

thee, that I may be accounted worthy at the last to enter into the Kingdom of Heaven.

Be mindful, O Lord, of all those who have fallen asleep in the hope of resurrection unto life eternal, especially N., NN.; pardon all their transgressions both voluntary and involuntary, whether in word, or deed, or thought. Shelter them in a place of brightness, a place of verdure, a place of repose, whence all sickness, sorrow and sighing have fled away, and where the sight of thy countenance rejoiceth all thy Saints from all the ages. Grant them thy heavenly Kingdom, and a portion in thine ineffable and eternal blessings, and the enjoyment of thine unending Life.

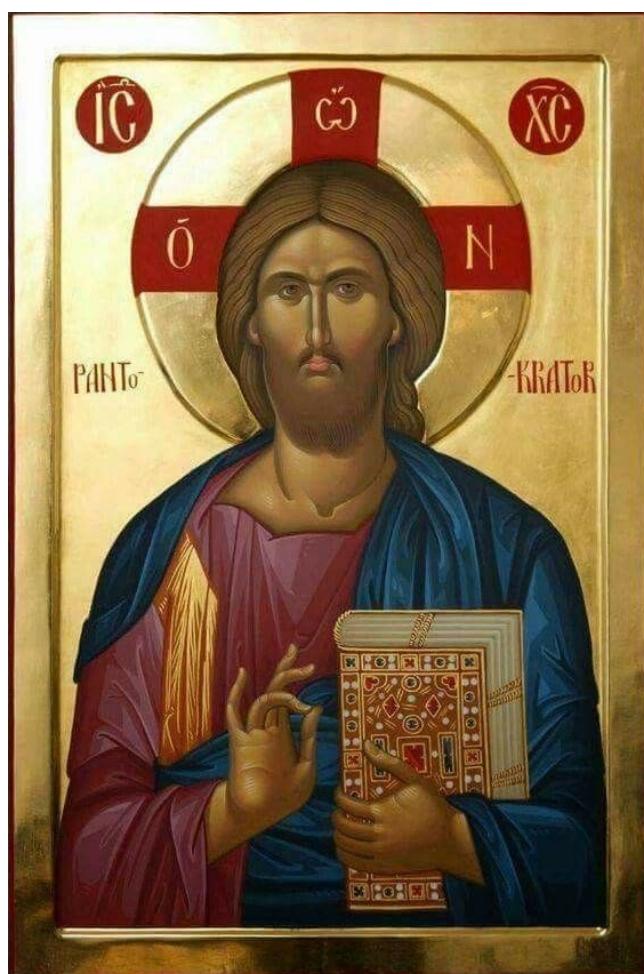
Hear my prayer, O Lord, for thou art merciful and compassionate, and lovest mankind, and to thee are due all glory, honour, and worship: to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.



## DAILY PRAYER

*Personal Prayer for use during the COVID-19  
Pandemic whilst at Home*

# THE 5th SUNDAY OF EASTER 10th May AD 2020



*"I am the way, the truth and the life," says the Lord, "no one can come to the Father except through me."*

*Can daily prayers change your life? Absolutely! You can develop a fuller relationship with God and live a better life through prayer. You have a better chance at finding fulfilment, from daily prayers than from the many distractions bombarding us these days!*

*Think of all the promises we hear on TV and elsewhere: you'll find happiness if you buy this car, this book, this exercise bike, or this pill (after checking with your doctor first on that last one)! Yet many times our souls feel as empty as our wallets or purses afterwards.*

*Developing a good prayer life can really change you for the better. Praying can become a most satisfying routine in many ways. It might not be an easy habit to start at first, but it's definitely one you won't want to break! Daily prayers can give you a sense of peace and purpose.*

*Prayer has often been called "the raising up of the mind and heart to God". We engage in a literally divine conversation with Him. You get a wonderful opportunity from prayer to strengthen and deepen your relationship with our Creator and with your fellow human beings by praying for their needs as well as your own.*

*"Those who have truly decided to serve the Lord God should practice the remembrance of God and uninterrupted prayer to Jesus Christ, mentally saying: "Lord Jesus Christ, Son of God, have mercy on me a sinner." ' (St. Seraphim of Sarov)*

## THE SEAL

Through the prayers of our holy Fathers and Mothers,  
Lord Jesus Christ our God, have mercy on us and save us.

## TRISAGION PRAYERS

O Heavenly King, the Paraclete, the Spirit of Truth,  
who are present everywhere, filling all things,  
Treasury of Good and Giver of Life, come and dwell in us,  
cleansing us of every stain, and save our souls, O Good One.

✠ Holy God, Holy Mighty, Holy Immortal have mercy on us.  
(three times)

✠ Glory be to the Father, and to the Son, and to the Holy Spirit.  
Now and ever and to the ages of ages. Amen.

All-Holy Trinity, have mercy on us.

Lord forgive us our sins.

Master, pardon our transgressions.

Holy One, visit and heal our infirmities for your name's sake.

Kyrie eleison, Kyrie eleison, Kyrie eleison.

✠ Glory be to the Father, and to the Son, and to the Holy Spirit.  
Now and ever and to the ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy name;  
Thy Kingdom come, Thy will be done on earth as it is in Heaven.  
Give us this day our daily bread;  
and forgive us our trespasses as we forgive those who trespass  
against us;  
and lead us not into temptation, but deliver us from evil.  
(for Yours is the kingdom and the power and the glory, of the  
Father, and of the Son, and of the Holy Spirit, now and ever and  
to the ages of ages.) ✠ Amen.

Kyrie eleison, Kyrie eleison, Kyrie eleison.

Kyrie eleison, Kyrie eleison, Kyrie eleison.

✠ Glory be to the Father, and to the Son, and to the Holy Spirit.  
Now and ever and to the ages of ages. Amen.

with thy Eternal Father and Life-giving Spirit. Amen.

### Thanksgiving After Recovery from Sickness

Almighty God, our heavenly Father, Source of life and Fountain of all good things, I bless thy Holy Name, and offer to thee most hearty thanks for having delivered me from my sickness and restored me to health. Grant me thy continuing grace, I pray thee, that I may keep my good resolutions and correct the errors of my past life, and improve in virtue, and live a new life in dutiful fear of thee, doing thy will in all things, and devoting this new life which thou has given me to thy service: that thus living for thee, I may be found ready when it pleaseth thee to call me to thee, O heavenly Father, to whom with thine Only-begotten Son, our Lord Jesus Christ, and thine all-holy and Life-giving Spirit, is due all honor, praise, glory, and thanksgiving: now and ever, and unto ages of ages. Amen.

### A Prayer for the Sick

O holy Father, heavenly Physician of our souls and bodies, who hast sent thine Only-begotten Son our Lord Jesus Christ to heal all our ailments and deliver us from death: do thou visit and heal thy servant N., granting him/her release from pain and restoration to health and vigour, that he/she may give thanks unto thee and bless thy holy Name, of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages. Amen.

### A Prayer for the Dead

Into thy hands, O Lord, I commend the souls of thy servants, NN., and beseech thee to grant them rest in the place of thy rest, where all thy blessed Saints repose, and where the light of thy countenance shineth forever. And I beseech thee also to grant that our present lives may be godly, sober, and blameless, that, we too may be made worthy to enter into thy heavenly Kingdom with those we love but see no longer: for thou art the Resurrection, and the Life, and the Repose of thy departed servants, O Christ our God, and unto thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.

### A General Intercession

O Lord Jesus Christ our God, who in thy mercy and loving-kindness dost regard the prayers of all who call upon thee with their whole heart, incline thine ear and hear my prayer, now humbly offered unto thee:

Be mindful, O Lord, of thy One, Holy Catholic and Apostolic Church; confirm and strengthen it, increase it and keep it in peace, and preserve it unconquerable forever;

Be mindful, O Lord, of our Bishop *Jonathan*, and of every Bishop of the Church: of Priests and Deacons, the Religious, and Lay Ministers of thy Church, which thou has established to feed the flock of the Word: and by their prayers have mercy upon me and save me, a sinner.

Be mindful, O Lord, of all civil Authorities, of our Armed Forces, of this city in which we dwell, and of every city and land; grant us peaceful times, that we may lead a calm and tranquil life in all godliness and sanctity.

Be mindful, O Lord, of my parents, my brothers and sisters, my relatives and friends, and all who are near and dear to me, (*name those whom you wish to remember*), and grant them mercy, life, peace, health, salvation and visitation, and pardon and remission of sins; that they may evermore praise and glorify thy holy Name.

Be mindful, O Lord, of those who travel by land, and sea, and air; of the young and the old; orphans and widows; the sick and the suffering, the sorrowing and the afflicted, all captives, and the needy poor; upon them all send forth thy mercies, for thou art the Giver of all good things.

Be mindful, O Lord, of me, thy humble servant; grant me thy grace, that I may be diligent and faithful; that I may avoid evil company and influence, and resist all temptation; that I may lead a godly and righteous life, blameless and peaceful, ever serving

and deed; in body and soul alike. I am heartily sorry that I have ever offended thee, and I sincerely repent; with tears I humbly pray thee, O Lord: of thy mercy forgive me all my past transgressions and absolve me from them. I firmly resolve, with the help of Thy Grace, to amend my way of life and to sin no more; that I may walk in the way of the righteous and offer praise and glory to the Name of the Father, Son, and Holy Spirit. Amen.

#### Prayer Before a Journey

O Lord Jesus Christ our God, the true and living way, be thou, O Master, my companion, guide and guardian during my journey; deliver and protect me from all danger, misfortune and temptation; that being so defended by Thy divine power, I may have a peaceful and successful journey and arrive safely at my destination. For in thee I put my trust and hope, and to thee, together with thy Eternal Father, and the All-holy Spirit, I ascribe all praise, honour and glory: now and ever, and unto ages of ages. Amen.

#### A Prayer in Time of Trouble

O God, our help and assistance, who art just and merciful, and who heareth the supplications of thy people; look down upon me, a miserable sinner, have mercy upon me, and deliver me from this trouble that besets me, for which, I know, I am deservedly suffering. I acknowledge and believe, O Lord, that all trials of this life are given by Thee for our chastisement, when we drift away from thee, and disobey thy commandments; deal not with me after my sins, but according to thy bountiful mercies, for I am the work of Thy hands, and thou knowest my weakness. Grant me, I beseech thee, thy divine helping grace, and endow me with patience and strength to endure my tribulations with complete submission to Thy Will. Thou knowest my misery and suffering and to Thee, my only hope and refuge, I flee for relief and comfort; trusting to thine infinite love and compassion that in due time, when thou knowest best, thou wilt deliver me from this trouble, and turn my distress into comfort, when I shall rejoice in thy mercy, and exalt and praise thy Holy Name, O Father, Son, and Holy Spirit: now and ever, and unto ages of ages. Amen.

#### Thanksgiving After Deliverance From Trouble

Almighty and merciful God, I most humbly and heartily thank thy divine majesty for thy loving kindness and tender mercies, that thou hast heard my humble prayer, and graciously vouchsafed to deliver me from my trouble and misery. Grant me, I beseech thee, thy helping grace, that I may obediently walk in thy holy commandments, and lead a sober, righteous and godly life, ever remembering thy mercies, and the blessings thou hast undeservedly bestowed upon me, that I may continually offer to thee the sacrifice of praise and thanksgiving, O Father, Son, and Holy Spirit.

#### A Prayer of a Sick Person

O Lord Jesus Christ, our Saviour, Physician of souls and bodies, who didst become man and suffer death on the Cross for our salvation, and through thy tender love and compassion didst heal all manner of sickness and affliction; do thou O Lord, visit me in my suffering, and grant me grace and strength to bear this sickness with which I am afflicted, with Christian patience and submission to thy will, trusting in thy loving kindness and tender mercy. Bless, I pray thee, the means used for my recovery, and those who administer them. I know O Lord, that I justly deserve any punishment thou mayest inflict upon me for I have so often offended thee and sinned against thee, in thought, word and deed. Therefore, I humbly pray thee, look upon my weakness, and deal not with me after my sins, but according to the multitude of thy mercies. Have compassion on me, and let mercy and justice meet; and deliver me from this sickness and suffering I am undergoing. Grant that my sickness may be the means of my true repentance and amendment of my life according to thy will, that I may spend the rest of my days in thy love and fear: that my soul, being helped by thy grace and sanctified by thy Holy Mysteries, may be prepared for its passage to the Eternal Life, and there, in the company of thy blessed Saints, may praise and glorify thee

## THE ANGELUS / REGINA CAELI

*Traditionally in the morning, at noon, and in the evening in memory of the Incarnation of God, the faithful recite the Angelus, except during Eastertide, when the Regina caeli is said:*

Ÿ. Joy to thee, O Queen of Heaven. Alleluia!  
Ř. He whom Thou wast meet to bear. Alleluia!  
Ÿ. As He promised hath arisen. Alleluia!  
Ř. Pour for us to God thy prayer. Alleluia!  
Ÿ. Rejoice and be glad, O Virgin Mary, alleluia.  
Ř. For the Lord is risen indeed, alleluia.

Let us pray:

O God,  
who through the resurrection of Thy Son our Lord Jesus Christ  
hast given joy to the whole world:  
grant, we beseech thee,  
that with the help of His Mother, the Virgin Mary,  
we may obtain the joys of everlasting life.  
Through Christ our Lord.  
Ř. Amen..

## PRAYER IN THE MORNING - LAUDS

#### The Invitatory

V/. ✠ Lord, open our lips  
R/. And we shall praise your name

#### Psalm 95 - said daily

*Antiphon:*

*Sunday + Monday & Tuesday, Friday & Saturday:*  
The Lord has truly risen, alleluia.

*On Wednesday - Feast of Our Lady of Fatima:*  
Christ is the son of Mary:  
come, let us adore him, alleluia.

*On Thursday - Feast of St Matthias, Apostle:*  
Alleluia. The Lord is the King of apostles:  
come, let us adore him. Alleluia.

Come, ring out our jóy to the Lórd; \*  
háil the Gód who sáves us.  
Let us cóme before him, giving thánks, \*  
with sóngs let us háil the Lórd.  
mighty Gód is the Lórd, \*  
a gréat king abóve all góds.  
In his hánd are the dépths of the éarth; \*  
the héights of the móuntains are his.  
To him belongs the séa, for he máde it \*  
and the drý land sháped by his hánds.  
Come in; let us bów and bend lów; \*  
let us knéel before the Gód who máde us:  
for hé is our Gód and wé †  
the péople who belóng to his pásture, \*  
the flóck that is léd by his hánd.  
O that todáy you would listen to his vóice! †  
'Hárden not your héarts as at Meribah, \*  
as on that dáy at Mássah in the désert  
when your fáthers pút me to the tést; \*  
when they tried me, thóugh they saw my wórk.  
For forty yéars I was wéaried of these péople †  
and I sáid: "Their héarts are astráy, \*  
these péople do not knów my wáys."  
Thén I took an óath in my ánger: \*  
"Néver shall they énter my rést."

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,

world without end. Amen.

*Antiphon:*

*Sunday + Monday & Tuesday, Friday & Saturday:*  
The Lord has truly risen, alleluia.

*On Wednesday - Feast of Our Lady of Fatima:*  
Christ is the son of Mary:  
come, let us adore him, alleluia.

*On Thursday - Feast of St Matthias, Apostle:*  
Alleluia. The Lord is the King of apostles:  
come, let us adore him. Alleluia.

*The following hymn is sung, or another appropriate for Easter may be sung*

Light's glittering morn bedecks the sky,  
Heav'n thunders forth its victor cry:  
The glad earth shouts her triumph high,  
And groaning hell makes wild reply.

While he, the King of sovereign might,  
Treads down death's strength in death's despite,  
And trampling hell by victor's right,  
Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,  
In watch and ward where soldiers wait,  
Now shining in triumphant state,  
He rises victor from death's gate.

Hell's pains are loosed and tears are fled:  
Captivity is captive led:  
The angel, crowned with light, hath said:  
'The Lord is risen from the dead.'

Author of all, be thou our guide  
In this our joy of Eastertide;  
Whene'er assaults of death impend,  
Thy people strengthen and defend.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

### **The Psalms**

*Two Psalms with a Canticle are said on Sunday -  
one Psalm on subsequent weekdays*

#### **Sunday 10th May - Psalm 63 Thirsting for God**

*"Let the man who has put away the deeds of the night watch for God."*

*Antiphon:* Let anyone who is thirsty  
come and drink the water of life,  
a free gift for those who desire it. Alleluia.

O Gód, you are my Gód, for you I lóng; \*  
for yóu my sóul is thirsting.  
My bódy pines for yóu \*  
like a drý, weary lánd without wáter.  
So I gáze on yóu in the sánctuary \*  
to sée your stréngth and your glóry.  
For your lóve is bétter than life, \*  
my lips will spéak your práise.  
So I will bléss you áll my life, \*  
in your náme I will lift up my hánds.  
My sóul shall be filled as with a bánquet, \*  
my móuth shall práise you with jóy.  
On my béd I remémber yóu. \*  
On yóu I múse through the níght  
for yóu have béen my hélp; \*  
in the shádw of your wings I rejóice.  
My sóul clíngs to yóu; \*

## OCCASIONAL PRAYERS

### **Prayer on Entering the Church**

I will come into thy house in the multitude of thy mercy: and in thy fear I will worship toward thy holy temple. Lead me, O Lord, in thy righteousness because of mine enemies; make thy way straight before me, that with a clear mind I may glorify thee forever, One Divine Power worshipped in three persons: Father, Son, and Holy Spirit. Amen.

### **Prayer on Leaving a Church**

Lord, now lettest thou thy servant depart in peace, according to thy word: for mine eyes have seen thy salvation, which thou hast prepared before the face of all people; a light to lighten the Gentiles, and the glory of thy people Israel.

### **The "Jesus" Prayer**

O Lord Jesus Christ, Son of God, have mercy on me, a sinner.

### **A Prayer to Your Guardian Angel**

O Angel of Christ, holy guardian and protector of my soul and body, forgive me everything wherein I have offended thee every day of my life, and protect me from all influence and temptation of the evil one. May I nevermore anger God by any sin. Pray for me to the Lord, that He may make me worthy of the grace of the All-holy Trinity, and of the Most Blessed Virgin Mary, and of all the Saints. Amen.

### **Prayers at the Table**

*In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.*  
Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages. Amen.

*Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.*

*Lord, have mercy. (Thrice)*

*Then*

O Christ our God, bless the food and drink of thy servants, for thou art Holy always; now and ever, and unto ages of ages. Amen.

*Or*

They that hunger shall eat and be satisfied, they that seek after the Lord shall praise him; their hearts shall live forever. Amen.

*Or*

Bless us, O Lord, and these thy gifts of which we are about to partake, for thou art blessed and glorified; now and ever, and unto ages of ages. Amen.

### **After Meals**

*Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.*

*Lord, have mercy. (Thrice)*

*Then*

Blessed is God, who is merciful unto us and nourisheth us from His bounteous gifts by His Grace and compassion, always, now and ever, and unto ages of ages. Amen.

*Or*

We thank thee, O Christ our God, that thou hast satisfied us with thy earthly gifts, deprive us not of thy Heavenly Kingdom; but as thou entered into the midst of thy disciples, O Saviour, and gave them peace, enter also among us and save us. Amen.

*Or*

We thank thee, O God, the Giver of all good things, for these gifts and all thy mercies, and we bless thy Holy Name, always, now and ever, and unto ages of ages. Amen.

### **A Prayer of Repentance**

O Lord our God, good and merciful, I acknowledge all my sins which I have committed every day of my life, in thought, word

*Antiphon:* Alleluia. Alleluia. Alleluia.

*Psalm-prayer:*

Lord Jesus Christ, when tempted by the devil, you remained loyal to your Father whose angels watched over you at his command. Guard your Church and keep us safe from the plague of sin so that we may remain loyal to the day we enjoy your salvation and your glory.

### Short Reading

Sunday: Apocalypse 22: 4-5  
Monday: 1 Thessalonians 5: 9-10  
Tuesday: 1 Peter 5: 8-9  
Wednesday: Ephesians 4: 26-27  
Thursday: 1 Thessalonians 5: 23  
Friday: Jeremiah 14: 9  
Saturday: Deuteronomy 6: 4-7

### Short Responsory

This is the day which was made by the Lord:  
let us rejoice and be glad, alleluia.

#### Canticle - Nunc Dimittis

Christ is the light of the nations and the glory of Israel

*Antiphon:* Save us, Lord, while we are awake;  
protect us while we sleep;  
that we may keep watch with Christ  
and rest with him in peace. Alleluia.

✠ At lást, all-pówerful Máster, †  
you give léave to your sérvant \*  
to go in péace, accórding to your prómise.  
For my éyes have séen your sálvation \*  
which you have prépared for all nátions,  
the líght to enlighten the Géntiles \*  
and give glóry to Ísrael, your péople.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Save us, Lord, while we are awake;  
protect us while we sleep;  
that we may keep watch with Christ  
and rest with him in peace. Alleluia.

Let us pray.

God our Father,  
as we have celebrated today  
the mystery of the Lord's resurrection,  
grant our humble prayer:  
free us from all harm  
that we may sleep in peace  
and rise in joy to sing your praise.  
Through Christ our Lord.  
Amen.

✠ The Lord grant us a quiet night and a perfect end. Amen.

*The Final Anthem to Our Lady follows:*

### Regina Caeli

Queen of Heaven, rejoice, alleluia!  
for he whom you were worthy to bear, alleluia!  
has risen as he said, alleluia!  
Pray for us to God, alleluia!

*Regína caeli, lætare, allelúia,  
quia quem meruisti portare, allelúia,  
resurrexit sicut dixit, allelúia;  
ora pro nobis Deum, allelúia.*

your right hand holds me fast.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Let anyone who is thirsty  
come and drink the water of life,  
a free gift for those who desire it. Alleluia.

*Psalm-prayer:*

Father, creator of unfailing light, give that same light to those who call to you. May our lips praise you; our lives proclaim your goodness; our work give you honour, and our voices celebrate you for ever. Amen.

#### Canticle - Daniel 3:57-88,56

#### All creatures, bless the Lord

*"Praise our God, all you his servants" (Rev 19:5).*

*Antiphon:* Worship the maker of heaven and earth  
and the sea and every spring of water. Alleluia.

O all you works of the Lord, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, angels of the Lord, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, the heavens of the Lord, O bless the Lord. \*  
And you, clouds of the sky, O bless the Lord.  
And you, all armies of the Lord, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, sun and moon, O bless the Lord. \*  
And you, the stars of the heavens, O bless the Lord.  
And you, showers and rain, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, all you breezes and winds, O bless the Lord. \*  
And you, fire and heat, O bless the Lord.  
And you, cold and heat, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, showers and dew, O bless the Lord. \*  
And you, frosts and cold, O bless the Lord.  
And you, frost and snow, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, night-time and day, O bless the Lord. \*  
And you, darkness and light, O bless the Lord.  
And you, lightning and clouds, O bless the Lord. \*  
To him be highest glory and praise for ever.  
O let the earth bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, mountains and hills, O bless the Lord. \*  
And you, all plants of the earth, O bless the Lord.  
And you, fountains and springs, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, rivers and seas, O bless the Lord. \*  
And you, creatures of the sea, O bless the Lord.  
And you, every bird in the sky, O bless the Lord. †  
And you, wild beasts and tame, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, children of men, O bless the Lord. \*  
To him be highest glory and praise for ever.  
O Israel, bless the Lord, O bless the Lord. \*  
And you, priests of the Lord, O bless the Lord.  
And you, servants of the Lord, O bless the Lord. \*  
To him be highest glory and praise for ever.  
And you, spirits and souls of the just, O bless the Lord. \*  
And you, holy and humble of heart, O bless the Lord.  
Ananias, Azarias, Mizael, O bless the Lord. \*  
To him be highest glory and praise for ever.  
Let us praise the Father, the Son and Holy Spirit: \*  
To you be highest glory and praise for ever.  
May you be blessed, O Lord, in the heavens: \*  
To you be highest glory and praise for ever.

*Antiphon:* Worship the maker of heaven and earth  
and the sea and every spring of water. Alleluia.

**Psalm 149**

**The saints rejoice**

*"The members of the Church, God's new people,  
will rejoice in their king, who is Christ" (Hesychius).*

*Antiphon:* Let the saints rejoice in glory. Alleluia.

Sing a new song to the Lord, \*  
his praise in the assembly of the faithful.  
Let Israel rejoice in its Maker, \*  
let Zion's sons exult in their king.  
Let them praise his name with dancing \*  
and make music with timbrel and harp.  
For the Lord takes delight in his people. \*  
He crowns the poor with salvation.  
Let the faithful rejoice in their glory, \*  
shout for joy and take their rest.  
Let the praise of God be on their lips \*  
and a two-edged sword in their hand,  
to deal out vengeance to the nations \*  
and punishment on all the peoples;  
to bind their kings in chains \*  
and their nobles in fetters of iron;  
to carry out the sentence pre-ordained: \*  
this honour is for all his faithful.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Let the saints rejoice in glory. Alleluia.

*Psalm-prayer:*

Lord Jesus, you came to your own people and gave to all who  
welcomed you power to become children of God. In your merci-  
ful love watch over the Church and through her ministry bring  
salvation to the meek and lowly. May we avoid the snares of the  
impious, and come to rejoice in glory with your saints. Amen.

**Monday 11th May - Psalm 5**

**A morning prayer for help**

*"Those who have received the Word of God which dwells within  
will rejoice for ever."*

*Antiphon:* In you they rejoice,  
those who love your name. Alleluia.

To my words give ear, O Lord, \*  
give heed to my groaning.  
Attend to the sound of my cries, \*  
my King and my God.  
It is you whom I invoke, O Lord. \*  
In the morning you hear me;  
in the morning I offer you my prayer, \*  
watching and waiting.  
You are no God who loves evil; \*  
no sinner is your guest.  
The boastful shall not stand their ground \*  
before your face.  
You hate all who do evil; \*  
you destroy all who lie.  
The deceitful and bloodthirsty man \*  
the Lord detests.  
But I through the greatness of your love \*  
have access to your house.  
I bow down before your holy temple, \*  
filled with awe.  
Lead me, Lord, in your justice, †  
because of those who lie in wait; \*  
make clear your way before me.  
No truth can be found in their mouths, \*

**Hymn**

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.

**Psalm**

**Psalm 91**

**The protection of the Most High**

*"Behold, I have given you power to tread under foot  
both serpents and scorpions" (Lk 10:19).*

*Antiphon:* Alleluia. Alleluia. Alleluia.

He who dwells in the shelter of the Most High \*  
and abides in the shade of the Almighty  
says to the Lord: 'My refuge, \*  
my stronghold, my God in whom I trust!  
It is he who will free you from the snare \*  
of the fowler who seeks to destroy you;  
he will conceal you with his pinions \*  
and under his wings you will find refuge.  
You will not fear the terror of the night \*  
nor the arrow that flies by day,  
nor the plague that prowls in the darkness \*  
nor the scourge that lays waste at noon.  
A thousand may fall at your side, \*  
ten thousand fall at your right,  
you, it will never approach; \*  
his faithfulness is buckler and shield.  
Your eyes have only to look \*  
to see how the wicked are repaid,  
you who have said: 'Lord, my refuge!' \*  
and have made the Most High your dwelling.  
Upon you no evil shall fall, \*  
no plague approach where you dwell.  
For you has he commanded his angels, \*  
to keep you in all your ways  
They shall bear you upon their hands \*  
lest you strike your foot against a stone.  
On the lion and the viper you will tread \*  
and trample the young lion and the dragon.  
Since he clings to me in love, I will free him; \*  
protect him for he knows my name.  
When he calls I shall answer: 'I am with you,' \*  
I will save him in distress and give him glory.  
With length of life I will content him; \*  
I shall let him see my saving power.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

### Concluding Prayer

*Sunday + Monday, Tuesday, & Friday:*

Since it is from you, God our Father, that redemption comes to us, your adopted children, look with favour on the family you love, give true freedom to us and to all who believe in Christ, and bring us all alike to our eternal heritage. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Wednesday - The Feast of Our Lady of Fatima:*

Lord God, give to your people the joy of continual health in mind and body. With the prayers of the Virgin Mary to help us, guide us through the sorrows of this life to eternal happiness in the life to come. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Thursday - The Feast of St Matthias, Apostle:*

Lord God, you chose Saint Matthias by lot to complete the number of the twelve apostles. By his prayer, include us among your chosen ones, since we rejoice to see that the lot marked out for us is your love. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Saturday - First Vespers of Sunday:*

Almighty God, give us the grace of an attentive love to celebrate these days of joy devoted to the honour of the Risen Lord. Teach us to hold fast in our actions to the mystery we recall in worship. Through our Lord Jesus Christ, your Son who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

✠ May the Lord bless us, and keep us from all evil,  
and bring us to everlasting life. Amen.

## NIGHT PRAYERS - COMPLINE

### INTRODUCTION

✠ O God, come to our aid.  
O Lord, make haste to help us.  
Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen. Alleluia.

### Examination of Conscience

*This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.*

their héart is all míschief,  
their thróat a wide-open gráve, \*  
all hóney their spéech  
All thóse you protéct shall be glád \*  
and ring out their jóy.  
You shéltér them; in yóu they rejóice, \*  
those who lóve your náme.  
It is yóu who bless the júst man, Lórd: \*  
you surróund him with fávour as with a shield.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* In you they rejoice,  
those who love your name. Alleluia.

*Psalm-prayer:*

Lord, all justice and all goodness come from you; you hate evil and abhor lies. Lead us, your servants, in the path of your justice, so that all who hope in you may rejoice with the Church and in Christ. Amen.

### Tuesday 12th May - Psalm 33

#### The Lord provides

*"All things were made through him" (Jn 1:3).*

*Antiphon:* The Lord fills the earth with his love. Alleluia.

Ríng out your jóy to the Lórd, O yóu júst; \*  
for praise is fíttíng for lóyál héarts.  
Gíve thánks to the Lórd upon the hárp, \*  
with a tén-stringed lúte síng híng sóngs.  
O síng híng a sóng that is nów, \*  
play lóudly, with áll your skíll.  
For the wórd of the Lórd is fáíthfúl \*  
and áll híng wórks to be trústed.  
The Lórd lóves jústíce and rígh t \*  
and fílls the éarth with híng lóve.  
By híng wórd the héavens were máde, \*  
by the bréath of híng móúth áll the stárs.  
Hé colléct the wáves of the ócean; \*  
hé stóres up the dépths of the séa.  
Lét áll the éarth féar the Lórd \*  
áll who líve in the wórd révere híng.  
Hé spóke; and ít cáme to bé. \*  
Hé commáded; ít spráng ínto béíng.  
Hé frústrátes the desígns of the nátions, \*  
hé deféats the pláns of the péoples.  
Híng ówn desígns shall stánd for éver, \*  
the pláns of híng héart fróm áge to áge.  
They are háppy, whose Gód is the Lórd, \*  
the péople hé has chósen as híng ówn.  
Fróm the héavens the Lórd lóoks fórth, \*  
hé sées áll the chíldren of mén.  
Fróm the pláce where hé dwélls hé gázes \*  
on áll the dwéllers on the éarth;  
hé who shápes the héarts of them áll; \*  
and consíders áll theíng déeds.  
A kíng is not sáved by híng ármý, \*  
nor a wárríor préserved by híng stréngth.  
A váín hópe for sáfety is the hórsé; \*  
despíte íts pówer ít cannot sáve.  
The Lórd lóoks on thóse who révere híng, \*  
on thóse who hópe in híng lóve,  
to réscue theíng sóúls fróm déath, \*  
to kéep them álive in fámine.  
Our sóúls are wáíting for the Lórd. \*  
The Lórd is our hélp and our shíeld.  
In híng dó our héarts fínd jóy. \*  
We trúst in híng hóly náme.  
Má your lóve be upón us, O Lórd, \*  
as we pláce áll our hópe in yóu.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* The Lord fills the earth with his love. Alleluia.

*Psalm-prayer:*

Your Son is the firstborn of creation, Lord, and the head of his  
body, the Church. Through him you founded the heavens and  
earth; through him you continue to accomplish the intentions of  
your heart. Make your chosen people witnesses of your truth  
among the nations and heralds of your glory in the heavens.  
Amen.

**Wednesday 13th May - Feast of Our Lady of Fatima - Psalm 36**  
**The sinner's wickedness; God's goodness**

*"The man who follows me will not walk in darkness,  
but he will have the light of life for his guide" (Jn 8:12).*

*Antiphon:* In you, Lord, is the source of life. Alleluia.

Sín spéaks to the sinner \*  
in the dépths of his héart.  
There is no féar of Gód \*  
befóre his éyes.  
He so flatters himsélf in his mínd \*  
that he knóws not his güilt.  
In his móuth are mischief and decéit. \*  
All wisdom is góne.  
He plóts the deféat of góodness \*  
as he lies on his béd.  
He has sét his fóot on evil wáys, \*  
he clíngs to what is évil.  
Your lóve, Lord, réaches to héaven; \*  
your trúth to the skíes.  
Your jústice is líke God's móuntain, \*  
your júdgements líke the déep.  
To both mán and béast you gíve protéctíon. \*  
O Lórd, how précíous is your lóve.  
My Gód, the sóns of mén \*  
find réfuge in the shélfert of your wíngs.  
They féast on the ríches of your hóuse; \*  
they drínk from the stráem of your delíght.  
In yóu is the sóurce of lífe \*  
and ín your líght we see líght.  
Keep on lóving thóse who knów you, \*  
dóing jústice for úpríght héarts.  
Let the fóot of the próud not crúsh me \*  
nor the hánd of the wícked cast me óut.  
Sée how the évil-doers fáll! \*  
Flung dówn, they shall néver aríse.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* In you, Lord, is the source of life. Alleluia.

*Psalm-prayer:*

Lord God, source of light and life, you make the sun rise and the  
rain fall on good and bad men alike. By the light of your truth  
may the virtuous know your goodness and sinners feel your merc-  
cy, so that together they may drink from your stream of delight.  
Amen.

**Thursday 14th May - Feast of St Matthias, Apostle - Psalm 149**  
**The saints rejoice**

*"The members of the Church, God's new people,  
will rejoice in their king, who is Christ" (Hesychius).*

*Antiphon:* You are my friends  
if you do what I command you,  
says the Lord. Alleluia.

Síng a new sóng to the Lórd, \*

- Victorious king, hear us.

Let Israel recognize in you the Messiah it has longed for;  
fill all men with the knowledge of your glory.

- Victorious king, hear us.

Keep us united in the communion of saints;  
may we find rest with them, when life's work is done.

- Victorious king, hear us.

You have overcome death, the last enemy of man;  
destroy everything in us that is at enmity with God.

- Victorious king, hear us.

Christ, our Saviour, you became obedient to death, but God  
raised you to the heights;

receive our brothers into the kingdom of your glory.

- Victorious king, hear us.

*On Wednesday - The Feast of Our Lady of Fatima:*

Let us praise God the Father who chose Mary as the mother of his  
Son and wanted all generations to call her blessed. With confi-  
dence we pray:

- May the Virgin Mary intercede for us.

Father, you did great things for the Virgin Mary and brought her,  
body and soul, to the glory of heaven;  
fill the hearts of your children with the hope of Christ's glory.

- May the Virgin Mary intercede for us.

Through the prayers of Mary, our mother, heal the sick, comfort  
the sorrowful, pardon sinners;  
grant peace and salvation to all.

- May the Virgin Mary intercede for us.

You favoured Mary with the fullness of grace;  
bestow on all men your overflowing blessings.

- May the Virgin Mary intercede for us.

May your Church be united heart and soul, held fast by love,  
and may your faithful be joined in continuous prayer, with Mary  
the mother of Jesus.

- May the Virgin Mary intercede for us.

*On Thursday - The Feast of St Matthias, Apostle:*

Since we are part of a building that has the apostles for its founda-  
tion, let us pray to the Father for his holy people.

- Lord, remember your Church.

Father, when your Son rose from the dead, you showed him first  
to the apostles;

let us make him known, near and far.

- Lord, remember your Church.

You sent your Son into the world to proclaim the good news to  
the poor:

grant that we may bring his gospel into the darkness of men's  
lives.

- Lord, remember your Church.

You sent your Son to plant in men's hearts the seed of imperisha-  
ble life;

may we labour to sow his word and reap a harvest of joy.

- Lord, remember your Church.

You sent your Son to reconcile the world with yourself by the  
shedding of his blood;

let us become his fellow workers in restoring men to your friend-  
ship.

- Lord, remember your Church

You placed your Son at your own right hand in heaven;  
receive the dead into the happiness of your kingdom.

- Lord, remember your Church.

*To these is added this prayer for those suffering at this time*

O God Almighty, Lord of heaven and earth, and of all creation  
visible and invisible, in thine ineffable goodness, look down upon  
us, thy people gathered in thy Holy Name. Be our helper and  
defender in this day of affliction. Thou knowest our weakness.  
Thou hearest our cry in repentance and contrition of heart. O  
Lord who lovest mankind, deliver us from the impending threat  
of the Corona Virus. Send thine angel to watch over us and pro-  
tect us. Grant health and recovery to those suffering from this



**Canticle - Magnificat**  
*My soul rejoices in the Lord*

*Antiphon:*

*Sunday + Monday & Tuesday, Friday & Saturday:*

‘Lord, let us see the Father  
and then we shall be satisfied.’ Jesus replied:  
‘Have I been with you all this time, Philip,  
and you still do not know me?  
To have seen me is to have seen the Father.’  
Alleluia.

*On Wednesday - Feast of Our Lady of Fatima:*

Blessed are you, Mary,  
because you believed that all those things  
which were said to you by the Lord  
would be fulfilled, alleluia.

*On Thursday - Feast of St Matthias, Apostle:*

You did not choose me: I chose you.  
I appointed you to go on and bear fruit,  
fruit that shall last. Alleluia.

✠ My soul glórífies the Lórd, \*  
my spirit rejóices in Gód, my Sáviour.  
He looks on his sérvant in her lówliness; \*  
henceforth all áges will cáll me bléssed.  
The Almighty works márvels for me. \*  
Hóly his náme!  
His mércy is from age to áge, \*  
on thóse who féar him.  
He púts forth his árm in stréngth \*  
and scátters the proud-héarted.  
He casts the míghty from their thrónes \*  
and ráises the lówly.  
He fills the stárving with good things, \*  
sends the rích away émpty.  
He protects Ísrael, his sérvant, \*  
remémbering his mércy,  
the mércy prómised to our fáthers, \*  
to Ábraham and his sóns for éver.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:*

*Sunday + Monday & Tuesday, Friday & Saturday:*

‘Lord, let us see the Father  
and then we shall be satisfied.’ Jesus replied:  
‘Have I been with you all this time, Philip,  
and you still do not know me?  
To have seen me is to have seen the Father.’  
Alleluia.

*On Wednesday - Feast of Our Lady of Fatima:*

Blessed are you, Mary,  
because you believed that all those things  
which were said to you by the Lord  
would be fulfilled, alleluia.

*On Thursday - Feast of St Matthias, Apostle:*

You did not choose me: I chose you.  
I appointed you to go on and bear fruit,  
fruit that shall last. Alleluia.

**Prayers and intercessions**

*Sunday + Monday, Tuesday, Friday & Saturday:*

Let us pray with joy to Christ the Lord. He rose from the dead  
and is living now to intercede for us.  
– Victorious king, hear us.  
Christ, you are the light of the world and the salvation of nations;  
set us on fire with your Spirit as we proclaim the wonder of your  
resurrection.

his práise in the assémbly of the fáithful.  
Let Ísrael rejóice in its Máker, \*  
let Sion’s sons exúlt in their kíng.  
Let them práise his náme with dáncing \*  
and make músic with tímbrél and hárp.  
For the Lórd takes delight in his péople. \*  
He crówns the póor with salvátion.  
Let the fáithful rejóice in their glóry, \*  
shout for jóy and táke their rést.  
Let the práise of Gód be on their líps \*  
and a twó-edged swórd in their hánd,  
to déál out véngeance to the nátions \*  
and púnishment on áll the péoples;  
to bind their kíngs in cháíns \*  
and their nóbles in fétters of íron;  
to cárry out the séntence pre-ordáined: \*  
this hónour is for áll his fáithful.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* You are my friends  
if you do what I command you,  
says the Lord. Alleluia.

*Psalm-prayer:*

Lord Jesus, you came to your own people and gave to all who  
welcomed you power to become children of God. In your merci-  
ful love watch over the Church and through her ministry bring  
salvation to the meek and lowly. May we avoid the snares of the  
impious, and come to rejoice in glory with your saints. Amen.

**Friday 15th May - Psalm 51**

**God, have mercy on me**

*“You must be made new in mind and spirit,  
and put on the new nature of God’s creating” (Eph 4:23,24).*

*Antiphon:* Remember me, Lord God,  
when you come into your kingdom. Alleluia.

Have mércy on me, Gód, in your kíndness. \*  
In your compásson blot óut my offéncé.  
O wásh me more and móre from my guílt \*  
and cléanse me fróm my sín.  
My offéncés trúly I knów them; \*  
my sín is álwáys befóre me.  
Against yóu, you aláone, have I sinned; \*  
what is évil in your síght I have dóne.  
That you may be jústified whén you gíve séntence \*  
and be withóut repróach when you júdge,  
O sée, in guílt I was bórn, \*  
a sinner was Í concéived.  
Indéed you love trúth in the héart; \*  
then in the sécret of my héart teach me wísdóm.  
O púrfy me, thén I shall be cléan; \*  
O wásh me, I shall be whítter than snów.  
Make me héar rejóicing and gládnness, \*  
that the bónes you have crúshed may revíve.  
From my síns turn awáy your fáce \*  
and blót out áll my guílt.  
A púre heart créate for me, O Gód, \*  
put a stéadfast spírít wíthín me.  
Do not cást me awáy from your présénce, \*  
nor depríve me of your hóly spírít  
Gíve me agáin the jóy of your hélp; \*  
with a spírít of férvour sustáin me,  
that I may téach transgréssors your wáys \*  
and sinners may retúrtn to yóu.  
O réscue me, Gód, my hélpér, \*  
and my tóngue shall ríng out your góodness.  
O Lórd, ópen my líps \*  
and my móuth shall décláre your práise.

For in sacrifice you take no delight, \*  
burnt offering from me you would refuse,  
my sacrifice, a contrite spirit. \*  
A humbled, contrite heart you will not spurn.  
In your goodness, show favour to Zion: \*  
rebuild the walls of Jerusalem.  
Then you will be pleased with lawful sacrifice, \*  
holocausts offered on your altar.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end Amen.

*Antiphon:* Remember me, Lord God,  
when you come into your kingdom. Alleluia.

*Psalm-prayer:*

Father, he who knew no sin was made sin for us, to save us and  
restore us to your friendship. Look upon our contrite heart and  
afflicted spirit and heal our troubled conscience, so that in the joy  
and strength of the Holy Spirit we may proclaim your praise and  
glory before all the nations.

**Saturday 16th May - Psalm 119: 145-152**  
**Meditating the word of the Lord in the Law**  
*"When anyone obeys what he has said,  
God's love comes to perfection in him" (1 John 2:5)*

*Antiphon:* In your love, give me life, O Lord. Alleluia.

I call with all my heart; Lord, hear me, \*  
I will keep your commands.  
I call upon you, save me \*  
and I will do your will.  
I rise before dawn and cry for help, \*  
I hope in your word.  
My eyes watch through the night \*  
to ponder your promise.  
In your love hear my voice, O Lord; \*  
give me life by your decrees.  
Those who harm me unjustly draw near; \*  
they are far from your law.  
But you, O Lord, are close, \*  
your commands are truth.  
Long have I known that your will \*  
is established for ever.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* In your love, give me life, O Lord. Alleluia.

*Psalm-prayer:*

Save us by the power of your hand, Father, for our enemies have  
ignored your words. May the fire of your word consume our sins  
and its brightness illumine our hearts. Amen.

#### Scripture Reading:

Sunday	Revelation 18: 21 - 19: 10
Monday	Revelation 19: 11-21
Tuesday	Revelation 20: 1-15
Wednesday	Revelation 21: 1-18
Thursday	Acts of the Apostles 5: 12-32
Friday	Revelation 22: 1-9
Saturday	Revelation 22: 10-21

#### Short Responsory:

Have mercy on us, Christ, Son of the living God, alleluia, alleluia.  
- Have mercy on us, Christ, Son of the living God, alleluia, alleluia.  
You have risen from the dead.  
- Have mercy on us, Christ, Son of the living God, alleluia, alleluia.  
Glory be to the Father and to the Son and to the Holy Spirit.  
- Have mercy on us, Christ, Son of the living God, alleluia, alleluia .

#### Saturday 9th May - 1st Vespers of Sunday - Psalm 41 Prayer in time of sickness

*"One of you will betray me - one who is eating with me" (Mk 14:18).*

*Antiphon:* Christ made himself poor for our enrichment.  
Alleluia.

Happy the man who considers the poor and the weak. \*  
The Lord will save him in the day of evil,  
will guard him, give him life, make him happy in the land \*  
and will not give him up to the will of his foes.  
The Lord will help him on his bed of pain, \*  
he will bring him back from sickness to health.  
As for me, I said: 'Lord, have mercy on me, \*  
heal my soul for I have sinned against you.'  
My foes are speaking evil against me. \*  
'How long before he dies and his name is forgotten?'  
They come to visit me and speak empty words, \*  
their hearts full of malice, they spread it abroad.  
My enemies whisper together against me. \*  
They all weigh up the evil which is on me.  
'Some deadly thing has fastened upon him, \*  
he will not rise again from where he lies.'  
Thus even my friend, in whom I trusted, \*  
who ate my bread, has turned against me.  
But you, O Lord, have mercy on me. \*  
Let me rise once more and I will repay them.  
By this I shall know that you are my friend, \*  
if my foes do not shout in triumph over me.  
If you uphold me I shall be unharmed \*  
and set in your presence for ever more.  
Blessed be the Lord, the God of Israel \*  
from age to age. Amen. Amen.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Christ made himself poor for our enrichment.  
Alleluia.

*Psalm-prayer:*

Lord Jesus, healer of soul and body, you said: Blessed are the merciful,  
they will obtain mercy. Teach us to come to the aid of the  
needy in a spirit of brotherly love, that we in turn may be received  
and strengthened by you. Amen.

#### Short Reading

Sunday:	Hebrews 10: 12-14
Monday:	Hebrews 8: 1-3
Tuesday:	1 Peter 2: 4-5
Wednesday:	Galatians 4: 4-5
Thursday:	Ephesians 4: 11-13
Friday:	Hebrews 5: 8-10
Saturday:	1 Peter 2: 9-10

#### Short Responsory

The Lord has truly risen, alleluia, alleluia.  
- The Lord has truly risen, alleluia, alleluia.  
He has appeared to Simon.  
- The Lord has truly risen, alleluia, alleluia.  
Glory be to the Father and to the Son and to the Holy Spirit.  
- The Lord has truly risen, alleluia, alleluia .

Church, that after the sorrows of our exile we may come home to you in gladness. Amen.

**Friday 15th May - Psalm 145**  
**The greatness and goodness of God**

*"You, O Lord, are the One  
who was and who is, the Just One" (Rev 16:5)*

*Antiphon:* God so loved the world  
that he gave his only Son. Alleluia.

I will give you glóry, O Gód my King, \*  
I will bléss your náme for éver.  
I will bléss you dáy after dáy \*  
and práise your náme for éver.  
The Lord is gréat, highly to be práised, \*  
his gréatness cánnót be méasured.  
Age to áge shall prócláim your wórks, \*  
shall décláre your mighty déeds,  
shall spéak of your spléndour and glóry, \*  
tell the tále of your wónderful wórks.  
They will spéak of your térrible déeds, \*  
recóunt your gréatness and míght.  
They will recáll your abúndant góodness; \*  
age to áge shall ríng out your jústice.  
The Lord is kínd and fúll of compásson, \*  
slow to ánger, abóunding in lóve.  
How góod is the Lórd to áll, \*  
compássonate to áll his créatures  
All your créatures shall thánk you, O Lórd, \*  
and your friends shall repéat their bléssing.  
They shall spéak of the glóry of your réign \*  
and décláre your míght, O Gód,  
to make knówn to mén your mighty déeds \*  
and the glórious spléndour of your réign.  
Yóurs is an éverlasting kíngdom; \*  
your rúle lasts from áge to áge.  
The Lórd is fáithful in all his wórd \*  
and lóving in áll his déeds.  
The Lórd suppórts all who fáll \*  
and ráises áll who are bowed dówn.  
The éyes of all créatures look to yóu \*  
and you gíve them their fóod in due tíme.  
You ópen wíde your hánd, \*  
grant the desíres of áll who líve.  
The Lord is júst in áll his wáys \*  
and lóving in áll his déeds.  
He is clóse to áll who cáll him, \*  
who cáll on him from their héarts.  
He gránts the desíres of those who féar him, \*  
he héars their crý and he sáves them.  
The Lórd protécts all who lóve him; \*  
but the wícked he will útterly destróy.  
Let me spéak the práise of the Lórd, †  
let all mankind bléss his holy náme \*  
for éver, for áges unénding.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* God so loved the world  
that he gave his only Son. Alleluia.

*Psalm-prayer:*

Lord Jesus Christ, you have revealed to the sons of men the wonders of your love and your Father's faithfulness from all time. Listen to our hymn of joy: we praise you for all the things you have done; give all men bread at the right season, give them food for this life, and the mystery of eternal life .

**Canticle - Benedictus**

The Messiah and the one who was sent before him

*Antiphon:*

*Sunday + Monday & Tuesday, Friday & Saturday:*  
I am the Way, the Truth and the Life.  
No one can come to the Father  
except through me. Alleluia.

*On Wednesday - Feast of Our Lady of Fatima:*  
The door of Paradise was closed to all men  
because of the sin of Eve;  
it has been opened again by the Virgin Mary,  
alleluia.

*On Thursday - Feast of St Matthias, Apostle:*  
One of those who were with us all the time  
that the Lord Jesus was travelling round with us  
must be chosen to act with us  
as a witness to his resurrection. Alleluia.

✠ Bléssed be the Lórd, the Gód of Ísrael! \*  
He has vísited his péople and redéemed them.  
He has ráised úp for ús a míghty sáviour \*  
in the hóuse of Dávid his sérvant,  
as he prómised by the líps of holy mén, \*  
thóse who were his próphets from of óld.  
A sáviour who would frée us from our fóes, \*  
from the hánds of áll who háte us.  
So his lóve for our fáthers is fulfilled \*  
and his hóly covenant remébered.  
He swóre to Ábraham our fáther to gránt us, \*  
that frée from féar, and sáved from the hánds of our fóes,  
we míght sérve him in hóliness and jústice \*  
all the dáys of our lífe in his présence.  
As for yóu, líttle chíld, \*  
you shall be cálléd a próphet of Gód, the Most Hígh.  
You shall go ahéad of the Lórd \*  
to prépare his wáys befóre him,  
To make knówn to his péople their salvátion \*  
through fórgíveness of áll their síns,  
the loving-kíndness of the héart of our Gód \*  
who vísits us líke the dáwn from on hígh.  
He will gíve líght to thóse in dárkness, †  
thóse who dwéll in the shádw of déath, \*  
and gúide us into the wáy of péace.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:*

*Sunday + Monday & Tuesday, Friday & Saturday:*  
I am the Way, the Truth and the Life.  
No one can come to the Father  
except through me. Alleluia.

*On Wednesday - Feast of Our Lady of Fatima:*  
The door of Paradise was closed to all men  
because of the sin of Eve;  
it has been opened again by the Virgin Mary,  
alleluia.

*On Thursday - Feast of St Matthias, Apostle:*  
One of those who were with us all the time  
that the Lord Jesus was travelling round with us  
must be chosen to act with us  
as a witness to his resurrection. Alleluia.

**Prayers and intercessions**

*Sunday + Monday, Tuesday, Friday & Saturday:*

Let us pray to Christ, the author of life. God raised him from the

dead, and he himself will raise us to life by his own power.  
 - Christ, our life, save us.  
 Christ, you are the light that drives out darkness and draws men to holiness;  
 let us make this day a living hymn of praise.  
 - Christ, our life, save us.  
 Lord, you followed the way of suffering, even to the cross;  
 grant that we may die with you and come to life with you.  
 - Christ, our life, save us.  
 Our master and our brother, you have made us a kingdom of priests to serve God our Father;  
 let us offer you with joy the sacrifice of praise.  
 - Christ, our life, save us.  
 King of glory, we look forward to the day of your coming,  
 then we shall see your face and share in your splendour.  
 - Christ, our life, save us .

*On Wednesday - The Feast of Our Lady of Fatima:*

Let us proclaim the greatness of our Saviour who chose to be born of the Virgin Mary. Confident that he will hear us, we ask:  
 - Lord, may your mother pray for us.  
 Sun of justice, you showed your day was dawning in the immaculate Virgin Mary;  
 help us to walk in the daylight of your presence.  
 - Lord, may your mother pray for us.  
 Eternal Word, in the living flesh of Mary you found a dwelling place on earth;  
 remain with us for ever in hearts free from sin.  
 - Lord, may your mother pray for us.  
 Christ, our Saviour, you willed that your mother should be there when you died;  
 through her intercession may we rejoice to share your suffering.  
 - Lord, may your mother pray for us.  
 Loving Saviour, while hanging on the cross, you gave your mother Mary to be the mother of John;  
 let us be known as her children by our way of living.  
 - Lord, may your mother pray for us.

*On Thursday - The Feast of St Matthias, Apostle:*

Since we have received from the apostles our heavenly inheritance, let us thank our Father for all his blessings.  
 - Lord, the apostles sing your praises.  
 Praise to you Lord God, for the gift of Christ's body and blood, handed on by the apostles, to give us strength and life;  
 - Lord, the apostles sing your praises.  
 For the table of your word, served by the apostles, to bring us light and joy;  
 - Lord, the apostles sing your praises.  
 For your holy Church, built on the apostles, to make us all one body;  
 - Lord, the apostles sing your praises.  
 For the washing of baptism and penance, entrusted to the apostles, to cleanse our hearts from sin;  
 - Lord, the apostles sing your praises.

*To these is added this prayer for those suffering at this time*

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

And nów my héad shall be ráised \*  
 above my fóes who surróund me  
 and I shall óffer withín his tént \*  
 a sácrífice of jóy.  
 I will síng and make músic for the Lórd.  
 O Lórd, hear my vóice when I cáll; \*  
 have mércy and ánsWER.  
 Of yóu my héart has spóken: \*  
 'Séek his fáce.'  
 It is your fáce, O Lórd, that I séek; \*  
 híde not your fáce.  
 Dismiss not your sérvant in ánger; \*  
 yóu have been my hélp.  
 Dó not abándon or forsáke me, \*  
 O Gód my hélp!  
 Though fáther and móther forsáke me, \*  
 the Lórd will recéive me.  
 Instrúct me, Lórd, in your wáy; \*  
 on an éven path léad me.  
 When they líe in ámbush protéct me \*  
 from my énémy's gréed.  
 False witnessés rise agáinst me, \*  
 bréathing out fúry.  
 I am síre I shall sée the Lórd's góodness \*  
 in the lánd of the líving.  
 Hope in híim, hold fírm and take héart. \*  
 Hópe in the Lórd!

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

*Antiphon:* God has exalted him at his own right hand as leader and Saviour. Alleluia.

*Psalm-prayer:*

Father, you protect and strengthen those who hope in you; you heard the cry of your Son and kept him safe in your tent in the day of evil. Grant that your servants who seek your face in times of trouble may see your goodness in the land of the living. Amen.

**Thursday 14th May -**

**The Feast of St Matthias, Apostle - Psalm 126  
 Gladness and hope in the Lord**

*"Just as you are sharing in our sufferings,  
 so also will you share our consolations" (2 Cor 1:7).*

*Antiphon:* I am here among you as one who serves. Alleluia.

When the Lórd delivered Sion from bóndage, \*  
 it séemed like a dréam.  
 Thén was our móuth filled with láughter, \*  
 on our líps there were sóngs.  
 The héathens themsélves said: 'What márvels \*  
 the Lórd worked for thém!'  
 What márvels the Lórd worked for ús! \*  
 Índéed we were glád.  
 Deliver us, O Lórd, from our bóndage \*  
 as stréams in dry lánd.  
 Thóse who are sówing in téars \*  
 will síng when they réap.  
 They go óut, they go óut, full of téars, \*  
 carrýing séed for the sówing:  
 they come báck, they come báck, full of sóng, \*  
 carrýing their shéaves.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

*Antiphon:* I am here among you as one who serves. Alleluia.

*Psalm-prayer:*

Lord Jesus, our life and resurrection, the tears you sowed in the sorrow of Good Friday brought the earth to flower on Easter morning. May you renew the wonders of your power in the

Tuesday 12th May - Psalm 20

Prayer for victory

“Whoever calls upon the name of the Lord will be saved” (Acts 2:21).

*Antiphon:* Now our God reigns,  
and power belongs to Christ, his anointed one.  
Alleluia.

May the Lord answer in time of trial; \*  
may the name of Jacob's God protect you.  
May he send you help from his shrine \*  
and give you support from Sion.  
May he remember all your offerings \*  
and receive your sacrifice with favour.  
May he give you your heart's desire \*  
and fulfil every one of your plans.  
May we ring out our joy at your victory †  
and rejoice in the name of our God. \*  
May the Lord grant all your prayers.  
I am sure now that the Lord \*  
will give victory to his anointed,  
will reply from his holy heaven \*  
with the mighty victory of his hand.  
Some trust in chariots or horses, \*  
but we in the name of the Lord.  
They will collapse and fall, \*  
but we shall hold and stand firm.  
Give victory to the king, O Lord, \*  
give answer on the day we call.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Now our God reigns,  
and power belongs to Christ, his anointed one.  
Alleluia.

*Psalm-prayer:*

Lord, you accepted the perfect sacrifice of your Son upon the cross. Hear us during times of trouble and protect us by the power of his name, that we who share his struggle on earth may merit a share in his victory. Amen.

Wednesday 13th May -

The Feast of Our Lady of Fatima - Psalm 27

Keeping faith in time of peril

“Behold, the place where God dwells among men” (Rev 21:3).

*Antiphon:* God has exalted him at his own right hand  
as leader and Saviour. Alleluia.

The Lord is my light and my help; \*  
whom shall I fear?  
The Lord is the stronghold of my life; \*  
before whom shall I shrink?  
When evil-doers draw near \*  
to devour my flesh,  
it is they, my enemies and foes, \*  
who stumble and fall.  
Though an army encamp against me \*  
my heart would not fear.  
Though war break out against me \*  
even then would I trust.  
There is one thing I ask of the Lord, \*  
for this I long,  
to live in the house of the Lord, \*  
all the days of my life,  
to savour the sweetness of the Lord, \*  
to behold his temple.  
For there he keeps me safe in his tent \*  
in the day of evil.  
He hides me in the shelter of his tent, \*  
on a rock he sets me safe.

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil. Amen.

The Concluding Prayer

*Sunday + Monday, Tuesday, Friday & Saturday:*

Since it is from you, God our Father, that redemption comes to us, your adopted children, look with favour on the family you love, give true freedom to us and to all who believe in Christ, and bring us all alike to our eternal heritage. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Wednesday - The Feast of Our Lady of Fatima:*

Lord God, give to your people the joy of continual health in mind and body. With the prayers of the Virgin Mary to help us, guide us through the sorrows of this life to eternal happiness in the life to come. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

*On Thursday - The Feast of St Matthias, Apostle:*

Lord God, you chose Saint Matthias by lot to complete the number of the twelve apostles. By his prayer, include us among your chosen ones, since we rejoice to see that the lot marked out for us is your love. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

The Dismissal

✠ May the Lord bless us, and keep us from all evil,  
and bring us to everlasting life. Amen.

*The Seal & The Trisagion Prayers may be added as an additional devotion, and be concluded with this Final Morning Prayer:*

Holy Lord, who dwell on high and with an all-seeing eye look on the whole of creation, having regard for the humble of heart, we have bowed down body and soul before you. We beseech you, Holy of Holies, to stretch out your unseen hand from your holy dwelling place and bless us all. And if we have sinned in any way, whether voluntarily or involuntarily, forgive us; for you are a good God who loves mankind, who unfailingly grants to us your earthly and heavenly benefits and ceaselessly shows us your mercy and saves us; and to you we ascribe glory, to the Father, and to the Son, and to the Holy Spirit, now and ever and to the ages of ages. Amen.

## MASS READINGS FOR THE SECOND WEEK OF EASTER

*The reading of Holy Scripture forms an important part of the life of Christians. Whilst there are Psalms and readings in the forms of prayer in this booklet it would be beneficial to read the Mass readings set for each day - especially in the knowledge that these are being read or heard by Christians throughout the world on the day we read them. Having read them, please follow the example of Our Lady and 'ponder them in your heart.'*

Sunday	Acts of the Apostles 6: 1-7 Psalm 33 1 Peter 2: 4-9 John 14: 1-12
--------	--

Monday	Acts of the Apostles 14: 5-8 Psalm 112 John 14: 21-26
Tuesday	Acts of the Apostles 14: 19-28 Psalm 145 John 14: 27-31
Wednesday	Isaiah 61: 9-11 Psalm 45 Luke 11: 27-28
Thursday	Acts of the Apostles 1: 15-17, 20-26 Psalm 113 John 15: 9-17
Friday	Acts of the Apostles 15: 22-31 Psalm 57 John 15: 12-17
Saturday	Acts of the Apostles 16: 1-10 Psalm 100 John 15: 18-21

**Canticle - Apocalypse 19  
The wedding of the Lamb**

*Antiphon:* Alleluia. The Lord our God is king:  
let us rejoice and give glory to him. Alleluia.

Alleluia.  
Salvation and glory and power belong to our God, \*  
his judgements are true and just.  
Alleluia.

Alleluia.  
Praise our God, all you his servants, \*  
you who fear him, small and great.  
Alleluia.

Alleluia.  
The Lord our God, the Almighty, reigns, \*  
let us rejoice and exult and give him the glory.  
Alleluia.

Alleluia.  
The marriage of the Lamb has come, \*  
and his bride has made herself ready.  
Alleluia.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Alleluia. The Lord our God is king:  
let us rejoice and give glory to him. Alleluia.

**Monday 11th May - Psalm 11  
The Lord, support of the just**

*“Blessed are those who hunger and thirst for what is right:  
they shall be satisfied” (Mt 5:6).*

*Antiphon:* Courage! The victory is mine:  
I have conquered the world. Alleluia.

In the Lórd I have taken my réfuge. †  
Hów can you sáy to my sóul: \*  
‘Fly like a bírd to its móuntain.  
See the wicked brácing their bów; \*  
they are fixing their árrows on the string  
to shóot upright mén in the dárk. \*  
Foundátions once destróyed, what can the júst do?’  
The Lórd is in his hólý témples, \*  
the Lórd, whose thróne is in héaven.  
His éyes look dówn on the wórld; \*  
his gáze tests mórtal mén.  
The Lórd tests the júst and the wicked; \*  
the lóver of víolence he hátes.  
He sends fire and brímstone on the wicked; \*  
he sends a scórching wind as their lóts.  
The Lórd is júst and loves jústice; \*  
the úpright shall sée his fáce.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Courage! The victory is mine:  
I have conquered the world. Alleluia.

*Psalm-prayer:*  
Lord God, you search the hearts of all, both the good and the wicked. May those who are in danger for love of you, find security in you now, and, in the day of judgement, may they rejoice in seeing you face to face. Amen.

**PRAYERS FOR MIDDAY - SEXT**

**Introduction**

☩ O God, come to our aid.  
O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen. Alleluia.

**Hymn**

Lord God and Maker of all things,  
Creation is upheld by you.  
While all must change and know decay,  
You are unchanging, always new.

You are man’s solace and his shield,  
His Rock secure on which to build.  
You are the spirit’s tranquil home,  
In you alone is hope fulfilled.

To God the Father and the Son  
And Holy Spirit render praise:  
Blest Trinity, from age to age  
The strength of all our living days.

**PSALMS OF THE DAY**

**Psalm 118**

**A cry of rejoicing and triumph**

*“This is the stone which was rejected by you builders,  
but which has become the cornerstone” (Acts 4:11).*

*Antiphon:* Alleluia Alleluia. Alleluia.

Give thánks to the Lórd for he is góod, \*  
for his lóve endures for éver.  
Let the sóns of Ísraél sáy: \*  
‘His lóve endures for éver.’  
Let the sóns of Áaron sáy: \*  
‘His lóve endures for éver.’  
Let thóse who fear the Lórd sáy: \*  
‘His lóve endures for éver.’  
I cálléd to the Lórd in my dístréss; \*  
he ánswered and fréed me.  
The Lórd is at my síde; I do not féar. \*  
What can mán do agáinst me?  
The Lórd is at my síde as my hélper; \*  
I shall look dówn on my fóes.  
It is bétter to take réfuge in the Lórd \*  
than to trúst in mén;  
it is bétter to take réfuge in the Lórd \*

and sits at the right hand of God. Alleluia.

The Lórd's revelátiún to my Máster: †  
'Sit on my right: \*  
your fóes I will pút beneath your féet.'  
The Lórd will wield from Sion †  
your scéptre of pówer: \*  
rúle in the mídst of all your fóes.  
A prínce from the dáy of your bírth †  
on the hólý móuntains; \*  
from the wómb before the dáwn I begót you.  
The Lórd has sworn an óath he will not chángé. †  
'You are a priest for éver, \*  
a priest like Melchizedek of óld.'  
The Máster stánding at your right hand \*  
will shatter kíngs in the dáy of his wráth.  
He shall drink from the stréam by the wáyside \*  
and thérefore he shall líft up his héad.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* The Lord has risen  
and sits at the right hand of God. Alleluia.

*Psalm-prayer:*

Father, we ask you to give us victory and peace. In Jesus Christ,  
our Lord and King, we are already seated at your right hand. We  
look forward to praise you in the fellowship of all your saints in  
our heavenly homeland. Amen.

#### Psalm 114

##### Israel set free from Egypt

*"You, who have renounced this world,  
have also been led forth from Egypt" (St Augustine).*

*Antiphon:* He has freed us from the power of darkness  
and has given us a place  
in the kingdom of his Son. Alleluia.

When Ísrael came fóρθ from Égypt, \*  
Jacob's sóns from an álien péople,  
Júdah becáme the Lórd's témples, \*  
Ísrael becáme his kíngdom.  
The séa fléd at the síght: \*  
the Jórdan turned báck on its cóurse,  
the móuntains léapt like ráms \*  
and the hills like yéarling shéep.  
Whý was it, séa, that you fléd, \*  
that you túrned back, Jórdan, on your cóurse?  
Móuntains, that you léapt like ráms; \*  
hills, like yéarling shéep?  
Trémble, O éarth, before the Lórd, \*  
in the présence of the Gód of Jácob,  
who túrns the róck into a póol \*  
and flínt into a spring of wáter.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* He has freed us from the power of darkness  
and has given us a place  
in the kingdom of his Son. Alleluia.

*Psalm-prayer:*

Almighty God, ever-living mystery of unity and Trinity,  
you gave life to the new Israel by birth from water and the Spirit,  
and made it a chosen race, a royal priesthood,  
a people set apart as your eternal possession.  
May all those you have called to walk  
in the splendour of the new light  
render you fitting service and adoration. Amen.

than to trúst in prínces.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

#### Psalm 118

The nátiún all encómpassed me; \*  
in the Lórd's name I crúshed them.  
They cómpassed me, cómpassed me abóut; \*  
in the Lórd's name I crúshed them.  
They cómpassed me abóut like bées; †  
they blázed like a fire among thórns. \*  
In the Lórd's name I crúshed them.  
I was hárd-préssed and was fálling, \*  
but the Lórd came to hélp me.  
The Lórd is my stréngth and my sóng; \*  
hé is my sáviour.  
There are shóuts of jóy and víctory \*  
in the ténts of the júst.  
The Lórd's right hánd has tríumphed; †  
his right hand ráised me. \*  
The Lórd's right hánd has tríumphed;  
I shall not díe, I shall líve \*  
and recóunt his déeds.  
I was púnished, I was púnished by the Lórd, \*  
but nótdoomed to díe.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

#### Psalm 118

Ópen to mé the gates of hóliness: \*  
I will énter and give thánks.  
This is the Lórd's ówn gáte \*  
where the júst may énter.  
I will thánk you for yóu have ánswered \*  
and yóu are my sáviour.  
The stóne which the búilders rejécted \*  
has becóme the córner stone.  
This is the wórk of the Lórd, \*  
a márvel in our éyes  
This day was máde by the Lórd; \*  
we rejóice and are glád.  
O Lórd, gránt us salvátiún; \*  
O Lórd, grant succéss.  
Bléssed in the náme of the Lórd \*  
is hé who cómes.  
We bléss you from the hóuse of the Lórd; \*  
the Lord Gód is our líght.  
Go fórwárd in procéssion with bránches \*  
éven to the áltar.  
Yóu are my Gód, I thánk you. \*  
My Gód, I práise you  
Give thánks to the Lórd for he is góod; \*  
for his lóve endures for éver.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen.

*Antiphon:* Alleluia Alleluia. Alleluia.

*Psalm-prayer:*

Lord God, you have given us the great day of rejoicing: Jesus  
Christ, the stone rejected by the builders, has become the corner-  
stone of the Church, our spiritual home. Shed upon your Church  
the rays of your glory, that she may be seen as the gate of salvation  
open to all nations. Let cries of joy and exultation ring out from  
her tents, to celebrate the wonder of Christ's resurrection. Amen.

## Short Reading

Sunday: Ephesians 2: 4-6  
Monday: Colossians 2: 9, 12  
Tuesday: 1 Peter 3: 21-22  
Wednesday: 1 John 5: 5-6  
Thursday: Acts of the Apostles 5: 12,14  
Friday: Galatians 3: 27-28  
Saturday: 1 Corinthians 15: 20-22

Ÿ. The disciples rejoiced, alleluia.  
Ř. When they saw the Lord, alleluia.

*On each day continue the prayers at Midday with:*

### The Great Litany

In peace let us pray to the Lord.

Lord, have mercy.

For the peace from above, and the salvation of our souls,  
let us pray to the Lord.

Lord, have mercy.

For the peace of the whole world, the good estate of the holy churches of God, and the union of all, let us pray to the Lord.

Lord, have mercy.

For this holy temple, and for them that with faith, reverence, and fear of God enter herein, let us pray to the Lord.

Lord, have mercy.

That He may deliver His people from enemies both visible and invisible, and confirm in us oneness of mind, brotherly love, and piety, let us pray to the Lord.

Lord, have mercy.

For this land, its authorities, and Armed Forces,  
let us pray to the Lord.

Lord, have mercy.

Deacon: For this city (or town, or holy monastery),  
every city and country and the faithful that dwell therein,  
let us pray to the Lord.

Lord, have mercy.

For seasonable weather, abundance of the fruits of the earth,  
and peaceful times, let us pray to the Lord.

Lord, have mercy.

For travellers by sea, land, and air; for the sick, the suffering; the imprisoned and for their salvation, let us pray to the Lord.

Lord, have mercy.

That we may be delivered from all tribulation, wrath,  
and necessity, let us pray to the Lord.

Lord, have mercy.

Help us, save us, have mercy on us,  
and keep us, O God, by Thy grace.

Lord, have mercy.

Calling to remembrance our most holy, most pure, most blessed,  
glorious Lady Mother of God and Ever-Virgin Mary, with all the  
Saints, let us commit ourselves and one another, and all our life  
unto Christ our God.

We Commit Ourselves To Thee O Lord

*To these is added this prayer for those suffering at this time*

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and

sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

*The 'Lord's Prayer' follows:*

Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil. Amen.

### The Concluding Prayer

Let us pray.

Since it is from you, God our Father, that redemption comes to us, your adopted children, look with favour on the family you love, give true freedom to us and to all who believe in Christ, and bring us all alike to our eternal heritage. Through Christ our Lord. Amen.

Let us praise the Lord.

Thanks be to God.

## EVENING PRAYERS AT DUSK - VESPERS

✠ O God, come to our aid.

*O Lord, make haste to help us.*

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end. Amen. Alleluia.

*The following hymn is sung, or another appropriate for Easter may be sung*

The Lamb's high banquet we await,  
In snow-white robes of royal state;  
And now, the Red Sea's channel past,  
To Christ our Prince we sing at last.

Upon the altar of the Cross  
His body hath redeemed our loss;  
And tasting of his scarlet blood,  
Our life is hid with him in God.

Now Christ our paschal Lamb is slain,  
The Lamb of God that knows no stain,  
The true oblation offered here,  
Our own unleavened bread sincere.

O thou, from whom hell's monarch flies,  
O great, O very Sacrifice,  
Thy captive people are set free,  
And endless life restored in thee.

To thee who, dead, again dost live,  
All glory, Lord, thy people give:  
All glory, as is ever meet,  
To Father and to Paraclete.

### The Psalms:

*Two Psalms with a Canticle are said on Sunday -  
one Psalm on subsequent weekdays*

**Sunday 10th May - Psalm 110  
The Messiah, king and priest**

*"He must be king so that he may put all his enemies under his feet"  
(1 Cor 15:25).*

*Antiphon:* The Lord has risen