lamb

*Antiphon:* Alleluia. The Lord our God is king;  
let us rejoice and give glory to him. Alleluia.

Alleluia.  
Salvation and glory and power belong to our God, \*  
his judgements are true and just.  
Alleluia.

Alleluia.  
Praise our God, all you his servants, \*  
you who fear him, small and great.  
Alleluia.

Alleluia.  
The Lord our God, the Almighty, reigns, \*  
let us rejoice and exult and give him the glory.  
Alleluia.

Alleluia.  
The marriage of the Lamb has come, \*  
and his bride has made herself ready.  
Alleluia.

I will thank you for you have answered \*  
and you are my saviour.  
The stone which the builders rejected \*  
has become the corner stone.  
This is the work of the Lord, \*  
a marvel in our eyes  
This day was made by the Lord; \*  
we rejoice and are glad.  
O Lord, grant us salvation; \*  
O Lord, grant success.  
Blessed in the name of the Lord \*  
is he who comes.  
We bless you from the house of the Lord; \*  
the Lord God is our light.  
Go forward in procession with branches \*  
even to the altar.  
You are my God, I thank you. \*  
My God, I praise you  
Give thanks to the Lord for he is good; \*  
for his love endures for ever.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Alleluia. Alleluia. Alleluia.

*Psalm-prayer:*

Lord God, you have given us the great day of rejoicing: Jesus  
Christ, the stone rejected by the builders, has become the corner-  
stone of the Church, our spiritual home. Shed upon your Church  
the rays of your glory, that she may be seen as the gate of salvation  
open to all nations. Let cries of joy and exultation ring out from  
her tents, to celebrate the wonder of Christ's resurrection.

**Short Reading**

Sunday:	Ephesians 2: 4-6
Monday:	Colossians 2: 9-12
Tuesday:	1 Peter 3: 21-22
Wednesday:	1 Corinthians 7: 25
Thursday:	Titus 3: 5-7
Friday:	Galatians 3: 27-28
Saturday:	1 Corinthians 15: 20-22

Ÿ. The disciples rejoiced, alleluia.  
R̄. When they saw the Lord, alleluia.

Let us pray.

Lord God, grant your people constant joy in the renewed vigour  
of their souls. They rejoice because you have restored them to the  
glory of your adopted children: let them look forward gladly in  
the certain hope of resurrection. Through Christ our Lord.  
Amen.

Let us praise the Lord.  
Thanks be to God.

*On each day continue the prayers at Midday with:*

**The Great Litany**

In peace let us pray to the Lord.  
Lord, have mercy.  
For the peace from above, and the salvation of our souls,  
let us pray to the Lord.  
Lord, have mercy.

For the peace of the whole world, the good estate of the holy  
churches of God, and the union of all, let us pray to the Lord.  
Lord, have mercy.

For this holy temple, and for them that with faith, reverence, and  
fear of God enter herein, let us pray to the Lord.  
Lord, have mercy.

That He may deliver His people from enemies both visible and invisible, and confirm in us oneness of mind, brotherly love, and piety, let us pray to the Lord.

Lord, have mercy.

For this land, its authorities, and Armed Forces, let us pray to the Lord.

Lord, have mercy.

Deacon: For this city (or town, or holy monastery), every city and country and the faithful that dwell therein, let us pray to the Lord.

Lord, have mercy.

For reasonable weather, abundance of the fruits of the earth, and peaceful times, let us pray to the Lord.

Lord, have mercy.

For travellers by sea, land, and air; for the sick, the suffering; the imprisoned and for their salvation, let us pray to the Lord.

Lord, have mercy.

That we may be delivered from all tribulation, wrath, and necessity, let us pray to the Lord.

Lord, have mercy.

Help us, save us, have mercy on us, and keep us, O God, by Thy grace.

Lord, have mercy.

Calling to remembrance our most holy, most pure, most blessed, glorious Lady Mother of God and Ever-Virgin Mary, with all the Saints, let us commit ourselves and one another, and all our life unto Christ our God.

We Commit Ourselves To Thee O Lord

*To these is added this prayer for those suffering at this time*

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

*The 'Lord's Prayer' follows:*

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil. Amen.

### The Concluding Prayer

Let us pray.

On this day, Lord God, you opened for us the way to eternal life through your only Son's victory over death. Grant that as we celebrate the feast of his resurrection we may be renewed by your Holy Spirit and rise again in the light of life. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Let us praise the Lord.

Thanks be to God.

## EVENING PRAYERS AT DUSK - VESPERS

✠ O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.

*The following hymn is sung, or another appropriate for Easter may be sung*

The Lamb's high banquet we await,  
In snow-white robes of royal state;  
And now, the Red Sea's channel past,  
To Christ our Prince we sing at last.

Upon the altar of the Cross  
His body hath redeemed our loss;  
And tasting of his scarlet blood,  
Our life is hid with him in God.

Now Christ our paschal Lamb is slain,  
The Lamb of God that knows no stain,  
The true oblation offered here,  
Our own unleavened bread sincere.

O thou, from whom hell's monarch flies,  
O great, O very Sacrifice,  
Thy captive people are set free,  
And endless life restored in thee.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

### The Psalms:

*Two Psalms with a Canticle are said on Sunday -  
one Psalm on subsequent weekdays*

#### Sunday 26th April - Psalm 110

##### The Messiah, king and priest

"He must be king so that he may put all his enemies  
under his feet" (1 Cor 15:25).

*Antiphon:* When he had made purification for sin,  
he sat at the right hand of the Majesty on high.  
Alleluia.

The Lórd's revelátion to my Máster: †

'Sit on my right: \*

your fóes I will pút beneath your féet.'

The Lórd will wield from Sion †

your scéptre of pówer: \*

rúle in the mídst of all your fóes.

A prince from the dáy of your bírth †

on the hóly móuntains; \*

from the wómb before the dáwn I begót you.

The Lórd has sworn an óath he will not chángé. †

'You are a príest for éver, \*

a príest like Melchízedeck of óld.'

The Máster stánding at your right hand \*

will shatter kíngs in the dáy of his wráth.

He shall drink from the stréam by the wáyside \*

and thérefore he shall líft up his héad.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

*Antiphon:* When he had made purification for sin,  
he sat at the right hand of the Majesty on high.  
Alleluia.