

## THE FATIMA PRAYERS

The *Fátima prayers* are a collection of five prayers, recognised by the Church, associated with the Marian apparitions at Fátima, Portugal in 1917. The first two were taught to the three children who witnessed the apparitions by the Angel of Peace, who appeared to them in 1916. The next three were taught to the children by Our Lady of Fátima who appeared to the shepherd children between May and October 1917.

My God, I believe, I adore, I hope and I love You! I ask pardon of You for those who do not believe, do not adore, do not hope and do not love You. (*Recited three times*)

Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly, and I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He Himself is offended. And, by the infinite merits of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg the conversion of poor sinners. Amen.

The prayers above are traditionally recited daily.

On May 13, 1917, as Our Lady bathed the children in light and as they were "moved by an interior impulse that was ... communicated to [them]", they said this prayer.

O most Holy Trinity, I adore You! My God, my God, I love You in the most Blessed Sacrament!

On June 13th, 1917, Our Lady said to the children "Sacrifice yourselves for sinners, and say [this prayer] many times, especially whenever you make some sacrifice"

O Jesus, it is for love of You, for the conversion of sinners, and in reparation for the sins committed against the Immaculate Heart of Mary.

Of the approved Fátima prayers the next one is the most well-known, often being referred to simply as the "Fatima Prayer". On that same day (June 13th 1917), Our Lady taught the children to say this prayer after each decade of the Rosary. Our Lady encouraged the children to continue to pray the Rosary every day.

O my Jesus, forgive us our sins, save us from the fires of hell and lead all souls to Heaven, especially those who most need thy mercy.





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