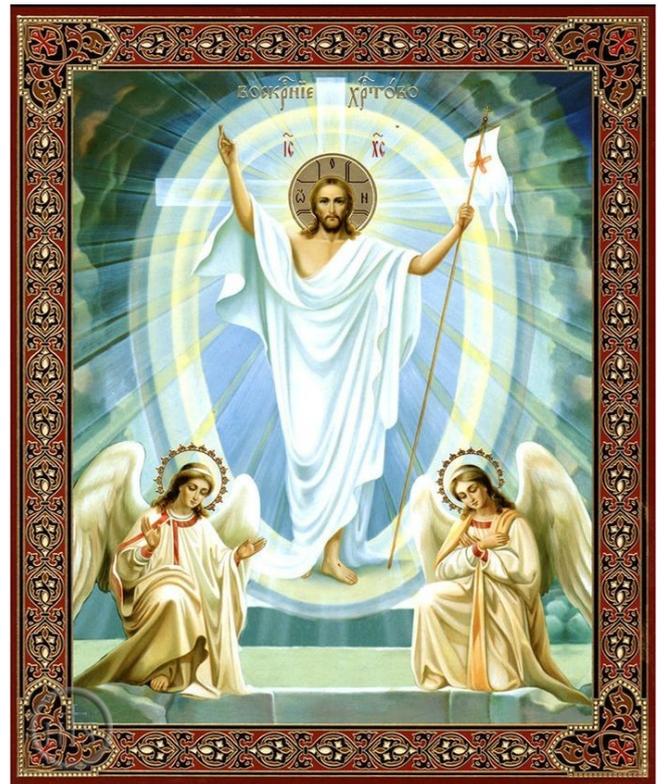


DAILY PRAYER

*Personal Prayer for use in the Parish Church
or if Self-Isolating at Home*

EASTER WEEK AD 2020



**A Blessed Easter to you
as we glory
in the Resurrection
of our Lord Jesus Christ**

Can daily prayers change your life? Absolutely! You can develop a fuller relationship with God and live a better life through prayer. You have a better chance at finding fulfilment, from daily prayers than from the many distractions bombarding us these days!

Think of all the promises we hear on TV and elsewhere: you'll find happiness if you buy this car, this book, this exercise bike, or this pill (after checking with your doctor first on that last one)! Yet many times our souls feel as empty as our wallets or purses afterwards.

Developing a good prayer life can really change you for the better. Praying can become a most satisfying routine in many ways. It might not be an easy habit to start at first, but it's definitely one you won't want to break! Daily prayers can give you a sense of peace and purpose.

Prayer has often been called "the raising up of the mind and heart to God". We engage in a literally divine conversation with Him. You get a wonderful opportunity from prayer to strengthen and deepen your relationship with our Creator and with your fellow human beings by praying for their needs as well as your own.

"Those who have truly decided to serve the Lord God should practice the remembrance of God and uninterrupted prayer to Jesus Christ, mentally saying: "Lord Jesus Christ, Son of God, have mercy on me a sinner." ' (St. Seraphim of Sarov)

THE SEAL

Through the prayers of our holy Fathers and Mothers,
Lord Jesus Christ our God, have mercy on us and save us.

TRISAGION PRAYERS

O Heavenly King, the Paraclete, the Spirit of Truth,
who are present everywhere, filling all things,
Treasury of Good and Giver of Life, come and dwell in us,
cleansing us of every stain, and save our souls, O Good One.

✠ Holy God, Holy Mighty, Holy Immortal have mercy on us.
(three times)

✠ Glory be to the Father, and to the Son, and to the Holy Spirit.
Now and ever and to the ages of ages. Amen.

All-Holy Trinity, have mercy on us.
Lord forgive us our sins.
Master, pardon our transgressions.
Holy One, visit and heal our infirmities for your name's sake.

Kyrie eleison, Kyrie eleison, Kyrie eleison.

✠ Glory be to the Father, and to the Son, and to the Holy Spirit.
Now and ever and to the ages of ages. Amen.

Our Father, Who art in Heaven, hallowed be Thy name;
Thy Kingdom come, Thy will be done on earth as it is in Heaven.
Give us this day our daily bread;
and forgive us our trespasses as we forgive those who trespass
against us;
and lead us not into temptation, but deliver us from evil.
(for Yours is the kingdom and the power and the glory, of the
Father, and of the Son, and of the Holy Spirit, now and ever and
to the ages of ages.) ✠ Amen.

Kyrie eleison, Kyrie eleison, Kyrie eleison.
Kyrie eleison, Kyrie eleison, Kyrie eleison.

✠ Glory be to the Father, and to the Son, and to the Holy Spirit.
Now and ever and to the ages of ages. Amen.

save me, a sinner.

Be mindful, O Lord, of all civil Authorities, of our Armed Forces,
of this city in which we dwell, and of every city and land; grant us
peaceful times, that we may lead a calm and tranquil life in all
godliness and sanctity.

Be mindful, O Lord, of my parents, my brothers and sisters, my
relatives and friends, and all who are near and dear to me, (name
those whom you wish to remember), and grant them mercy, life, peace,
health, salvation and visitation, and pardon and remission of sins;
that they may evermore praise and glorify thy holy Name.

Be mindful, O Lord, of those who travel by land, and sea, and air;
of the young and the old; orphans and widows; the sick and the
suffering, the sorrowing and the afflicted, all captives, and the
needy poor; upon them all send forth thy mercies, for thou art the
Giver of all good things.

Be mindful, O Lord, of me, thy humble servant; grant me thy
grace, that I may be diligent and faithful; that I may avoid evil
company and influence, and resist all temptation; that I may lead
a godly and righteous life, blameless and peaceful, ever serving
thee, that I may be accounted worthy at the last to enter into the
Kingdom of Heaven.

Be mindful, O Lord, of all those who have fallen asleep in the
hope of resurrection unto life eternal, especially N., NN.; pardon
all their transgressions both voluntary and involuntary, whether in
word, or deed, or thought. Shelter them in a place of brightness, a
place of verdure, a place of repose, whence all sickness, sorrow
and sighing have fled away, and where the sight of thy counte-
nance rejoiceth all thy Saints from all the ages. Grant them thy
heavenly Kingdom, and a portion in thine ineffable and eternal
blessings, and the enjoyment of thine unending Life.

Hear my prayer, O Lord, for thou art merciful and compassion-
ate, and lovest mankind, and to thee are due all glory, honour,
and worship: to the Father, and to the Son, and to the Holy Spirit:
now and ever, and unto ages of ages. Amen.

all manner of sickness and affliction; do thou O Lord, visit me in my suffering, and grant me grace and strength to bear this sickness with which I am afflicted, with Christian patience and submission to thy will, trusting in thy loving kindness and tender mercy. Bless, I pray thee, the means used for my recovery, and those who administer them. I know O Lord, that I justly deserve any punishment thou mayest inflict upon me for I have so often offended thee and sinned against thee, in thought, word and deed. Therefore, I humbly pray thee, look upon my weakness, and deal not with me after my sins, but according to the multitude of thy mercies. Have compassion on me, and let mercy and justice meet; and deliver me from this sickness and suffering I am undergoing. Grant that my sickness may be the means of my true repentance and amendment of my life according to thy will, that I may spend the rest of my days in thy love and fear: that my soul, being helped by thy grace and sanctified by thy Holy Mysteries, may be prepared for its passage to the Eternal Life, and there, in the company of thy blessed Saints, may praise and glorify thee with thy Eternal Father and Life-giving Spirit. Amen.

Thanksgiving After Recovery from Sickness

Almighty God, our heavenly Father, Source of life and Fountain of all good things, I bless thy Holy Name, and offer to thee most hearty thanks for having delivered me from my sickness and restored me to health. Grant me thy continuing grace, I pray thee, that I may keep my good resolutions and correct the errors of my past life, and improve in virtue, and live a new life in dutiful fear of thee, doing thy will in all things, and devoting this new life which thou has given me to thy service: that thus living for thee, I may be found ready when it pleaseth thee to call me to thee, O heavenly Father, to whom with thine Only-begotten Son, our Lord Jesus Christ, and thine all-holy and Life-giving Spirit, is due all honor, praise, glory, and thanksgiving: now and ever, and unto ages of ages. Amen.

A Prayer for the Sick

O holy Father, heavenly Physician of our souls and bodies, who hast sent thine Only-begotten Son our Lord Jesus Christ to heal all our ailments and deliver us from death: do thou visit and heal thy servant N., granting him/her release from pain and restoration to health and vigour, that he/she may give thanks unto thee and bless thy holy Name, of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages. Amen.

A Prayer for the Dead

Into thy hands, O Lord, I commend the souls of thy servants, NN., and beseech thee to grant them rest in the place of thy rest, where all thy blessed Saints repose, and where the light of thy countenance shineth forever. And I beseech thee also to grant that our present lives may be godly, sober, and blameless, that we too may be made worthy to enter into thy heavenly Kingdom with those we love but see no longer: for thou art the Resurrection, and the Life, and the Repose of thy departed servants, O Christ our God, and unto thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.

A General Intercession

O Lord Jesus Christ our God, who in thy mercy and loving-kindness dost regard the prayers of all who call upon thee with their whole heart, incline thine ear and hear my prayer, now humbly offered unto thee:

Be mindful, O Lord, of thy One, Holy Catholic and Apostolic Church; confirm and strengthen it, increase it and keep it in peace, and preserve it unconquerable forever;

Be mindful, O Lord, of our Bishop *Jonathan*, and of every Bishop of the Church: of Priests and Deacons, the Religious, and Lay Ministers of thy Church, which thou has established to feed the flock of the Word: and by their prayers have mercy upon me and

THE ANGELUS

Traditionally in the morning, at noon, and in the evening in memory of the Incarnation of God, and the faithful say the following prayers, except during Eastertide, when the Regina coeli is said.

V/. The Angel of the Lord brought tidings to Mary,
R/. And she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee,
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now and at the hour of our death. Amen.

V. Behold the handmaid of the Lord;
R. Be it unto me according to thy word.
Hail, Mary . . .

V. And the Word was made flesh,
R. And dwelt among us.
Hail, Mary . . .

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray:

We beseech thee, O Lord, to pour thy grace into our hearts; that as we have known the incarnation of thy Son Jesus Christ by the message of an angel, so by his ✠ cross and passion we may be brought unto the glory of his resurrection. Through the same Christ our Lord. Amen.

PRAYER IN THE MORNING - LAUDS

N.B. The Solemnity of Easter, like Christmas, is observed with an Octave (eight days). This means that each day is Easter Day. Therefore the Offices of Lauds, Vespers and Compline are exactly the same each day. I have suggested replacing Midday Prayer (Sext) with the 'Litany for the Mission of the Church' and some additional prayers.

The Invitatory

V/. ✠ Lord, open our lips
R/. And we shall praise your name

Psalm 95 - said daily

Antiphon The Lord has truly risen, alleluia.

Come, ring out our joy to the Lórd; *
háil the Gód who sáves us.
Let us cóme before him, giving thánks, *
with sóngs let us háil the Lórd.
mighty Gód is the Lórd, *
a gréat king abóve all góds.
In his hánd are the dépths of the éarth; *
the héights of the móuntains are his.
To him belongs the séa, for he máde it *
and the drý land sháped by his hánds.
Come ín; let us bów and bend lów; *
let us knéel before the Gód who máde us:
for hé is our Gód and wé †
the péople who belóng to his pásture, *
the flóck that is léd by his hánd.
O that todáy you would listen to his vóice! †
'Hárden not your héarts as at Meribah, *
as on that dáy at Mássah in the désert
when your fáthers pút me to the tést; *
when they tried me, thóugh they saw my wórk.
For forty yéars I was wéaried of these péople †
and I sáid: "Their héarts are astráy, *
these péople do not knów my wáys."

Thén I took an óath in my ánger: *
“Néver shall they énter my rést.”

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be, world with-
out end. Amen.

Antiphon The Lord has truly risen, alleluia.

The following hymn is sung, or another appropriate for Easter may be sung

Light’s glittering morn bedecks the sky,
Heav’n thunders forth its victor cry:
The glad earth shouts her triumph high,
And groaning hell makes wild reply.

While he, the King of sovereign might,
Treads down death’s strength in death’s despite,
And trampling hell by victor’s right,
Brings forth his sleeping saints to light.

Fast barred beneath the stone of late,
In watch and ward where soldiers wait,
Now shining in triumphant state,
He rises victor from death’s gate.

Hell’s pains are loosed and tears are fled:
Captivity is captive led:
The angel, crowned with light, hath said:
‘The Lord is risen from the dead.’

Author of all, be thou our guide
In this our joy of Eastertide;
Whene’er assaults of death impend,
Thy people strengthen and defend.

To thee who, dead, again dost live,
All glory, Lord, thy people give:
All glory, as is ever meet,
To Father and to Paraclete.

The Psalms

Psalm 63

Thirsting for God

*“Let the man who has put away the deeds of the night
watch for God.”*

Antiphon: Christ has risen: he is the light of his people,
whom he has redeemed with his blood Alleluia.

O Gód, you are my Gód, for you I lóng; *
for yóu my sóul is thirsting.

My bódy pines for yóu *
like a drý, weary lánd without wáter.

So I gáze on yóu in the sánctuary *
to sée your stréngth and your glóry.

For your lóve is bétter than life, *
my líps will spéak your práise.

So I will bléss you áll my life, *
in your náme I will líft up my hánds.

My sóul shall be filled as with a bánquet, *
my móuth shall práise you with jóy.

On my béd I reméber yóu. *

On yóu I míse through the níght
for yóu have béeen my hélp; *
in the sháadow of your wíngs I rejóice.

My sóul clíngs to yóu; *
your ríght hand hólds me fást.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon: Christ has risen: he is the light of his people,
whom he has redeemed with his blood Alleluia.

His bounteous gifts by His Grace and compassion, always, now
and ever, and unto ages of ages. Amen.

Or

We thank thee, O Christ our God, that thou hast satisfied us with
thy earthly gifts, deprive us not of thy Heavenly Kingdom; but as
thou entered into the midst of thy disciples, O Saviour, and gave
them peace, enter also among us and save us. Amen.

Or

We thank thee, O God, the Giver of all good things, for these
gifts and all thy mercies, and we bless thy Holy Name, always, now
and ever, and unto ages of ages. Amen.

A Prayer of Repentance

O Lord our God, good and merciful, I acknowledge all my sins
which I have committed every day of my life, in thought, word
and deed; in body and soul alike. I am heartily sorry that I have
ever offended thee, and I sincerely repent; with tears I humbly
pray thee, O Lord: of thy mercy forgive me all my past transgres-
sions and absolve me from them. I firmly resolve, with the help of
Thy Grace, to amend my way of life and to sin no more; that I
may walk in the way of the righteous and offer praise and glory to
the Name of the Father, Son, and Holy Spirit. Amen.

Prayer Before a Journey

O Lord Jesus Christ our God, the true and living way, be thou, O
Master, my companion, guide and guardian during my journey;
deliver and protect me from all danger, misfortune and tempta-
tion; that being so defended by Thy divine power, I may have a
peaceful and successful journey and arrive safely at my destina-
tion. For in thee I put my trust and hope, and to thee, together
with thy Eternal Father, and the All-holy Spirit, I ascribe all
praise, honor and glory: now and ever, and unto ages of ages.
Amen.

A Prayer in Time of Trouble

O God, our help and assistance, who art just and merciful, and
who heareth the supplications of thy people; look down upon me,
a miserable sinner, have mercy upon me, and deliver me from this
trouble that besets me, for which, I know, I am deservedly suffer-
ing. I acknowledge and believe, O Lord, that all trials of this life
are given by Thee for our chastisement, when we drift away from
thee, and disobey thy commandments; deal not with me after my
sins, but according to thy bountiful mercies, for I am the work of
Thy hands, and thou knowest my weakness. Grant me, I beseech
thee, thy divine helping grace, and endow me with patience and
strength to endure my tribulations with complete submission to
Thy Will. Thou knowest my misery and suffering and to Thee, my
only hope and refuge, I flee for relief and comfort; trusting to
thine infinite love and compassion that in due time, when thou
knowest best, thou wilt deliver me from this trouble, and turn my
distress into comfort, when I shall rejoice in thy mercy, and exalt
and praise thy Holy Name, O Father, Son, and Holy Spirit: now
and ever, and unto ages of ages. Amen.

Thanksgiving After Deliverance From Trouble

Almighty and merciful God, I most humbly and heartily thank
thy divine majesty for thy loving kindness and tender mercies,
that thou hast heard my humble prayer, and graciously vouch-
safed to deliver me from my trouble and misery. Grant me, I be-
seech thee, thy helping grace, that I may obediently walk in thy
holy commandments, and lead a sober, righteous and godly life,
ever remembering thy mercies, and the blessings thou hast unde-
servedly bestowed upon me, that I may continually offer to thee
the sacrifice of praise and thanksgiving, O Father, Son, and Holy
Spirit.

A Prayer of a Sick Person

O Lord Jesus Christ, our Saviour, Physician of souls and bodies,
who didst become man and suffer death on the Cross for our
salvation, and through thy tender love and compassion didst heal

Regina Caeli

Queen of Heaven, rejoice, alleluia!
for he whom you were worthy to bear, alleluia!
has risen as he said, alleluia!
Pray for us to God, alleluia!

*Regina cæli, lætare, alleluia,
quia quem meruisti portare, alleluia,
resurrexit sicut dixit, alleluia;
ora pro nobis Deum, alleluia.*

OCCASIONAL PRAYERS

Prayer on Entering the Church

I will come into thy house in the multitude of thy mercy: and in thy fear I will worship toward thy holy temple. Lead me, O Lord, in thy righteousness because of mine enemies; make thy way straight before me, that with a clear mind I may glorify thee forever, One Divine Power worshipped in three persons: Father, Son, and Holy Spirit. Amen.

Prayer on Leaving a Church

Lord, now lettest thou thy servant depart in peace, according to thy word: for mine eyes have seen thy salvation, which thou hast prepared before the face of all people; a light to lighten the Gentiles, and the glory of thy people Israel.

The "Jesus" Prayer

O Lord Jesus Christ, Son of God, have mercy on me, a sinner.

A Prayer to Your Guardian Angel

O Angel of Christ, holy guardian and protector of my soul and body, forgive me everything wherein I have offended thee every day of my life, and protect me from all influence and temptation of the evil one. May I nevermore anger God by any sin. Pray for me to the Lord, that He may make me worthy of the grace of the All-holy Trinity, and of the Most Blessed Virgin Mary, and of all the Saints. Amen.

Prayers at the Table

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.
Our Father, who art in heaven, hallowed be thy Name; thy kingdom come; thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit: now and ever, and unto ages of ages. Amen.

Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.

Lord, have mercy. (Thrice)

Then

O Christ our God, bless the food and drink of thy servants, for thou art Holy always; now and ever, and unto ages of ages. Amen.

Or

They that hunger shall eat and be satisfied, they that seek after the Lord shall praise him; their hearts shall live forever. Amen.

Or

Bless us, O Lord, and these thy gifts of which we are about to partake, for thou art blessed and glorified; now and ever, and unto ages of ages. Amen.

After Meals

Glory to the Father, and to the Son, and to the Holy Spirit: now and ever, and unto ages of ages. Amen.

Lord, have mercy. (Thrice)

Then

Blessed is God, who is merciful unto us and nourisheth us from

Psalm-prayer

Father, creator of unfailing light, give that same light to those who call to you. May our lips praise you; our lives proclaim your goodness; our work give you honour, and our voices celebrate you forever.

Or:

This morning, Lord, we lift up our hands to praise you. We thirst for you; we long for you. Help us to love you more than life itself and fill us with good gifts from your banquet table.

Canticle - Daniel 3: 57-88, 56

All creatures, bless the Lord

"Praise our God, all you his servants" (Rev 19: 5).

Antiphon: Christ, our Redeemer, has risen from the tomb:
let us sing a hymn to the Lord, our God. Alleluia.

O all you works of the Lord, O bless the Lord. *

To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord. *

To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord. *

And you, clouds of the sky, O bless the Lord.

And you, all armies of the Lord, O bless the Lord. *

To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord. *

And you, the stars of the heavens, O bless the Lord.

And you, showers and rain, O bless the Lord. *

To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord. *

And you, fire and heat, O bless the Lord.

And you, cold and heat, O bless the Lord. *

To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord. *

And you, frosts and cold, O bless the Lord.

And you, frost and snow, O bless the Lord. *

To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord. *

And you, darkness and light, O bless the Lord.

And you, lightning and clouds, O bless the Lord. *

To him be highest glory and praise for ever.

O let the earth bless the Lord. *

To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord. *

And you, all plants of the earth, O bless the Lord.

And you, fountains and springs, O bless the Lord. *

To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord. *

And you, creatures of the sea, O bless the Lord.

And you, every bird in the sky, O bless the Lord. †

And you, wild beasts and tame, O bless the Lord. *

To him be highest glory and praise for ever.

And you, children of men, O bless the Lord. *

To him be highest glory and praise for ever.

O Israel, bless the Lord, O bless the Lord. *

And you, priests of the Lord, O bless the Lord.

And you, servants of the Lord, O bless the Lord. *

To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord. *

And you, holy and humble of heart, O bless the Lord.

Ananias, Azarias, Mizaël, O bless the Lord. *

To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit: *

To you be highest glory and praise for ever.

May you be blessed, O Lord, in the heavens: *

To you be highest glory and praise for ever.

The Gloria Patri is omitted after this Canticle.

Antiphon: Christ, our Redeemer, has risen from the tomb:
let us sing a hymn to the Lord, our God. Alleluia.

Psalm 149

The saints rejoice

“The members of the Church, God’s new people,
will rejoice in their king, who is Christ” (Hesychius).

Antiphon: Alleluia The Lord has risen,
as he promised. Alleluia.

Sing a new s6ng to the L6rd, *
his pr6ise in the ass6mblly of the f6ithful.
Let 6srael rejoice in its M6ker, *
let Sion’s sons ex6lt in their king.
Let them pr6ise his n6me with d6ncing *
and make m6síc with t6mbrel and h6rp.
For the L6rd takes delight in his p6eple. *
He cr6wns the p66r with salv6tion.
Let the f6ithful rejoice in their gl6ry, *
shout for j6y and t6ke their r6st.
Let the pr6ise of G6d be on their lips *
and a tw6-edged sw6rd in their h6nd,
to d6al out v6ngeance to the n6tions *
and p6nishment on 6ll the p6eples;
to bind their kings in ch6ins *
and their n6bles in f6tters of iron;
to c6rry out the s6ntence pre-ord6ined: *
this h6nour is for 6ll his f6ithful.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon: Alleluia The Lord has risen,
as he promised. Alleluia.

Psalm-prayer

Let Israel rejoice in you, Lord, and acknowledge you as creator and redeemer. We put our trust in your faithfulness and proclaim the wonderful truths of salvation. May your loving kindness embrace us now and for ever.

Or:

Lord Jesus, you came to your own people and gave to all who welcomed you power to become children of God. In your merciful love watch over the Church and through her ministry bring salvation to the meek and lowly. May we avoid the snares of the impious, and come to rejoice in glory with your saints.

Short Reading

Acts 10: 40-43

God raised Jesus to life on the third day and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.

Short Responsory

This is the day which was made by the Lord:
let us rejoice and be glad, alleluia.

Canticle - Benedictus

The Messiah and the one who was sent before him

Antiphon: Very early on the Sunday morning,
just after the sun had risen,
they came to the tomb, alleluia.

✠ Blessed be the L6rd, the G6d of 6srael! *
He has visited his p6eple and red6emed them.
He has raised 6p for 6s a mighty s6viour *
in the h6use of D6vid his s6rvant,
as he pr6mised by the lips of holy m6n, *

For y6u has he comm6nded his 6ngels, *
to k6ep you in 6ll your w6ys
They shall b6ar you up6n their h6nds *
lest you strike your f66t against a st6ne.
On the l66n and the v6iper you will t6rad *
and tr6mple the young l66n and the dr6gon.
Since he cl6ngs to me in l6ve, I will fr6e him; *
prot6ct him for he kn6ws my n6me.
When he c6lls I shall 6nswer: ‘I am with you,’ *
I will s6ve him in distr6ss and give him gl6ry.
With l6ngth of life I will cont6nt him; *
I shall l6t him see my s6ving p6wer.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon: Alleluia. Alleluia. Alleluia.

Psalm-prayer

Lord Jesus Christ, when tempted by the devil, you remained loyal to your Father whose angels watched over you at his command. Guard your Church and keep us safe from the plague of sin so that we may remain loyal to the day we enjoy your salvation and your glory.

Short Reading

Apocalypse 22: 4-5

They will see the Lord face to face, and his name will be written on their foreheads. It will never be night again and they will not need lamplight or sunlight, because the Lord God will be shining on them. They will reign for ever and ever.

Short Responsory

This is the day which was made by the Lord:
let us rejoice and be glad, alleluia.

Canticle - Nunc Dimittis

Christ is the light of the nations and the glory of Israel

Antiphon: Save us, Lord, while we are awake;
protect us while we sleep;
that we may keep watch with Christ
and rest with him in peace. Alleluia.

✠ At l6st, all-p66werful M6ster, †
you give l6ave to your s6rvant *
to go in p6eace, acc6rding to your pr6mise.
For my 6yes have s6en your s6lv6tion *
which you have pr6p6red for all n6tions,
the l6ght to enlighten the G6ntiles *
and give gl6ry to 6srael, your p6eple.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon: Save us, Lord, while we are awake;
protect us while we sleep;
that we may keep watch with Christ
and rest with him in peace. Alleluia.

Let us pray.

God our Father, as we have celebrated today the mystery of the Lord’s resurrection, grant our humble prayer: free us from all harm that we may sleep in peace and rise in joy to sing your praise. Through Christ our Lord. Amen.

✠ The Lord grant us a quiet night and a perfect end. Amen.

The Final Anthem to Our Lady follows:

NIGHT PRAYERS - COMPLINE

INTRODUCTION

☩ O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen. Alleluia.

Examination of Conscience

This is an excellent moment for an examination of conscience. In a communal celebration of Compline, one of the penitential acts given in the Missal may be recited.

Hymn

Jesu, the world's redeeming Lord,
The Father's co-eternal Word,
Of light invisible true Light,
Thine Israel's Keeper day and night.

Our great Creator and our Guide,
Who times and seasons dost divide,
Refresh at night with quiet rest,
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,
Preserve us from our ghostly foe;
Nor let his wiles victorious be
O'er them that are redeemed by thee.

That while in this frail house of clay
A little longer here we stay,
Our flesh in thee may sweetly sleep,
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,
From death to endless life restored;
All praise to God the Father be,
And Holy Ghost eternally.

Psalm

Psalm 91

The protection of the Most High
"Behold, I have given you power

to tread under foot both serpents and scorpions" (Lk 10:19).

Antiphon: Alleluia. Alleluia. Alleluia.

He who dwells in the shelter of the Most High *
and abides in the shade of the Almighty
says to the Lórd: 'My refuge, *
my stronghold, my Gód in whom I trust!'
It is hé who will free you from the snare *
of the fowler who seeks to destroy you;
hé will conceal you with his pinions *
and under his wings you will find refuge.
You will not fear the terror of the night *
nor the arrow that flies by day,
nor the plague that prowls in the darkness *
nor the scourge that lays waste at noon.
A thousand may fall at your side, *
tén thousand fall at your right,
yóu, it will never approach; *
his faithfulness is buckler and shield.
Your eyes have only to look *
to see how the wicked are repaid,
yóu who have said: 'Lórd, my refuge!' *
and have made the Most High your dwelling.
Upon yóu no evil shall fall, *
no plague approach where you dwell.

those who were his prophets from of old.
A saviour who would free us from our foes, *
from the hands of all who hate us.
So his love for our fathers is fulfilled *
and his holy covenant remembered.
He swore to Ábraham our father to grant us, *
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice *
all the days of our life in his presence.
As for yóu, little child, *
you shall be called a prophet of Gód, the Most High.
You shall go ahead of the Lórd *
to prepare his ways before him,
To make known to his people their salvation *
through forgiveness of all their sins,
the loving-kindness of the heart of our Gód *
who visits us like the dawn from on high.
He will give light to those in darkness, †
those who dwell in the shadow of death, *
and guide us into the way of peace.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon: Very early on the Sunday morning,
just after the sun had risen,
they came to the tomb, alleluia.

Prayers and intercessions

Let us pray to Christ, the author of life. God raised him from the dead, and he himself will raise us to life by his own power.

- Christ, our life, save us.

Christ, you are the light that drives out darkness and draws men to holiness; let us make this day a living hymn of praise.

- Christ, our life, save us.

Lord, you followed the way of suffering, even to the cross;
grant that we may die with you and come to life with you.

- Christ, our life, save us.

Our master and our brother, you have made us a kingdom of priests to serve God our Father; let us offer you with joy the sacrifice of praise.

- Christ, our life, save us.

King of glory, we look forward to the day of your coming,
then we shall see your face and share in your splendour.

- Christ, our life, save us.

To these is added this prayer for those suffering at this time

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil. Amen.

The Concluding Prayer

On this day, Lord God,
you opened for us the way to eternal life
through your only Son's victory over death.
Grant that as we celebrate the feast of his resurrection
we may be renewed by your Holy Spirit
and rise again in the light of life.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

The Dismissal

✠ May the Lord bless us, and keep us from all evil,
and bring us to everlasting life. Amen.

The Seal & The Trisagion Prayers may be added as an additional devotion, and be concluded with this Final Morning Prayer:

Holy Lord, who dwell on high and with an all-seeing eye look on the whole of creation, having regard for the humble of heart, we have bowed down body and soul before you. We beseech you, Holy of Holies, to stretch out your unseen hand from your holy dwelling place and bless us all. And if we have sinned in any way, whether voluntarily or involuntarily, forgive us; for you are a good God who loves mankind, who unfailingly grants to us your earthly and heavenly benefits and ceaselessly shows us your mercy and saves us; and to you we ascribe glory, to the Father, and to the Son, and to the Holy Spirit, now and ever and to the ages of ages. Amen.

MASS READINGS FOR THE OCTAVE OF EASTER

The reading of Holy Scripture forms an important part of the life of Christians. Whilst there are Psalms and readings in the forms of prayer in this booklet it would be beneficial to read the Mass readings set for each day - especially in the knowledge that these are being read or heard by Christians throughout the world on the day we read them. Having read them, please follow the example of Our Lady and 'ponder them in your heart.'

Sunday	Acts of the Apostles 10: 34, 37-43 Psalm 118 Colossians 3: 1-4 John 20: 1-9
Monday	Acts of the Apostles 2: 14, 22-33 Psalm 16 Matthew 28: 8-15
Tuesday	Acts of the Apostles 2: 36-41 Psalm 33 John 20: 11-18
Wednesday	Acts of the Apostles 3: 1-10 Psalm 105 Luke 24: 13-35
Thursday	Acts of the Apostles 3: 11-26 Psalm 8 Luke 24: 35-48
Friday	Acts of the Apostles 4: 1-12 Psalm 118 John 21: 1-14
Saturday	Acts of the Apostles 4: 13-21 Psalm 118 Mark 16: 9-15

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon: On the evening of that Sunday,
when the disciples were gathered
behind locked doors,
Jesus came and stood among them.
He said to them, 'Peace be with you.' Alleluia.

Prayers and intercessions

Let us pray with joy to Christ the Lord. He rose from the dead
and is living now to intercede for us.

- Victorious king, hear us.

Christ, you are the light of the world and the salvation of nations;
set us on fire with your Spirit as we proclaim the wonder of your
resurrection.

- Victorious king, hear us.

Let Israel recognize in you the Messiah it has longed for;
fill all men with the knowledge of your glory.

- Victorious king, hear us.

Keep us united in the communion of saints;
may we find rest with them, when life's work is done.

- Victorious king, hear us.

You have overcome death, the last enemy of man;
destroy everything in us that is at enmity with God.

- Victorious king, hear us.

Christ, our Saviour, you became obedient to death, but God
raised you to the heights;

receive our brothers into the kingdom of your glory.

- Victorious king, hear us.

To these is added this prayer for those suffering at this time

O God Almighty, Lord of heaven and earth, and of all creation
visible and invisible, in thine ineffable goodness, look down upon
us, thy people gathered in thy Holy Name. Be our helper and
defender in this day of affliction. Thou knowest our weakness.
Thou hearest our cry in repentance and contrition of heart. O
Lord who lovest mankind, deliver us from the impending threat
of the Corona Virus. Send thine angel to watch over us and pro-
tect us. Grant health and recovery to those suffering from this
virus. Guide the hands of physicians and preserve those who are
healthy. Enable us to continue to serve our suffering brothers and
sisters in peace that together we may glorify thy most honourable
and majestic name of the Father and of the Son and of the Holy
Spirit, now and ever and unto ages of ages. Amen

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

Concluding Prayer

On this day, Lord God,
you opened for us the way to eternal life
through your only Son's victory over death.
Grant that as we celebrate the feast of his resurrection
we may be renewed by your Holy Spirit
and rise again in the light of life.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

✠ May the Lord bless us, and keep us from all evil,
and bring us to everlasting life. Amen.

Antiphon: Jesus said: 'Do not fear. Go, and tell my brethren that they are to leave for Galilee: they will see me there.' Alleluia.

Alleluia.
Salvation and glory and power belong to our God, *
his judgements are true and just.
Alleluia.

Alleluia.
Praise our God, all you his servants, *
you who fear him, small and great.
Alleluia.

Alleluia.
The Lord our God, the Almighty, reigns, *
let us rejoice and exult and give him the glory.
Alleluia.

Alleluia.
The marriage of the Lamb has come, *
and his bride has made herself ready.
Alleluia.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon: Jesus said: 'Do not fear. Go, and tell my brethren that they are to leave for Galilee: they will see me there.' Alleluia.

Short Reading Hebrews 10: 12-14

Christ has offered one single sacrifice for sins, and then taken his place forever, at the right hand of God, where he is now waiting until his enemies are made into a footstool for him. By virtue of that one single offering, he has achieved the eternal perfection of all whom he is sanctifying.

Short Responsory

This is the day which was made by the Lord:
let us rejoice and be glad, alleluia.

Canticle - Magnificat
My soul rejoices in the Lord

Antiphon: On the evening of that Sunday,
when the disciples were gathered
behind locked doors,
Jesus came and stood among them.
He said to them, 'Peace be with you.' Alleluia.

✠ My soul glórífies the Lórd, *
my spirit rejóices in Gód, my Sáviour.
He looks on his sérvant in her lówliness; *
henceforth all áges will cáll me bléssed.
The Almighty works márvels for me. *
Hóly his náme!
His mércy is from age to áge, *
on thóse who féar him.
He púts forth his árm in stréngth *
and scátters the proud-héarted.
He casts the mighty from their thrónes *
and ráises the lówly.
He fills the stárving with good things, *
sends the rích away émpy.
He protects Ísrael, his sérvant, *
remémbering his mércy,
the mércy prómised to our fáthers, *
to Ábraham and his sóns for éver.

PRAYERS FOR MIDDAY

In Easter Week, as a change from the previous inclusion of Sext, please begin by praying the Litany for the Mission of the Church which is included in the Devotional Leaflets published prior to Holy Week.

On each day of Holy week continue the prayers at Midday with:

The Great Litany

In peace let us pray to the Lord.
Lord, have mercy.
For the peace from above, and the salvation of our souls,
let us pray to the Lord.
Lord, have mercy.

For the peace of the whole world, the good estate of the holy churches of God, and the union of all, let us pray to the Lord.
Lord, have mercy.

For this holy temple, and for them that with faith, reverence, and fear of God enter herein, let us pray to the Lord.
Lord, have mercy.

That He may deliver His people from enemies both visible and invisible, and confirm in us oneness of mind, brotherly love, and piety, let us pray to the Lord.
Lord, have mercy.

For this land, its authorities, and Armed Forces,
let us pray to the Lord.
Lord, have mercy.

Deacon: For this city (or town, or holy monastery),
every city and country and the faithful that dwell therein,
let us pray to the Lord.
Lord, have mercy.

For reasonable weather, abundance of the fruits of the earth,
and peaceful times, let us pray to the Lord.
Lord, have mercy.

For travellers by sea, land, and air; for the sick, the suffering; the imprisoned and for their salvation, let us pray to the Lord.
Lord, have mercy.

That we may be delivered from all tribulation, wrath,
and necessity, let us pray to the Lord.
Lord, have mercy.

Help us, save us, have mercy on us,
and keep us, O God, by Thy grace.
Lord, have mercy.

Calling to remembrance our most holy, most pure, most blessed,
glorious Lady Mother of God and Ever-Virgin Mary, with all the Saints, let us commit ourselves and one another, and all our life unto Christ our God.

We Commit Ourselves To Thee O Lord

To these is added this prayer for those suffering at this time

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible, in thine ineffable goodness, look down upon us, thy people gathered in thy Holy Name. Be our helper and defender in this day of affliction. Thou knowest our weakness. Thou hearest our cry in repentance and contrition of heart. O Lord who lovest mankind, deliver us from the impending threat of the Corona Virus. Send thine angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of physicians and preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify thy most honourable and majestic name of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

The 'Lord's Prayer' follows:

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil. Amen.

The Concluding Prayer

Let us pray.

On this day, Lord God,
you opened for us the way to eternal life
through your only Son's victory over death.
Grant that as we celebrate the feast of his resurrection
we may be renewed by your Holy Spirit
and rise again in the light of life.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

Let us praise the Lord.
Thanks be to God.

EVENING PRAYERS AT DUSK - VESPERS

✠ O God, come to our aid.
O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen. Alleluia.

The following hymn is sung, or another appropriate for Easter may be sung

The Lamb's high banquet we await,
In snow-white robes of royal state;
And now, the Red Sea's channel past,
To Christ our Prince we sing at last.

Upon the altar of the Cross
His body hath redeemed our loss;
And tasting of his scarlet blood,
Our life is hid with him in God.

Now Christ our paschal Lamb is slain,
The Lamb of God that knows no stain,
The true oblation offered here,
Our own unleavened bread sincere.

O thou, from whom hell's monarch flies,
O great, O very Sacrifice,
Thy captive people are set free,
And endless life restored in thee.

To thee who, dead, again dost live,
All glory, Lord, thy people give:
All glory, as is ever meet,
To Father and to Paraclete.

The Psalms:

Psalm 110

The Messiah, king and priest

"He must be king

so that he may put all his enemies under his feet" (1 Cor 15:25).

Antiphon: Mary Magdalen came with the other Mary
to see the tomb where the Lord had been laid,
alleluia.

The Lórd's revelátiún to my Máster: †
'Sit on my right: *
your fóes I will pút beneath your féet.'
The Lórd will wield from Sion †
your scéptre of pówer: *
rúle in the mídst of all your fóes.
A prínce from the dáy of your bírth †
on the hóly móuntains; *
from the wómb before the dáwn I begót you.
The Lórd has sworn an óath he will not chánge. †
'You are a priest for éver, *
a priest like Melchizedek of óld.'
The Máster stánding at your right hand *
will shatter kíngs in the dáy of his wráth.
He shall drínk from the stréam by the wáyside *
and thérefore he shall líft up his héad.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon: Mary Magdalen came with the other Mary
to see the tomb where the Lord had been laid,
alleluia.

Psalm-prayer

Father, we ask you to give us victory and peace. In Jesus Christ,
our Lord and King, we are already seated at your right hand.
We look forward to praise you in the fellowship of all your
saints in our heavenly homeland.

Or:

Almighty God, bring the kingdom of Christ, your anointed one,
to its fullness. May the perfect offering of your Son, eternal
priest of the new Jerusalem, be offered in every place to your
name and make all nations a holy people for you.

Psalm 114

Israel set free from Egypt

"You, who have renounced this world,

have also been led forth from Egypt" (St Augustine).

Antiphon: Come and see where the Lord was laid, alleluia.

When Ísrael came fóρθ from Égypt, *
Jacob's sóns from an álien péople,
Júdah becáme the Lórd's témples, *
Ísrael becáme his kíngdom.
The séa fléd at the síght: *
the Jórdan turned báck on its cóurse,
the móuntains léapt like ráms *
and the hills like yéarling shéep.
Whý was it, séa, that you fléd, *
that you túrned back, Jórdan, on your cóurse?
Móuntains, that you léapt like ráms; *
hills, like yéarling shéep?
Trémble, O éarth, before the Lórd, *
in the présence of the Gód of Jácob,
who túrns the róck into a póol *
and flínt into a spring of wáter.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be,
world without end. Amen.

Antiphon: Come and see where the Lord was laid, alleluia.

Psalm-prayer

Almighty God, ever-living mystery of unity and Trinity, you gave
life to the new Israel by birth from water and the Spirit, and
made it a chosen race, a royal priesthood, a people set apart
as your eternal possession. May all those you have called to
walk in the splendour of the new light render you fitting
service and adoration.