

## DAILY PRAYER

Personal Prayer for use during the COVID-19
Pandemic whilst at Home

# DIVINE MERCY SUNDAY 19th April AD 2020



For the sake of
His sorrowful Passion,
have mercy on us
and on the whole world

Can daily prayers change your life? Absolutely! You can develop a fuller relationship with God and live a better life through prayer. You have a better chance at finding fulfilment, from daily prayers than from the many distractions bombarding us these days!

Think of all the promises we hear on TV and elsewhere: you'll find happiness if you buy this car, this book, this exercise bike, or this pill (after checking with your doctor first on that last one)! Yet many times our souls feel as empty as our wallets or purses afterwards.

Developing a good prayer life can really change you for the better. Praying can become a most satisfying routine in many ways. It might not be an easy habit to start at first, but it's definitely one you won't want to break! Daily prayers can give you a sense of peace and purpose.

Prayer has often been called "the raising up of the mind and heart to God". We engage in a literally divine conversation with Him. You get a wonderful opportunity from prayer to strengthen and deepen your relationship with our Creator and with your fellow human beings by praying for their needs as well as your own.

'Those who have truly decided to serve the Lord God should practice the remembrance of God and uninterrupted prayer to Jesus Christ, mentally saying: "Lord Jesus Christ, Son of God, have mercy on me a sinner." (St. Seraphim of Sarov)

#### THE SEAL

Through the prayers of our holy Fathers and Mothers, Lord Jesus Christ our God, have mercy on us and save us.

#### TRISAGION PRAYERS

O Heavenly King, the Paraclete, the Spirit of Truth, who are present everywhere, filling all things, Treasury of Good and Giver of Life, come and dwell in us, cleanse us of every stain, and save our souls, O Good One.

- ⚠ Holy God, Holy Mighty, Holy Immortal have mercy on us. (three times)
- Glory be to the Father, and to the Son, and to the Holy Spirit. Now and ever and to the ages of ages. Amen.

All-Holy Trinity, have mercy on us. Lord forgive us our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for your name's sake.

Kyrie eleison, Kyrie eleison.

**☼** Glory be to the Father, and to the Son, and to the Holy Spirit. Now and ever and to the ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread;

and forgive us our trespasses as we forgive those who trespass against us;

and lead us not into temptation, but deliver us from evil. (for Yours is the kingdom and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever and to the ages of ages.) 

Amen.

Kyrie eleison, Kyrie eleison, Kyrie eleison. Kyrie eleison, Kyrie eleison, Kyrie eleison.

⚠ Glory be to the Father, and to the Son, and to the Holy Spirit. Now and ever and to the ages of ages. Amen.

hast sent thine Only-begotten Son our Lord Jesus Christ to heal all our ailments and deliver us from death: do thou visit and heal thy servant *N*., granting *him/her* release from pain and restoration to health and vigour, that *he/she* may give thanks unto thee and bless thy holy Name, of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages. Amen.

#### A Prayer for the Dead

Into thy hands, O Lord, I commend the souls of thy servants, NN., and beseech thee to grant them rest in the place of thy rest, where all thy blessed Saints repose, and where the light of thy countenance shineth forever. And I beseech thee also to grant that our present lives may be godly, sober, and blameless, that, we too may be made worthy to enter into thy heavenly Kingdom with those we love but see no longer: for thou art the Resurrection, and the Life, and the Repose of thy departed servants, O Christ our God, and unto thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen

#### A General Intercession

O Lord Jesus Christ our God, who in thy mercy and lovingkindness dost regard the prayers of all who call upon thee with their whole heart, incline thine ear and hear my prayer, now humbly offered unto thee:

Be mindful, O Lord, of thy One, Holy Catholic and Apostolic Church; confirm and strengthen it, increase it and keep it in peace, and preserve it unconquerable forever;

Be mindful, O Lord, of our Bishop *Jonathan*, and of every Bishop of the Church: of Priests and Deacons, the Religious, and Lay Ministers of thy Church, which thou has established to feed the flock of the Word: and by their prayers have mercy upon me and save me, a sinner.

Be mindful, O Lord, of all civil Authorities, of our Armed Forces, of this city in which we dwell, and of every city and land; grant us peaceful times, that we may lead a calm and tranquil life in all godliness and sanctity.

Be mindful, O Lord, of my parents, my brothers and sisters, my relatives and friends, and all who are near and dear to me, (name those whom you wish to remember), and grant them mercy, life, peace, health, salvation and visitation, and pardon and remission of sins; that they may evermore praise and glorify thy holy Name.

Be mindful, O Lord, of those who travel by land, and sea, and air; of the young and the old; orphans and widows; the sick and the suffering, the sorrowing and the afflicted, all captives, and the needy poor; upon them all send forth thy mercies, for thou art the Giver of all good things.

Be mindful, O Lord, of me, thy humble servant; grant me thy grace, that I may be diligent and faithful; that I may avoid evil company and influence, and resist all temptation; that I may lead a godly and righteous life, blameless and peaceful, ever serving thee, that I may be accounted worthy at the last to enter into the Kingdom of Heaven.

Be mindful, O Lord, of all those who have fallen asleep in the hope of resurrection unto life eternal, especially *N.*, *NN*.; pardon all their transgressions both voluntary and involuntary, whether in word, or deed, or thought. Shelter them in a place of brightness, a place of verdure, a place of repose, whence all sickness, sorrow and sighing have fled away, and where the sight of thy countenance rejoiceth all thy Saints from all the ages. Grant them thy heavenly Kingdom, and a portion in thine ineffable and eternal blessings, and the enjoyment of thine unending Life.

Hear my prayer, O Lord, for thou art merciful and compassionate, and lovest mankind, and to thee are due all glory, honour, and worship: to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.

#### A Prayer in Time of Trouble

O God, our help and assistance, who art just and merciful, and who heareth the supplications of thy people; look down upon me, a miserable sinner, have mercy upon me, and deliver me from this trouble that besets me, for which, I know, I am deservedly suffering. I acknowledge and believe, O Lord, that all trials of this life are given by Thee for our chastisement, when we drift away from thee, and disobey thy commandments; deal not with me after my sins, but according to thy bountiful mercies, for I am the work of Thy hands, and thou knowest my weakness. Grant me, I beseech thee, thy divine helping grace, and endow me with patience and strength to endure my tribulations with complete submission to Thy Will. Thou knowest my misery and suffering and to Thee, my only hope and refuge, I flee for relief and comfort; trusting to thine infinite love and compassion that in due time, when thou knowest best, thou wilt deliver me from this trouble, and turn my distress into comfort, when I shall rejoice in thy mercy, and exalt and praise thy Holy Name, O Father, Son, and Holy Spirit: now and ever, and unto ages of ages. Amen.

#### Thanksgiving After Deliverance From Trouble

Almighty and merciful God, I most humbly and heartily thank thy divine majesty for thy loving kindness and tender mercies, that thou hast heard my humble prayer, and graciously vouch-safed to deliver me from my trouble and misery. Grant me, I beseech thee, thy helping grace, that I may obediently walk in thy holy commandments, and lead a sober, righteous and godly life, ever remembering thy mercies, and the blessings thou hast undeservedly bestowed upon me, that I may continually offer to thee the sacrifice of praise and thanksgiving, O Father, Son, and Holy Spirit.

#### A Prayer of a Sick Person

O Lord Jesus Christ, our Saviour, Physician of souls and bodies, who didst become man and suffer death on the Cross for our salvation, and through thy tender love and compassion didst heal all manner of sickness and affliction; do thou O Lord, visit me in my suffering, and grant me grace and strength to bear this sickness with which I am afflicted, with Christian patience and submission to thy will, trusting in thy loving kindness and tender mercy. Bless, I pray thee, the means used for my recovery, and those who administer them. I know O Lord, that I justly deserve any punishment thou mayest inflict upon me for I have so often offended thee and sinned against thee, in thought, word and deed. Therefore, I humbly pray thee, look upon my weakness, and deal not with me after my sins, but according to the multitude of thy mercies. Have compassion on me, and let mercy and justice meet; and deliver me from this sickness and suffering I am undergoing. Grant that my sickness may be the means of my true repentance and amendment of my life according to thy will, that I may spend the rest of my days in thy love and fear: that my soul, being helped by thy grace and sanctified by thy Holy Mysteries, may be prepared for its passage to the Eternal Life, and there, in the company of thy blessed Saints, may praise and glorify thee with thy Eternal Father and Life-giving Spirit. Amen.

#### Thanksgiving After Recovery from Sickness

Almighty God, our heavenly Father, Source of life and Fountain of all good things, I bless thy Holy Name, and offer to thee most hearty thanks for having delivered me from my sickness and restored me to health. Grant me thy continuing grace, I pray thee, that I may keep my good resolutions and correct the errors of my past life, and improve in virtue, and live a new life in dutiful fear of thee, doing thy will in all things, and devoting this new life which thou has given me to thy service: that thus living for thee, I may be found ready when it pleaseth thee to call me to thee, O heavenly Father, to whom with thine Only-begotten Son, our Lord Jesus Christ, and thine all-holy and Life-giving Spirit, is due all honor, praise, glory, and thanksgiving: now and ever, and unto ages of ages. Amen.

#### A Prayer for the Sick

O holy Father, heavenly Physician of our souls and bodies, who

#### THE ANGELUS

Traditionally in the morning, at noon, and in the evening in memory of the Incarnation of God, and the faithful say the following prayers, except during Eastertide, when the Regina coeli is said.

- V/. The Angel of the Lord brought tidings to Mary,
- R/. And she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee, Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

- V. Behold the handmaid of the Lord;
- R. Be it unto me according to thy word. Hail, Mary . . .
- V. And the Word was made flesh,
- R. And dwelt among us. Hail, Mary . . .
- V. Pray for us, O holy Mother of God.
- R. That we may be made worthy of the promises of Christ.

#### Let us pray:

We beseech thee, O Lord, to pour thy grace into our hearts; that as we have known the incarnation of thy Son Jesus Christ by the message of an angel, so by his **2** cross and passion we may be brought unto the glory of his resurrection. Through the same Christ our Lord. Amen.

# PRAYER IN THE MORNING - LAUDS

N.B. The Solemnity of Easter, like Christmas, is observed with an Octave (eight days). This means that each day is Easter Day. Therefore the Offices of Lauds, Vespers and Compline are exactly the same each day. I have suggested replacing Midday Prayer (Sext) with the 'Litany for the Mission of the Church' and some additional prayers.

#### The Invitatory

V/. ■ Lord, open our lips

R/. And we shall praise your name

Psalm 95 - said daily

#### Antiphon:

Sunday + Monday, Wednesday & Friday: The Lord has truly risen, alleluia.

On Tuesday - the Memoria of St Anselm:

The Lord is the source of all wisdom:
come, let us adore him, alleluia.

On Thursday - The Solemnity of St George, Patron of England: The Lord is the king of martyrs: come, let us adore him, alleluia.

On Saturday - The Feast of St Mark, Evangelist:

The Lord is speaking to us in the gospel:
come, let us adore him, alleluia.

Come, ríng out our jóy to the Lórd; \* háil the Gód who sáves us.

Let us cóme before him, gíving thánks, \* with sóngs let us háil the Lórd.

míghty Gód is the Lórd, \* a gréat king abóve all góds.

In his hánd are the dépths of the éarth; \* the héights of the móuntains are hís.

To hím belongs the séa, for he máde it \* and the drý land sháped by his hánds.

Come ín; let us bów and bend lów; \*

let us knéel before the Gód who máde us: for hé is our Gód and wé † the péople who belóng to his pásture, \* the flóck that is léd by his hánd.

O that todáy you would lísten to his vóice! † 'Hárden not your héarts as at Meríbah, \* as on that dáy at Mássah in the désert when your fáthers pút me to the tést; \* when they tríed me, thóugh they saw my wórk. For forty yéars I was wéaried of these péople † and I sáid: "Their héarts are astráy, \* these péople do not knów my wáys."

Thén I took an óath in my ánger: \* "Néver shall they énter my rést."

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

#### Antiphon:

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The Lord is speaking to us in the gospel:
come, let us adore him, alleluia

The following hymn is sung, or another appropriate for Easter may be sung

Light's glittering morn bedecks the sky, Heav'n thunders forth its victor cry: The glad earth shouts her triumph high, And groaning hell makes wild reply.

While he, the King of sovereign might, Treads down death's strength in death's despite, And trampling hell by victor's right, Brings forth his sleeping saints to light.

Fast barred beneath the stone of late, In watch and ward where soldiers wait, Now shining in triumphant state, He rises victor from death's gate.

Hell's pains are loosed and tears are fled: Captivity is captive led: The angel, crowned with light, hath said: 'The Lord is risen from the dead.'

Author of all, be thou our guide In this our joy of Eastertide; Whene'er assaults of death impend, Thy people strengthen and defend.

To thee who, dead, again dost live, All glory, Lord, thy people give: All glory, as is ever meet, To Father and to Paraclete.



#### A Prayer to Your Guardian Angel

O Angel of Christ, holy guardian and protector of my soul and body, forgive me everything wherein I have offended thee every day of my life, and protect me from all influence and temptation of the evil one. May I nevermore anger God by any sin. Pray for me to the Lord, that He may make me worthy of the grace of the All-holy Trinity, and of the Most Blessed Virgin Mary, and of all the Saints. Amen.

#### Prayers at the Table

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen. Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages. Amen.

Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.

Lord, have mercy. (Thrice)

Then

O Christ our God, bless the food and drink of thy servants, for thou art Holy always; now and ever, and unto ages of ages. Amen.

They that hunger shall eat and be satisfied, they that seek after the Lord shall praise him; their hearts shall live forever. Amen.

O

Bless us, O Lord, and these thy gifts of which we are about to partake, for thou art blessed and glorified; now and ever, and unto ages of ages. Amen.

#### After Meals

Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.

Lord, have mercy. (Thrice)

Then

Blessed is God, who is merciful unto us and nourisheth us from His bounteous gifts by His Grace and compassion, always, now and ever, and unto ages of ages. Amen.

Or

We thank thee, O Christ our God, that thou hast satisfied us with thy earthly gifts, deprive us not of thy Heavenly Kingdom; but as thou entered into the midst of thy disciples, O Saviour, and gave them peace, enter also among us and save us. Amen.

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We thank thee, O God, the Giver of all good things, for these gifts and all thy mercies, and we bless thy Holy Name, always, now and ever, and unto ages of ages. Amen.

#### A Prayer of Repentance

O Lord our God, good and merciful, I acknowledge all my sins which I have committed every day of my life, in thought, word and deed; in body and soul alike. I am heartily sorry that I have ever offended thee, and I sincerely repent; with tears I humbly pray thee, O Lord: of thy mercy forgive me all my past transgressions and absolve me from them. I firmly resolve, with the help of Thy Grace, to amend my way of life and to sin no more; that I may walk in the way of the righteous and offer praise and glory to the Name of the Father, Son, and Holy Spirit. Amen.

#### Prayer Before a Journey

O Lord Jesus Christ our God, the true and living way, be thou, O Master, my companion, guide and guardian during my journey; deliver and protect me from all danger, misfortune and temptation; that being so defended by Thy divine power, I may have a peaceful and successful journey and arrive safely at my destination. For in thee I put my trust and hope, and to thee, together with thy Eternal Father, and the All-holy Spirit, I ascribe all praise, honour and glory: now and ever, and unto ages of ages. Amen.

#### **Short Reading**

They will see the Lord face to face, and his name will be written on their foreheads. It will never be night again and they will not need lamplight or sunlight, because the Lord God will be shining on them. They will reign for ever and ever.

#### **Short Responsory**

This is the day which was made by the Lord: let us rejoice and be glad, alleluia.

#### Canticle - Nunc Dimittis

Christ is the light of the nations and the glory of Israel

Antiphon: Save us, Lord, while we are awake;

protect us while we sleep;

that we may keep watch with Christ and rest with him in peace. Alleluia.

■ At lást, all-pówerful Máster, † you give léave to your sérvant ' to go in péace, accórding to your prómise. For my éyes have séen your sálvation ' which you have prepared for all nations, the light to enlighten the Géntiles ' and give glóry to Ísrael, your péople.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Save us, Lord, while we are awake;

protect us while we sleep;

that we may keep watch with Christ and rest with him in peace. Alleluia.

Let us pray.

God our Father, as we have celebrated today the mystery of the Lord's resurrection, grant our humble prayer: free us from all harm that we may sleep in peace and rise in joy to sing your praise. Through Christ our Lord. Amen.

■ The Lord grant us a quiet night and a perfect end. Amen.

The Final Anthem to Our Lady follows:

#### Regina Caeli

Queen of Heaven, rejoice, alleluia! for he whom you were worthy to bear, alleluia! has risen as he said, alleluia! Pray for us to God, alleluia!

Regina cæli, lætare, allelúia, quia quem meruísti portáre, allelúia, resurréxit sicut dixit, allelúia; ora pro nobis Deum, allelúia.

#### OCCASIONAL PRAYERS

#### Prayer on Entering the Church

I will come into thy house in the multitude of thy mercy: and in thy fear I will worship toward thy holy temple. Lead me, O Lord, in thy righteousness because of mine enemies; make thy way straight before me, that with a clear mind I may glorify thee forever, One Divine Power worshipped in three persons: Father, Son, and Holy Spirit. Amen.

#### Prayer on Leaving a Church

Lord, now lettest thou thy servant depart in peace, according to thy word: for mine eyes have seen thy salvation, which thou hast prepared before the face of all people; a light to lighten the Gentiles, and the glory of thy people Israel.

#### The "Jesus" Prayer

O Lord Jesus Christ, Son of God, have mercy on me, a sinner.

Two Psalms with a Canticle are said on Sunday one Psalm on subsequent weekdays

#### Sunday 19th April - Psalm 63 Thirsting for God

"Let the man who has put away the deeds of the night watch for God."

Antiphon: Christ has risen: he is the light of his people, whom he has redeemed with his blood Alleluia.

O Gód, you are my Gód, for you I lóng; \* for you my soul is thirsting. My bódy pínes for yóu \* like a drý, weary lánd without wáter. So I gáze on you in the sánctuary ' to sée your stréngth and your glóry. For your lóve is bétter than lífe, my líps will spéak your práise. So I will bléss you áll my lífe, in your name I will lift up my hands. My soul shall be filled as with a bánquet, \* my móuth shall práise you with jóy. On my béd I remémber you. \* On you I múse through the níght for you have been my help; \* in the shádow of your wings I rejóice.

My sóul clíngs to yóu; \* your right hand hólds me fást.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Christ has risen: he is the light of his people,

whom he has redeemed with his blood. Alleluia.

#### Canticle - Daniel 3: 57-88,56 All creatures, bless the Lord

"Praise our God, all you his servants" (Rev 19:5).

Christ, our Redeemer, has risen from the tomb: Antiphon:

let us sing a hymn to the Lord, our God. Alleluia.

O all you works of the Lord, O bless the Lord. \*

To him be highest glory and praise for ever. And you, angels of the Lord, O bless the Lord. '

To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord. \*

And you, clouds of the sky, O bless the Lord.

And you, all armies of the Lord, O bless the Lord. \*

To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord. \*

And you, the stars of the heavens, O bless the Lord.

And you, showers and rain, O bless the Lord. \*

To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord. \*

And you, fire and heat, O bless the Lord.

And you, cold and heat, O bless the Lord. '

To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord. \*

And you, frosts and cold, O bless the Lord.

And you, frost and snow, O bless the Lord. \*

To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord. \*

And you, darkness and light, O bless the Lord.

And you, lightning and clouds, O bless the Lord. \*

To him be highest glory and praise for ever.

O let the earth bless the Lord. '

To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord. \*

And you, all plants of the earth, O bless the Lord. And you, fountains and springs, O bless the Lord. '

To him be highest glory and praise for ever.

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#### The Psalms

And you, rivers and seas, O bless the Lord. \*
And you, creatures of the sea, O bless the Lord.
And you, every bird in the sky, O bless the Lord. †
And you, wild beasts and tame, O bless the Lord. \*
To him be highest glory and praise for ever.
And you, children of men, O bless the Lord. \*
To him be highest glory and praise for ever.
O Israel, bless the Lord, O bless the Lord. \*
And you, priests of the Lord, O bless the Lord. \*
And you, servants of the Lord, O bless the Lord. \*
To him be highest glory and praise for ever.
And you, spirits and souls of the just, O bless the Lord. \*
And you, holy and humble of heart, O bless the Lord.
Ananias, Azarias, Mizael, O bless the Lord. \*
To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit: \*
To you be highest glory and praise for ever.
May you be blessed, O Lord, in the heavens: \*
To you be highest glory and praise for ever.

Antiphon: Christ, our Redeemer, has risen from the tomb: let us sing a hymn to the Lord, our God. Alleluia.

## Psalm 149 The saints rejoice

"The members of the Church, God's new people, will rejoice in their king, who is Christ" (Hesychius).

Antiphon: Alleluia The Lord has risen, as he promised.

Alleluia.

Síng a new sóng to the Lórd, \* his práise in the assémbly of the fáithful. Let Ísrael rejóice in its Máker, \* let Síon's sons exúlt in their kíng. Let them práise his náme with dáncing \* and make músic with tímbrel and hárp. For the Lórd takes delight in his péople. \* He crówns the póor with salvátion. Let the faithful rejoice in their glory, \* shout for joy and take their rest. Let the práise of Gód be on their líps \* and a twó-edged swórd in their hánd, to déal out véngeance to the nátions ' and púnishment on áll the péoples; to bínd their kíngs in cháins \* and their nóbles in fétters of íron; to carry out the séntence pre-ordained: \* this hónour is for áll his fáithful.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Alleluia The Lord has risen, as he promised.

Alleluia.

#### Monday 20th April - Psalm 19 Praise of God the creator

"The Rising Sun has come to visit us to guide our feet in the way of peace" (Luke 1: 78,79).

Antiphon: The glory of God will illumine the city;

the Lamb will be its light, alleluia.

The héavens procláim the glóry of Gód, \* and the firmament shows fórth the wórk of his hánds. Dáy unto dáy tákes up the stóry \* and níght unto níght makes knówn the méssage. No spéech, no wórd, no vóice is héard † yet their spán exténds through áll the éarth, \* their wórds to the útmost bóunds of the wórld. Thére he has pláced a tént for the sún; †

Our great Creator and our Guide, Who times and seasons dost divide, Refresh at night with quiet rest, Our limbs by daily toil oppressed.

We pray thee, while we dwell below, Preserve us from our ghostly foe; Nor let his wiles victorious be O'er them that are redeemed by thee.

That while in this frail house of clay A little longer here we stay, Our flesh in thee may sweetly sleep, Our souls with thee their vigils keep.

All praise be thine, O risen Lord, From death to endless life restored; All praise to God the Father be, And Holy Ghost eternally.

#### Psalm

Psalm 91

The protection of the Most High
"Behold, I have given you power
to tread under foot both serpents and scorpions" (Lk 10:19).

Antiphon: Alleluia. Alleluia. Alleluia.

He who dwells in the shelter of the Most High \* and abídes in the sháde of the Almíghty sávs to the Lórd: 'My réfuge, ' my strónghold, my Gód in whom I trúst!' It is hé who will frée you from the snáre \* of the fówler who séeks to destróy you; hé will concéal you with his pínions \* and under his wings you will find refuge. You will not féar the térror of the night \* nor the arrow that flies by day, nor the plágue that prówls in the dárkness \* nor the scourge that lays waste at noon. A thousand may fall at your side, \* tén thousand fáll at your ríght, yóu, it will néver appróach; \* his fáithfulness is búckler and shíeld. Your éves have only to look ' to sée how the wicked are repáid, yóu who have said: 'Lórd, my réfuge!' \* and have made the Most High your dwelling. Upon yóu no évil shall fáll, \* no plágue appróach where you dwéll. For you has he commanded his angels, \* to kéep you in áll your wáys They shall béar you upón their hánds \* lest you strike your foot against a stone. On the líon and the víper you will tréad \* and trámple the young líon and the drágon. Since he clíngs to me in lóve, I will frée him; \* protéct him for he knóws my náme. When he cálls I shall ánswer: 'I am wíth you,' \* I will sáve him in distréss and give him glóry. With léngth of lífe I will contént him; \* I shall lét him see my sáving pówer.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Alleluia. Alleluia. Alleluia.

#### Psalm-prayer

Lord Jesus Christ, when tempted by the devil, you remained loyal to your Father whose angels watched over you at his command. Guard your Church and keep us safe from the plague of sin so that we may remain loyal to the day we enjoy your salvation and your glory.

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

#### **Concluding Prayer**

Sunday + Monday, Wednesday & Friday:

God of eternal compassion, each Easter you rekindle the faith of your consecrated people. Give them still greater grace, so that all may truly understand the waters in which they were cleansed, the Spirit by which they were reborn, the blood by which they were redeemed. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

On Tuesday - The Memoria of St Anselm:

Lord God, you led Saint Anselm to search out the depth of your wisdom and teach it to his brethren. Let your gift of faith so help our minds that what you command us to believe we may love in our hearts. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

On Thursday - The Solemnity of St George, Patron of England:

Proclaiming your glory, Lord, we humbly ask that as Saint George imitated Christ in his passion, so he may be a ready helper in our weakness. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

On Saturday - 1st Vespers of Sunday:

Lord God, grant your people constant joy in the renewed vigour of their souls. They rejoice because you have restored them to the glory of your adopted children: let them look forward gladly in the certain hope of resurrection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

■ May the Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

### NIGHT PRAYERS -**COMPLINE**

#### INTRODUCTION

■ O God, come to our aid. O Lord, make haste to help us. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.

#### **Examination of Conscience**

This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.

Jesu, the world's redeeming Lord, The Father's co-eternal Word, Of light invisible true Light, Thine Israel's Keeper day and night.

it comes forth like a bridegroom cóming from his tént, \* rejóices like a chámpion to rún its cóurse. At the énd of the ský is the rísing of the sún; † to the fúrthest énd of the ský is its course. \* There is nóthing concéaled from its búrning héat.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

The glory of God will illumine the city; Antiphon:

the Lamb will be its light, alleluia.

#### Tuesday 21st April - St Anselm - Psalm 42 (43) Longing for the temple

"I, the light, have come into the world" (John 12: 46).

You have come to Mount Sion, Antiphon:

and the city of the living God. Alleluia.

Defénd me, O Gód, and plead my cáuse \*

against a gódless nátion.

From decéitful and cúnning mén \*

réscue me, O Gód.

Since you, O God, are my stronghold, \*

whý have you rejécted me?

Whý do Í go móurning \*

oppréssed by the fóe?

O sénd forth your líght and your trúth; \*

let thése be my gúide.

Let them bring me to your hóly móuntain, \*

to the place where you dwell.

And I will come to the altar of God, \*

the Gód of my jóy.

My redéemer, I will thánk you on the hárp, \*

O Gód, my Gód.

Whý are you cast dówn my sóul, \*

why gróan withín me?

Hope in Gód; I will práise him stíll, \*

my sáviour and my Gód.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: You have come to Mount Sion,

and the city of the living God. Alleluia.

#### Wednesday 22nd April - Psalm 77 Remembering the works of the Lord

"We are in difficulties on every side, but never consumed" (2 Corinthians 4: 8).

Antiphon: The waters saw you, O God:

you led your people through the sea. Alleluia.

I crý alóud to Gód, \*

cry alóud to Gód that he may héar me.

In the dáy of my distréss I sought the Lórd. †

My hánds were raised at níght without céasing; \*

my sóul refúsed to be consóled.

I remémbered my Gód and I gróaned. \*

I póndered and my spírit fáinted.

You withheld sleep from my eyes. \*

I was troubled, I could not spéak.

I thought of the days of long agó \*

and remémbered the yéars long pást.

At night I músed within my héart. '

I póndered and my spírit quéstioned.

'Will the Lórd rejéct us for éver?

Will he shów us his fávour no móre?

Has his love vánished for éver? \*

Has his prómise cóme to an énd?

Does Gód forgét his mércy \*

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or in ánger withhóld his compássion?" I said: 'Thís is what causes my gríef; ' that the wáy of the Most Hígh has chánged.' I remémber the déeds of the Lórd, \* I remémber your wonders of old, I múse on áll your wórks \* and pónder your míghty déeds. Your ways, O Gód, are hóly. What gód is gréat as our Gód? Yóu are the Gód who works wónders. \* You showed your power among the péoples. Your stróng arm redéemed your péople, ' the sóns of Jácob and Jóseph. The waters saw you, O God, \* the waters saw you and trembled; the dépths were móved with térror. \* The clouds poured down rain, the skies sent fórth their vóice; ' your árrows fláshed to and fró. Your thúnder rólled round the ský, \* your fláshes líghted up the wórld. The éarth was móved and trémbled \* when your way léd through the séa, your páth through the míghty wáters ' and nó one sáw your fóotprints. You gúided your péople like a flóck \* by the hánd of Móses and Áaron.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: The waters saw you, O God:

you led your people through the sea. Alleluia.

#### Thursday 23rd April - St George, Patron of England - Psalm 149 The saints rejoice

"The members of the Church, God's new people, will rejoice in their king, who is Christ" (Hesychius).

Antiphon:

The one who proves victorious I will make into a pillar in my temple, says the Lord. Alleluia.

Síng a new sóng to the Lórd, \*

his práise in the assémbly of the fáithful.

Let Ísrael rejóice in its Máker, \*

let Síon's sons exúlt in their kíng.

Let them práise his náme with dáncing \*

and make músic with tímbrel and hárp.

For the Lórd takes delight in his péople. \*

He crówns the póor with salvátion.

Let the faithful rejoice in their glóry, \*

shout for jóy and táke their rést.

Let the práise of Gód be on their líps \*

and a twó-edged swórd in their hánd,

to déal out véngeance to the nátions \*

and púnishment on áll the péoples;

to bínd their kíngs in cháins '

and their nóbles in fétters of íron;

to cárry out the séntence pre-ordáined: \*

this hónour is for áll his fáithful.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: The one who proves victorious

I will make into a pillar in my temple,

says the Lord. Alleluia.

In the presence of their brothers, you anointed your holy ones and poured on them your Spirit;

fill with your Holy Spirit all the leaders of your people.

- Lord, save your people.

Nothing could ever separate the holy pastors from your love; do not lose even one of those whom you redeemed by your passion.

- Lord, save your people.

Through the pastors of your Church you give your sheep eternal life, and no one can steal them from you;

save the faithful departed, for whom you laid down your life.

- Lord, save your people.

#### On Thursday-Solemnity of St George:

Let us give thanks to the king of martyrs, for this is the hour when he offered himself in the last supper and laid down his life on the

- We praise you, Christ the Lord.

We praise you, Christ our Saviour, example and strength of the martyrs, because you have loved us to the end;

- We praise you, Christ the Lord.

Because you have promised repentant sinners the reward of eternal life,

- We praise you, Christ the Lord.

Because you have called the Church to offer the blood of the new and eternal covenant, the blood shed for the remission of sins,

- We praise you, Christ the Lord.

Because you have brought us to this day with the gift of faith in-

- We praise you, Christ the Lord.

Because of the many brothers who today have come to share in your saving death,

- We praise you, Christ the Lord.

On Saturday - 1st Vespers of Sunday:

Let us pray to Christ, our life and our resurrection.

- Son of the living God, protect your people.

We pray for your Catholic Church:

may she reveal among the nations your kingdom of justice and holiness.

- Son of the living God, protect your people.

We pray for the sick, the sorrowful, captives and exiles: show them your power and compassion.

- Son of the living God, protect your people.

We pray for those who have lost you in the maze of life:

let them know once more the joy of coming home.

- Son of the living God, protect your people.

Crucified and risen Saviour, you will come again in judgement: be merciful to us sinners.

- Son of the living God, protect your people.

We pray for all the living,

and for those who have left this world in the hope of the resurrection.

- Son of the living God, protect your people.

To these is added this prayer for those suffering at this time

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen

His mércy is from age to áge, \* on thóse who féar him.

He púts forth his árm in stréngth \* and scátters the proud-héarted.

He casts the míghty from their thrónes \* and ráises the lówly.

He fills the stárving with good thíngs, \* sends the rích away émpty.

He protects Ísrael, his sérvant, \* remémbering his mércy, the mercy prómised to our fáthers, \*

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Sunday + Monday, Wednesday & Friday:

to Ábraham and his sóns for éver.

You believe because you have seen me, Thomas. Blessed are those who have never seen me and yet believe.

On Tuesday - the Memoria of St Anselm:

O holy doctor, Saint Anselm, light of the Church, lover of the law of God, pray for us to the Son of God, alleluia.

On Thursday - The Solemnity of St George, Patron of England:

Unless the wheat grain falls on the earth and dies, it remains itself alone;

but if it dies it yields much fruit, alleluia.

On Saturday - 1st Vespers of Sunday:

Stay with us, Lord, for evening is approaching and the day is almost over, alleluia.

#### Prayers and intercessions

On Sunday + Monday, Wednesday & Friday:

Let us pray to God the Father, who raised Jesus to life and exalted him at his own right hand.

- Lord, protect your people through the glory of Christ.

Father, through the victory of the cross you have lifted up Jesus from the earth;

may he draw all men to himself

- Lord, protect your people through the glory of Christ.

Through the exaltation of Christ send your Spirit into the Church;

make her the sign of unity for the whole human family.

- Lord, protect your people through the glory of Christ.

You have become the Father of men through water and the Spirit; keep them faithful to their baptism until they enter eternal life.

- Lord, protect your people through the glory of Christ.

Through the exaltation of your Son raise up the sorrowful, set prisoners free, heal the sick;

may the whole world rejoice in your wonderful gifts.

- Lord, protect your people through the glory of Christ.

You nourished the faithful departed with Christ's body and blood;

let them share in his glory on the day of resurrection.

- Lord, protect your people through the glory of Christ.

On Tuesday - The Memoria of St Anselm:

Let us pray to Christ, the high priest, who was appointed to represent men in their relations with God.

- Lord, save your people.

Lord Jesus, in times past you have lighted the way for your people through wise and holy leaders;

may Christians always enjoy this sign of your loving kindness.

- Lord, save your people.

You forgave the sins of your people when holy pastors prayed; continually cleanse your Church through their powerful intercession.

- Lord, save your people.

#### Friday 24th April - Psalm 51 God, have mercy on me

"You must be made new in mind and spirit, and put on the new nature of God's creating" (Eph 4:23,24).

Antiphon: Have courage, my son:

your sins are forgiven you. Alleluia.

Have mércy on me, Gód, in your kíndness. \* In your compássion blot óut my offénce. O wásh me more and móre from my gúilt \*

and cléanse me fróm my sín.

My offénces trúly I knów them; \*

my sín is álways befóre me.

Against you, you alone, have I sinned; \*

what is évil in your sight I have done.

That you may be jústified whén you give séntence \* and be without reproach when you júdge,

O sée, in gúilt I was bórn, \*

a sínner was Í concéived.

Indéed you love trúth in the héart; \*

then in the sécret of my héart teach me wisdom.

O púrify me, thén I shall be cléan; \*

O wásh me, I shall be whíter than snów.

Make me héar rejóicing and gládness, \*

that the bones you have crushed may revive.

From my síns turn awáy your fáce \*

and blót out áll my gúilt.

A púre heart creáte for me, O Gód, \*

put a stéadfast spírit withín me.

Do not cást me awáy from your présence, \*

nor depríve me of your hóly spírit.

Give me agáin the jóy of your hélp; '

with a spírit of férvour sustáin me,

that I may téach transgréssors your wáys \*

and sínners may retúrn to yóu.

O réscue me, Gód, my hélper, '

and my tóngue shall ríng out your góodness.

O Lórd, ópen my líps \*

and my mouth shall declare your praise.

For in sácrifice you táke no delíght, \*

burnt óffering from mé you would refúse,

my sácrifice, a cóntrite spírit. \*

A húmbled, contrite héart you will not spúrn.

In your góodness, show fávour to Síon: \*

rebúild the wálls of Ierúsalem.

Thén you will be pléased with lawful sácrifice, \*

hólocausts óffered on your áltar.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Have courage, my son:

your sins are forgiven you. Alleluia.

#### Saturday 25th March - Feast of St Mark, Evangelist - Psalm 63 Thirsting for God

"Let the man who has put away the deeds of the night watch for God."

Antiphon: The holy evangelists sought out

the wisdom of the ancients: in their gospels they confirmed the prophecies of old. Alleluia.

O Gód, you are my Gód, for you I lóng; \* for yóu my sóul is thírsting.
My bódy pínes for yóu \* like a drý, weary lánd without wáter.
So I gáze on yóu in the sánctuary \* to sée your stréngth and your glóry.
For your lóve is bétter than lífe, \* my líps will spéak your práise.

So I will bléss you áll my lífe, \* in your name I will lift up my hands. My sóul shall be fílled as with a bánquet, \* my móuth shall práise you with jóy. On my béd I remémber yóu. \* On you I muse through the night for you have been my help; ' in the shádow of your wings I rejóice. My sóul clíngs to yóu; \* your right hand holds me fást.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: The holy evangelists sought out

> the wisdom of the ancients: in their gospels they confirmed the prophecies of old. Alleluia.

#### Scripture Reading:

Sunday Colossians 3: 1-7 Revelation 1: 1-20 Monday Tuesday Revelation 2: 1-11 Wednesday Revelation 2: 12-29 Revelation 7: 9-17 Thursday Revelation 3: 1-22 Friday Saturday Ephesians 4: 1-16

#### Short Responsory - on Divine Mercy Sunday

This is the day which was made by the Lord: let us rejoice and be glad, alleluia.

#### Short Responsory - Monday to Saturday

The Lord has risen from the dead, alleluia, alleluia. The Lord has risen from the dead, alleluia, alleluia. For our sake he died on the cross, alleluia, alleluia. The Lord has risen from the dead, alleluia, alleluia. Glory be to the Father and to the Son and to the Holy Spirit. The Lord has risen from the dead, alleluia, alleluia.

#### Canticle - Benedictus

The Messiah and the one who was sent before him

Antiphon:

Sunday + Monday, Wednesday & Friday:

Put your hand here and see the mark of the nails; doubt no longer but believe, alleluia.

On Tuesday - the Memoria of St Anselm:

The learned will shine as brightly

as the vault of heaven.

and those who have instructed many in virtue will shine like stars for all eternity. Alleluia.

On Thursday - The Solemnity of St George, Patron of England: Rejoice, all you saints, and be glad,

for your reward is great in heaven, alleluia.

On Saturday - The Feast of St Mark, Evangelist:

Let us give thanks to Jesus Christ, who has sent teachers and evangelists

to be ministers of faith

to all peoples who believe in him, alleluia.

■ Bléssed be the Lórd, the Gód of Ísrael! \* He has vísited his péople and redéemed them. He has raised úp for ús a mighty sáviour \* in the house of Dávid his sérvant, as he prómised by the líps of holy mén, \* thóse who were his próphets from of óld. A sáviour who would frée us from our fóes, \* from the hands of all who hate us.

God, and they will stay there for ever; I will inscribe on them the name of my God and the name of the city of my God the new Jerusalem which comes down from my God in heaven, and my own new name as well.

Thursday - St George, Patron of England - Revelation 7:14-17

These are the people who have been through the great persecution, and because they have washed their robes white again in the blood of the Lamb, they now stand in front of God's throne and serve him day and night in his sanctuary; and the One who sits on the throne will spread his tent over them. They will never hunger or thirst again; neither the sun nor scorching wind will ever plague them, because the Lamb who is at the throne will be their shepherd and will lead them to springs of living water; and God will wipe away all tears from their eves.

Friday - Hebrews 5:8-10

Christ, although he was Son, learnt to obey through suffering; but having been made perfect, he became for all who obey him the source of eternal salvation and was acclaimed by God with the title of high priest of the order of Melchizedek.

Saturday - 1st Vespers of Sunday - 1 Peter 2:9-10

You are a chosen race, a royal priesthood, a consecrated nation, a people set apart to sing the praises of God who called you out of the darkness into his wonderful light. Once you were not a people at all and now you are the People of God; once you were outside the mercy and now you have been given

#### Short Responsory - Sunday

This is the day which was made by the Lord: let us rejoice and be glad, alleluia.

#### Short Responsory - Monday to Saturday

The disciples rejoiced, alleluia, alleluia.

- The disciples rejoiced, alleluia, alleluia.

They saw the Lord, alleluia, alleluia.

- The disciples rejoiced, alleluia, alleluia.

Glory be to the Father and to the Son and to the Holy Spirit.

The disciples rejoiced, alleluia, alleluia.

#### Canticle - Magnificat My soul rejoices in the Lord

Antiphon:

Sunday + Monday, Wednesday & Friday:

You believe because you have seen me, Thomas. Blessed are those who have never seen me and yet believe.

On Tuesday - the Memoria of St Anselm:

O holy doctor, Saint Anselm, light of the Church, lover of the law of God, pray for us to the Son of God, alleluia.

On Thursday - The Solemnity of St George, Patron of England: Unless the wheat grain falls on the earth and dies, it remains itself alone; but if it dies it yields much fruit, alleluia.

On Saturday - 1st Vespers of Sunday:

Stay with us, Lord, for evening is approaching and the day is almost over, alleluia.

■ My soul glórifies the Lórd, \* my spirit rejóices in Gód, my Sáviour. He looks on his sérvant in her lówliness; ' henceforth all áges will cáll me bléssed. The Almíghty works márvels for me. \* Hóly his náme!

world without end. Amen.

Antiphon: The Lord protected his people

as the apple of his eye. Alleluia.

#### Saturday 25th - 1st Vespers of Sunday - Psalm 115 (116B) Thanksgiving in the Temple

"Through him [Christ], let us offer God an unending sacrifice of praise" (Heb 13:15).

Antiphon: You have loosened my bonds, Lord:

a sacrifice of praise I will make to you, alleluia.

I trústed, éven when I sáid: \*
'I am sórely afflícted,'
and whén I sáid in my alárm: \*
'No mán can be trústed.'
How cán I repáy the Lórd \*
for his góodness to mé?

The cúp of salvátion I will ráise; \*

I will cáll on the Lórd's name.

My vóws to the Lórd I will fulfíl \*

befóre all his péople.

O précious in the éyes of the Lórd \*

is the déath of his fáithful.

Your sérvant, Lord, your sérvant am Í; \*

you have lóosened my bónds.

A thánksgiving sácrifice I máke; \*

I will cáll on the Lórd's name.

My vóws to the Lórd I will fulfíl \*

befóre all his péople,

in the courts of the house of the Lord, \*

in your mídst, O Jerúsalem.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: You have loosened my bonds, Lord:

a sacrifice of praise I will make to you, alleluia.

#### **Short Reading**

Sunday - Hebrews 10: 12-14

Christ has offered one single sacrifice for sins, and then taken his place forever, at the right hand of God, where he is now waiting until his enemies are made into a footstool for him. By virtue of that one single offering, he has achieved the eternal perfection of all whom he is sanctifying.

Monday - Hebrews 8:1-3

Our High Priest has his place at the right of the throne of divine Majesty in the heavens, and he is the minister of the sanctuary and of the true Tent of Meeting which the Lord, and not any man, set up. It is the duty of every high priest to offer gifts and sacrifices.

Tuesday - Memoria of St Anselm - from the Letter of James 3:17-18

The wisdom that comes down from above is essentially something pure. It also makes for peace, and is kindly and considerate; it is full of compassion and shows itself by doing good; nor is there any trace of partiality or hypocrisy in it. Peacemakers, when they work for peace, sow the seeds which will bear fruit in holiness.

Wednesday - Revelation 3:10-12

Because you have kept my commandment to endure trials, I will keep you safe in the time of trial which is going to come for the whole world, to test the people of the world. Soon I shall be with you: hold firmly to what you already have, and let nobody take your prize away from you. Those who prove victorious I will make into pillars in the sanctuary of my

So his lóve for our fáthers is fulfilled \* and his hóly covenant remémbered. He swóre to Ábraham our fáther to gránt us, \* that frée from féar, and sáved from the hánds of our fóes, we might sérve him in hóliness and jústice \* all the dáys of our lífe in his présence. As for you, little child, ' you shall be cálled a próphet of Gód, the Most Hígh. You shall go ahéad of the Lórd \* to prépare his ways before him, To make knówn to his péople their salvátion \* through forgiveness of all their sins, the loving-kíndness of the héart of our Gód \* who visits us like the dáwn from on hígh. He will give light to those in dárkness, † those who dwéll in the shádow of déath, \*

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon:

Sunday + Monday, Wednesday & Friday:

and guide us into the way of peace.

Put your hand here and see the mark of the nails; doubt no longer but believe, alleluia.

On Tuesday - the Memoria of St Anselm:

The learned will shine as brightly as the vault of heaven, and those who have instructed many in virtue will shine like stars for all eternity. Alleluia.

On Thursday - The Solemnity of St George, Patron of England: Rejoice, all you saints, and be glad, for your reward is great in heaven, alleluia.

On Saturday - The Feast of St Mark, Evangelist:

Let us give thanks to Jesus Christ,
who has sent teachers and evangelists
to be ministers of faith

to all peoples who believe in him, alleluia.

#### Prayers and intercessions

Sunday + Monday, Wednesday & Friday:

Let us pray to the Father, the all-powerful God, who raised up Jesus, our prince and our Saviour.

- Glorify us, Lord, with the glory of Christ.

Father, you brought your beloved Son from the darkness of death to the light of glory;

let us enter into the regions of your own wonderful light.

- Glorify us, Lord, with the glory of Christ.

You saved us through faith in Jesus Christ;

help us to live today in the grace of our baptism.

- Glorify us, Lord, with the glory of Christ.

You have told us to seek the things that are in heaven; enable us to resist the attraction of sin.

- Glorify us, Lord, with the glory of Christ.

Reveal the riches of our hidden life in Christ

that men may see the signs of the new heaven and the new earth.

- Glorify us, Lord, with the glory of Christ.

On Tuesday - The Memoria of St Anselm:

Christ, the good shepherd, laid down his life for his sheep. Let us praise him with grateful hearts, as we pray:

- Lord, nourish the lives of your people.

Christ our Lord, in the holy pastors you reveal your love for us; may we never be deprived of the care you show through them.

- Lord, nourish the lives of your people.

Through your sacred ministers you are present in our midst as the shepherd of our souls;

never cease to guide us through their teaching and encouragement.

- Lord, nourish the lives of your people.

In the saints who lead your people, you manifest your power of healing souls and bodies;

remain always with us to renew our lives in holiness.

- Lord, nourish the lives of your people.

By the example of the saints you instruct your faithful in the ways of wisdom and love;

through our pastors, help us grow to the full stature of perfection.

- Lord, nourish the lives of your people.

On Thursday - The Solemnity of St George, Patron of England:

Through the martyrs who were slain for God's word, let us give glory to our Saviour, the faithful and true witness.

- You redeemed us by your precious blood.

Through the martyrs, who bore witness to your love, set us free to live for you.

- You redeemed us by your precious blood.

Through the martyrs, who proclaimed your saving death, give us a deep and constant faith.

- You redeemed us by your precious blood.

Through the martyrs, who took up your cross, grant us courage for every trial.

- You redeemed us by your precious blood.

Through the martyrs, washed in the blood of the Lamb, give us grace to conquer our weakness.

- You redeemed us by your precious blood.

On Saturday - The Feast of St Mark, Evangelist:

Our Saviour destroyed death and through the gospel revealed eternal life to us. With joyful praises let us make him known, and let us say:

- Strengthen your Church in faith and love.

Lord Jesus, in times past you have lighted the way for your people through wise and holy leaders;

may Christians always enjoy this sign of your loving kindness.

- Strengthen your Church in faith and love.

You forgave the sins of your people when holy pastors prayed; continually cleanse your Church through their powerful intercession

- Strengthen your Church in faith and love.

In the presence of their brothers, you anointed your holy ones and poured on them your Spirit;

fill with your Holy Spirit all the leaders of your people.

- Strengthen your Church in faith and love.

Nothing could ever separate the holy pastors from your love; do not lose even one of those whom you redeemed by your passion.

- Strengthen your Church in faith and love.

To these is added this prayer for those suffering at this time

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: If anyone openly declares himself for me

in the presence of men, I will declare myself for him

in the presence of my Father. Alleluia.

#### Thursday 23rd April - St George, Martyr - Psalm 116a Thanksgiving

"We must experience many hardships before we can enter the kingdom of God" (Acts 14:22).

Antiphon: If anyone wishes to be a follower of mine,

he must deny himself;

he must take up his cross and come with me.

Alleluia.

I love the Lórd for hé has héard \* the crý of my appéal; for he túrned his éar to mé \*

in the dáy when I cálled him.

They surrounded me, the snares of death, \*

with the ánguish of the tómb;

they cáught me, sórrow and distréss. †

I cálled on the Lórd's name. \* O Lórd, my Gód, delíver me!

How grácious is the Lórd, and júst; \*

our Gód has compássion.

The Lórd protécts the simple héarts; \*

I was hélpless so he sáved me.

Turn báck, my sóul, to your rést \*

for the Lórd has been góod;

he has képt my sóul from déath, †

my éyes from téars, \*

and my féet from stúmbling.

I will wálk in the présence of the Lórd  $^{\ast}$ 

in the lánd of the líving.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: If anyone wishes to be a follower of mine,

he must deny himself;

he must take up his cross and come with me.

Alleluia.

#### Friday 24th April - Psalm 120 (121) The guardian of the people

"They will never hunger or thirst again; neither the sun nor the scorching wind will ever plague them" (Rev 7:16).

Antiphon: The Lord protected his people

as the apple of his eye. Alleluia.

I líft up my éyes to the móuntains: \* from whére shall come my hélp?

My hélp shall cóme from the Lórd \*

who made héaven and éarth.

May he néver állow you to stúmble! \*

Let him sléep not, your gúard.

Nó, he sléeps not nor slúmbers, \*

Ísrael's gúard.

The Lórd is your gúard and your sháde; \*

at your right side he stánds.

By dáy the sún shall not smíte you \*

nor the móon in the níght.

The Lórd will gúard you from évil, \*

he will gúard your sóul.

The Lord will guard your going and coming \*

both nów and for éver.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be,

mén who trúst in their wéalth, \*
and bóast of the vástness of their ríches?
For nó man can búy his own ránsom, \*
or pay a príce to Gód for his lífe.
The ránsom of his sóul is beyónd him. †
He cánnot buy lífe without énd, \*
nor avóid cóming to the gráve.
He knows that wíse men and fóols must both pérish \*
and léave their wéalth to óthers.
Their gráves are their hómes for éver, †
their dwélling place from áge to áge, \*
though their námes spread wíde through the lánd.
In his ríches, mán lacks wísdom; \*
hé is like the béasts that are destróyed.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Look for the things of heaven,

not for the things which are upon this earth.

Alleluia.

#### Wednesday 22nd April - Psalm 117 (118) A cry of rejoicing and triumph

"This is the stone which was rejected by you builders, but which has become the cornerstone" (Acts 4:11).

Antiphon: If anyone openly declares himself for me

in the presence of men, I will declare myself for him

in the presence of my Father. Alleluia.

Give thánks to the Lórd for he is góod, \* for his lóve endures for éver.
Let the sóns of Ísrael sáy: \* 'His lóve endures for éver.'
Let the sóns of Áaron sáy: \* 'His lóve endures for éver.'
Let thóse who fear the Lórd sáy: \* 'His lóve endures for éver.'
Let thóse who fear the Lórd sáy: \* 'His lóve endures for éver.'
I cálled to the Lórd in my distréss; \* he ánswered and fréed me.
The Lórd is at my síde; I do not féar. \* What can mán do agáinst me?

The Lórd is at my síde as my hélper; \*

I shall look dówn on my fóes.

It is bétter to take réfuge in the Lórd \*

than to trúst in mén;

it is bétter to take réfuge in the Lórd \*

than to trúst in prínces.

The nátions áll encómpassed me; \*

in the Lórd's name I crúshed them.

They cómpassed me, cómpassed me abóut; \*

in the Lórd's name I crúshed them.

They compassed me about like bées; †

they blázed like a fíre among thórns. \*

In the Lórd's name I crúshed them.

I was hárd-préssed and was fálling, \*

but the Lórd came to hélp me

The Lórd is my stréngth and my sóng; \*

hé is my sáviour.

There are shouts of joy and victory \*

in the ténts of the júst.

The Lórd's right hánd has tríumphed;  $\dagger$ 

his ríght hand ráised me. \*

The Lórd's right hánd has tríumphed;

I shall not die, I shall live \*

and recount his déeds.

I was púnished, I was púnished by the Lórd, \*

but nót doomed to díe.

Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

#### The Concluding Prayer

Sunday + Monday, Wednesday & Friday:

God of eternal compassion, each Easter you rekindle the faith of your consecrated people. Give them still greater grace, so that all may truly understand the waters in which they were cleansed, the Spirit by which they were reborn, the blood by which they were redeemed. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

#### On Tuesday - The Memoria of St Anselm:

Lord God, you led Saint Anselm to search out the depth of your wisdom and teach it to his brethren. Let your gift of faith so help our minds that what you command us to believe we may love in our hearts. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

#### On Thursday - The Solemnity of St George, Patron of England:

Proclaiming your glory, Lord, we humbly ask that as Saint George imitated Christ in his passion, so he may be a ready helper in our weakness. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

#### On Saturday - The Feast of St Mark, Evangelist:

Almighty God, you chose out the evangelist Saint Mark and ennobled him with grace to preach the gospel. Let his teaching so improve our lives that we may walk faithfully in the footsteps of Christ. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

#### The Dismissal

■ May the Lord bless us, and keep us from all evil, and bring us to everlasting life. Amen.

The Seal & The Trisagion Prayers may be added as an additional devotion, and be concluded with this Final Morning Prayer:

Holy Lord, who dwell on high and with an all-seeing eye look on the whole of creation, having regard for the humble of heart, we have bowed down body and soul before you. We beseech you, Holy of Holies, to stretch out your unseen hand from your holy dwelling place and bless us all. And if we have sinned in any way, whether voluntarily or involuntarily, forgive us; for you are a good God who loves mankind, who unfailingly grants to us your earthly and heavenly benefits and ceaselessly shows us your mercy and saves us; and to you we ascribe glory, to the Father, and to the Son, and to the Holy Spirit, now and ever and to the ages of ages. Amen.

# MASS READINGS FOR THE SECOND WEEK OF EASTER

The reading of Holy Scripture forms an important part of the life of Christians. Whilst there are Psalms and readings in the forms of prayer in this booklet it would be beneficial to read the Mass readings set for each day - especially in the knowledge that these are being read or heard by Christians throughout the world on the day we read them. Having read them, please follow the example of Our Lady and 'ponder them in your heart.'

Sunday Acts of the Apostles 2: 42-47

Psalm 118 1 Peter 1: 3-9 John 20: 19-31

Monday Acts of the Apostles 4: 23-31

Psalm 2 John 3: 1-8

Tuesday Ephesians 3: 14-19

Psalm 34

Matthew 7: 21-29

Wednesday Acts of the Apostles 5: 17-26

Psalm 34 John 3: 16-21

Thursday Revelation 12: 10-12

Psalm 126 John 15: 18-21

Friday Acts of the Apostles 5: 34-42

Psalm 27 John 6: 1-15

Saturday 1 Peter 5: 5-14

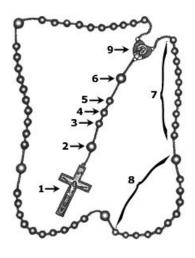
Psalm 89 Mark 16: 15-20

#### PRAYERS FOR MIDDAY

In Divine Mercy Week, as a change from the previous inclusion of Sext, please begin by praying the **The Chaplet of Divine Mercy**. The Church encourages us to pray the Chaplet of the Divine Mercy on our Rosary Beads for an Octave (eight days) beginning on Divine Mercy Sunday (2<sup>nd</sup> Sunday of Easter).

#### How to Recite the Chaplet

The Chaplet of Mercy is recited using ordinary rosary beads of five decades. The Chaplet is preceded by two opening prayers from the Diary of Saint Faustina and followed by a closing prayer.



Make the Sign of the Cross
 In the name of the Father, ■ and of the Son,
 and of the Holy Spirit. Amen.

you who fear him, small and great. Alleluia.

Alleluia.

The Lord our God, the Almighty, reigns, \* let us rejoice and exult and give him the glory. Alleluia.

Alleluia.

The marriage of the Lamb has come, 'and his bride has made herself ready. Alleluia.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Jesus said: 'Do not fear. Go, and tell my brethren

that they are to leave for Galilee: they will see me there.' Alleluia.

#### Monday 20th April - Psalm 45 The wedding of the King

"Behold, the bridegroom is coming; go out to meet him" (Mt 25:6).

Antiphon: Blessed is he who comes in the name of the Lord.

Alleluia.

My héart overflóws with nóble wórds. †
To the kíng I must spéak the sóng I have máde, \*
my tóngue as nímble as the pén of a scríbe.
Yóu are the fáirest of the chíldren of mén †
and gráciousness is póured upón your líps: \*
because Gód has bléssed you for évermóre.
O míghty one, gírd your swórd upon your thígh; †
in spléndour and státe, ríde on in tríumph \*
for the cáuse of trúth and góodness and ríght.
Take áim with your bów in your dréad right hánd. †
Your árrows are shárp, péoples fall benéath you. \*
The fóes of the kíng fall dówn and lose héart.

Your thróne, O Gód, shall endúre for éver. †
A scéptre of jústice is the scéptre of your kíngdom. \*
Your lóve is for jústice; your hátred for évil.
Therefore Gód, your Gód, has anóinted yóu †
with the óil of gládness abóve other kíngs: \*
your róbes are frágrant with alóes and mýrrh.
From the ívory pálace you are gréeted with músic. †
The dáughters of kíngs are amóng your lóved ones. \*
On your ríght stands the quéen in góld of Óphir.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Blessed is he who comes in the name of the Lord.

Alleluia.

## Tuesday 21st April - St Anselm - Psalm 49 The uselessness of riches

"The rich man will find it very hard to enter the kingdom of heaven" (Mt 19:23).

Antiphon: Look for the things of heaven,

not for the things which are upon this earth.

Alleluia.

Héar this, áll you péoples, \*
give héed, all who dwéll in the wórld,
mén both lów and hígh, \*
rích and póor alíke!
My líps will speak wórds of wísdom. \*
My héart is fúll of ínsight.
I will túrn my mínd to a párable. \*

I will túrn my mínd to a párable, \* with the hárp I will sólve my próblem.

Whý should I féar in evil dáys \*

the málice of the fóes who surround me,

will shatter kings in the dáy of his wráth. He shall drínk from the stréam by the wáyside \* and thérefore he shall líft up his héad.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Mary Magdalen came with the other Mary

to see the tomb where the Lord had been laid,

alleluia.

#### Psalm-prayer

Father, we ask you to give us victory and peace. In Jesus Christ, our Lord and King, we are already seated at your right hand. We look forward to praise you in the fellowship of all your saints in our heavenly homeland.

Or:

Almighty God, bring the kingdom of Christ, your anointed one, to its fullness. May the perfect offering of your Son, eternal priest of the new Jerusalem, be offered in every place to your name and make all nations a holy people for you.

#### Sunday 19th April - Psalm 114 Israel set free from Egypt

"You, who have renounced this world, have also been led forth from Egypt" (St Augustine).

Antiphon: Come and see where the Lord was laid, alleluia.

When Ísrael came fórth from Égypt, \*
Jacob's sóns from an álien péople,
Júdah becáme the Lord's témple, \*
Ísrael becáme his kíngdom.
The séa fléd at the síght: \*
the Jórdan turned báck on its cóurse,
the móuntains léapt like ráms \*
and the hílls like yéarling shéep.
Whý was it, séa, that you fléd, \*
that you túrned back, Jórdan, on your cóurse?
Móuntains, that you léapt like ráms; \*
hílls, like yéarling shéep?
Trémble, O éarth, before the Lórd, \*
in the présence of the Gód of Jácob,

who túrns the róck into a póol \*

and flint into a spring of water.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Come and see where the Lord was laid, alleluia.

#### Psalm-prayer

Almighty God, ever-living mystery of unity and Trinity, you gave life to the new Israel by birth from water and the Spirit, and made it a chosen race, a royal priesthood, a people set apart as your eternal possession. May all those you have called to walk in the splendour of the new light render you fitting service and adoration.

#### Sunday 19th April - Canticle - Apocalypse (Revelation) 19 The wedding of the Lamb

Antiphon: Jesus said: 'Do not fear. Go, and tell my brethren

that they are to leave for Galilee: they will see me there.' Alleluia.

Alleluia.

Salvation and glory and power belong to our God, \* his judgements are true and just.

Alleluia.

Alleluia.

Praise our God, all you his servants, \*

#### 2. Optional Opening Prayers

You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

#### (Repeat three times)

O Blood and Water, which gushed forth from the Heart of Jesus as a fount of mercy for us, I trust in You!

#### 3. Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil, Amen.

#### 4. Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

#### 5. The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

#### 6. The Eternal Father

Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

#### 7. On the 10 Small Beads of Each Decade

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

#### 8. Repeat for the remaining decades

Saying the "Eternal Father" (6) on the "Our Father" bead and then 10 "For the sake of His sorrowful Passion" (7) on the following "Hail Mary" beads.

#### 9. Conclude with Holy God (Repeat three times)

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

#### 10. Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

On each day continue the prayers at Midday with:

#### The Great Litany

In peace let us pray to the Lord.

Lord, have mercy.

For the peace from above, and the salvation of our souls, let us pray to the Lord.

Lord, have mercy.

For the peace of the whole world, the good estate of the holy

churches of God, and the union of all, let us pray to the Lord. Lord, have mercy.

For this holy temple, and for them that with faith, reverence, and fear of God enter herein, let us pray to the Lord. Lord, have mercy.

That He may deliver His people from enemies both visible and invisible, and confirm in us oneness of mind, brotherly love, and piety, let us pray to the Lord.

Lord, have mercy.

For this land, its authorities, and Armed Forces, let us pray to the Lord. Lord, have mercy.

Deacon: For this city (or town, or holy monastery), every city and country and the faithful that dwell therein, let us pray to the Lord.

Lord, have mercy.

For seasonable weather, abundance of the fruits of the earth, and peaceful times, let us pray to the Lord. Lord, have mercy.

For travellers by sea, land, and air; for the sick, the suffering; the imprisoned and for their salvation, let us pray to the Lord. Lord, have mercy.

That we may be delivered from all tribulation, wrath, and necessity, let us pray to the Lord. Lord, have mercy.

Help us, save us, have mercy on us, and keep us, O God, by Thy grace. Lord, have mercy.

Calling to remembrance our most holy, most pure, most blessed, glorious Lady Mother of God and Ever-Virgin Mary, with all the Saints, let us commit ourselves and one another, and all our life unto Christ our God.

We Commit Ourselves To Thee O Lord

To these is added this prayer for those suffering at this time

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

The 'Lord's Prayer' follows:

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come.
Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

#### The Concluding Prayer

Let us pray.

On this day, Lord God, you opened for us the way to eternal life through your only Son's victory over death.

Grant that as we celebrate the feast of his resurrection we may be renewed by your Holy Spirit and rise again in the light of life.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Let us praise the Lord. Thanks be to God.

# EVENING PRAYERS AT DUSK - VESPERS

■ O God, come to our aid. O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.

The following hymn is sung, or another appropriate for Easter may be sung

The Lamb's high banquet we await, In snow-white robes of royal state; And now, the Red Sea's channel past, To Christ our Prince we sing at last.

Upon the altar of the Cross His body hath redeemed our loss; And tasting of his scarlet blood, Our life is hid with him in God.

Now Christ our paschal Lamb is slain, The Lamb of God that knows no stain, The true oblation offered here, Our own unleavened bread sincere.

O thou, from whom hell's monarch flies, O great, O very Sacrifice, Thy captive people are set free, And endless life restored in thee.

To thee who, dead, again dost live, All glory, Lord, thy people give: All glory, as is ever meet, To Father and to Paraclete.

#### The Psalms:

Two Psalms with a Canticle are said on Sunday one Psalm on subsequent weekdays

#### Sunday 19th April - Psalm 110 The Messiah, king and priest

"He must be king

so that he may put all his enemies under his feet" (1 Cor 15:25).

Antiphon: Mary Magdalen came with the other Mary to see the tomb where the Lord had been laid,

alleluia.

The Lórd's revelátion to my Máster: †
'Sít on my ríght: \*
your fóes I will pút beneath your féet.'
The Lórd will wield from Síon †
your scéptre of pówer: \*
rûle in the mídst of all your fóes.
A prínce from the dáy of your bírth †
on the hóly móuntains; \*
from the wómb before the dáwn I begót you.
The Lórd has sworn an óath he will not chánge. †
'You are a príest for éver, \*
a priest like Melchízedek of óld.'
The Máster stánding at your ríght hand \*